

Report of Universal Health Coverage Day 2025 - Health Awareness Programme

Date: 15th December 2025

Organized by : Department of Pharmacy Practice, JSS College of Pharmacy, Ooty, in association with Government Medical College Hospital (GMCH), Ooty.

Venue: Government Medical College Hospital, Ooty, The Nilgiris.

The Department of Pharmacy Practice, JSS College of Pharmacy, Ooty, in association with Government Medical College Hospital (GMCH), Ooty, organised a Health Awareness Programme on the occasion of Universal Health Coverage Day 2025 at the Government Medical College Hospital, Ooty. Universal Health Coverage Day highlights the importance of ensuring access to quality healthcare services without financial hardship. The programme aimed to create awareness among patients regarding healthcare services available at GMCH and various government health schemes, thereby promoting equitable and informed utilization of public healthcare facilities.

The programme was inaugurated by the Dean, RMO, and Superintendent of GMGH, Ooty. A welcome address was given by Dr. M. Deepalakshmi, Associate Professor from the Department of Pharmacy Practice at JSS College of Pharmacy, Ooty, who highlighted the importance of Universal Health Coverage and the role of awareness programmes in strengthening public healthcare. The Dean distributed pamphlets to selected patients and explained the healthcare services and government health schemes available through the hospital.

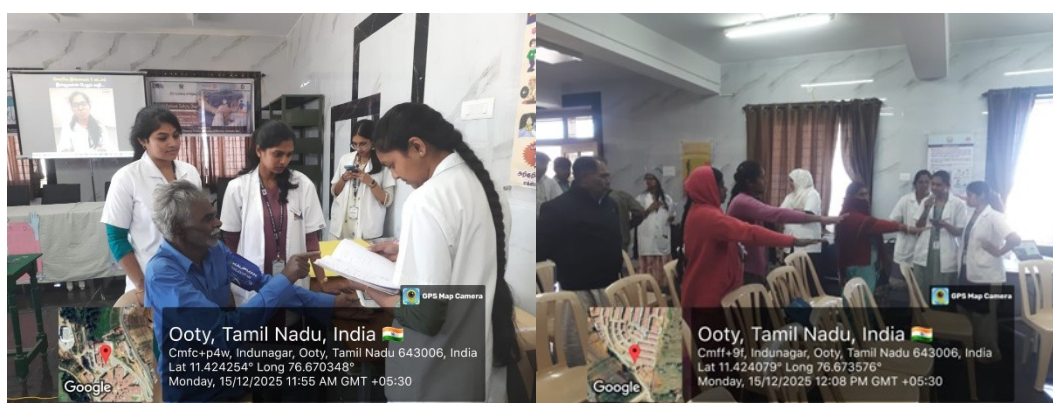
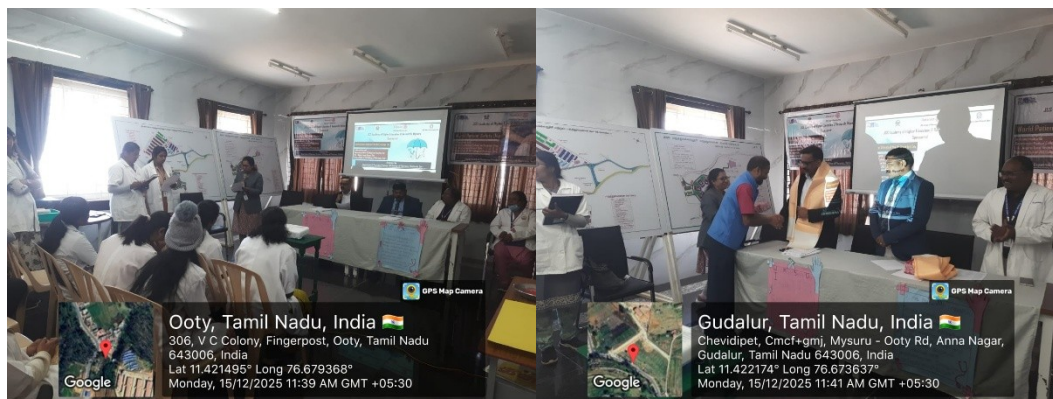
The health awareness activities were carried out by PharmD interns and clerkship students of JSS College of Pharmacy, Ooty, through direct patient interaction, videos, and physical teaching aids.

We organised the following activities

- Patient Education
- Counselling on the risks of self-medication and medication adherence.
- Hand-washing etiquette and hand hygiene practices
- Safe disposal of medicines
- Correct method of measuring blood pressure
- Importance of pharmacovigilance and reporting of adverse drug reactions
- A pledge-taking activity

Dr. M. Deepalakshmi, Associate Professor, JSS College of Pharmacy, Ooty, and Programme Coordinator, highlighted the importance of Universal Health Coverage and emphasized the need for continued patient education to improve healthcare awareness and utilization.

The programme was successfully conducted and received positive feedback from patients and hospital staff. Through structured counselling and awareness activities, the initiative effectively enhanced understanding of healthcare services and government health schemes, reinforcing the objectives of Universal Health Coverage Day 2025.



Submitted by

Dr. M. Deepalakshmi
Associate Professor