

Report: Workshop on Personality Development & Communication Skills-ARIVU

One thing all strive for is perhaps, excellence in a nutshell. To achieve excellence in the respective fields it is not only the knowledge that is acquired but the skill that is inculcated to establish excellence. The robust nature of the education system, be it primary until secondary to graduation is to make students excel.

The Dept. of Health System Management Studies organized a Workshop on Personality Development & Communication skills for 10 days from JAN 24, 2023, for the students of 1st year MBA Hospital administration, MBA Pharmacy administration, and MBA Information Technology.

The workshop was conducted by Mr. H.V. VISHVESH, 'ARIVU' Founder Director.

'ARIVU' follows the pedagogy of active learning i.e., experiential learning, and has the following ideas.

- Equip the participants with the desired 'Knowledge & wisdom' to face the challenges of competitive employability.
- Activity-based learning with proven methods to impart the desired skills.
- Rediscovering the joy of learning

The workshop was conducted for 74 students on

- Leadership,
- Communication,
- Oral and written presentations,
- Attitude
- Decision making
- Body language
- Assertiveness
- Time management
- PowerPoint presentation

The interactions were helpful to the students, they enjoyed the sessions. Students actively participated on all 10 days and showed their interest in this learning opportunity. All were engaged in teams rather than the individual basis to emphasize the importance of teamwork in any given setting.

At the end of the workshop, students were trained to carry away three things like **teamwork**, **assertiveness**, & **an attitude** in behavioral management to use proper words & appropriate body language with the right tone.

Mr. Prashanth Shetty, a manager based in Qatar, and an alumnus of JSS CPM, was invited as a guest speaker to inspire students on how to grab opportunities in life with a positive

perspective. Being 26 years in the industry, with all his familiarity and expertise, beautifully put forth the experience and shared his thoughts. A book recommendation was made on “the parable of the pipeline”.

The 10-day self-developing, knowledge-seeking, fun learning came to an end with an assessment by the resource person. Excellently penned books like IKIGAI, MAGIC OF BELIEVING, THE 5 AM CLUB, and many more were given to students who performed well during activities and evaluations.

