

REPORT ON WORLD SAFETY DAY AND HEALTH AT WORK

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Date : 28th April 2024

Organized by: Dept. of Pharmacy Practice, JSSCOP, JSSAHER & IPA - Nilgiris Local Branch

Venue : Municipal Market, Ooty

The Department of Pharmacy Practice at JSS College of Pharmacy, Ooty, in collaboration with IPA Nilgiris local branch, Rotaract Club Nilgiris West, and Rotaract Club of JSSCP, conducted a significant event focused on raising awareness about safety and health at work. Sponsored by JSSAHER, Mysuru, the program aimed to educate individuals on preventive measures in emergency scenarios, such as fire accidents and the importance of first aid, particularly CPR. The event took place at the Municipal Market, Ooty.

The inauguration ceremony was graced by Dr. M. Deepalakshmi, Assistant Professor of the Department of Pharmacy Practice, who emphasized the significance of workplace safety and the adverse effects of substance abuse and alcohol on health. The chief guest, Rajamohammed, President, and Sekar, Joint Secretary of the Municipal Market, were honored during the opening.

The program featured a fire mock drill conducted by the administrative fire officer, Sridhar, and his team from the Nilgiris District Fire Office Department. This was followed by a demonstration on CPR techniques by Dr. Jai Ganesh Moorthy and his medical team from the Government Medical College.

Volunteers, particularly four VI PharmD students, actively engaged in health screening activities, including BMI and blood pressure measurements, and provided counseling to approximately 90 participants. Additionally, four faculty members delivered informative sessions addressing safety and health measures.

As part of the engagement, the audience participated in a plank challenge and were rewarded with plant samplings as tokens of appreciation.

The event was deemed successful in raising public awareness regarding safety and health at work, emphasizing the importance of preparedness and preventive measures in ensuring workplace well-being..Dr. M.Deepalakshmi coordinated the entire Program

