
Report on Educational awareness programme on Menstrual Hygiene

Department of Pharmacy Practice, JSS College of Pharmacy, Mysuru. conducted educational program on Awareness of Menstrual cup usage & hygiene at Ballenahalli, Srirangapatna Taluk, Mandya District on 25th March 2024. This program was organized in association with the Department of Life Sciences and Health Management Studies as part of a NSS camp.

The session gathered women Anganwadi workers from the village, high school girls, and volunteers from life science management to discuss the benefits and significance of integrating menstrual cups into their daily routines. Participants explored the eco-friendly nature and cost-effectiveness of menstrual cups, highlighting their potential to revolutionize menstrual hygiene practices.


