

JSS COLLEGE OF PHARMACY, OOTY

(Constituent College & An ISO 14001:2015 & 50001:2018 Certified Institution)

JSS Academy of Higher Education & Research, Mysuru(Deemed to be University - Accredited 'A⁺⁺' Grade by NAAC)**Report on World Heart Day 2025**

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Date : 29th September 2025

Organized by: Dept. of Pharmacy Practice, JSSCOP, JSSAHER & IPA - Nilgiris Local Branch

Venue: Indian Overseas Bank, Ooty

The Health screening camp was conducted in Indian Overseas Bank, Ooty, in association with The Rotaract Club of Nilgiris West, Indian Overseas Bank, Druggists and Chemical Association, IPA and NLB by the Department of Pharmacy Practice, JSS College of Pharmacy Ooty on 29.09.2025. The event was inaugurated by Mr.Shivalingam, Senior Branch Manager, Indian Overseas Bank.

During this health screening camp, approximately 60 participants benefited from the services provided. Blood pressure was monitored using a digital blood pressure monitor, while blood glucose levels were measured with a glucometer. The body mass index (BMI) was calculated by measuring each participant's height and weight to determine whether they were underweight, at a healthy weight, overweight, or obese.

Participants received counseling based on their screening results, and informative pamphlets were distributed to raise awareness about diabetes mellitus, hypertension, and obesity among the local community. Awareness videos were also shown during the screening, highlighting the do's and don'ts for managing diabetes, hypertension, and obesity.

In addition, a mime show was performed to raise awareness for World Heart Day, illustrating the complications that can arise from neglecting health. A group song was also presented to emphasize the importance of health consciousness among participants and the wider community.

Overall Data of the Health Screening Camp Distribution of Data on category wise

Criteria	Total Number
Total No. Of Patients	54
Diabetes Mellitus	12
Hypertension	22
Diabetes Mellitus+Hypertension	06
Obese	09
Over weight	18

Normal	28	Diabetes Mellitus	Newly Diagnosed	05
			Existing Cases	07
		Hypertension	Newly Diagnosed	03
			Existing Cases	19
		BMI	Normal	25
			Over weight	18
			Obese	09

We identified 8 new cases through this screening and asked them to consult with the doctor. The camp began at 10:30 AM and ran until 2:30 PM. The event was organized by Dr. M. Deepalakshmi. With the assistance of Mr. Syed Mohamed Omar, Assistant Professor in the Department of Pharmacy Practice, along with the Community Services team of the Rotaract Club.





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