



JSS ACADEMY OF HIGHER EDUCATION AND RESEARCH

School of Life Sciences, Mysuru

Division of Psychology and Cognitive Neuroscience

CONSOLIDATED SUMMARY REPORT

“Insight and Intellect” Special Lecture Series

Academic Year: 2025 – 2026

Mysuru, Karnataka

Executive Summary

The “Insight and Intellect” Special Lecture Series was organized by the Department of Psychology and Cognitive Neuroscience at JSS Academy of Higher Education and Research (JSS AHER), Mysuru. Conducted throughout April 2026, the series featured four distinct sessions led by prominent experts. The primary objective was to provide students, research scholars, and faculty with interdisciplinary insights, fostering intellectual exploration beyond the standard curriculum.

Session I: Wild Minds – The Secret Emotional World of Animals

Date: 04.04.2026

Resource Person: Dr. Mirza Vaseem, Senior Veterinarian, Bandipur Tiger Reserve.

Overview:

The lecture series *Intellect and Insight* was organised by the Department of Psychology and Cognitive Neuroscience, JSS Academy of Higher Education and Research (JSS AHER), Mysuru. The series comprised four sessions aimed at engaging students across disciplines through expert-led discussions.

The first session, titled “*Wild Minds: The Secret Emotional World of Animals,*” was conducted on 4th April at the SLS Auditorium of the institution. The session was delivered by Dr Mirza Vaseem, Senior Veterinarian from Bandipur Tiger Reserve. The event was open to all university students across various streams, including undergraduate, postgraduate, and research scholars, along with faculty members.

Objectives of the Event

The lecture series was conducted with the objective of providing participants with exposure to diverse perspectives and interdisciplinary insights. Specifically, the session aimed to create awareness and understanding of animal behaviour and emotional processes, while fostering curiosity and engagement among students from varied academic backgrounds.

Additionally, the event sought to encourage interactive learning, promote academic enrichment beyond the classroom, and facilitate meaningful dialogue between the speaker and participants.

Planning and Organization

The event was meticulously planned and organised by a dedicated organising committee comprising faculty members and students of the Department of Psychology and Cognitive Neuroscience. Responsibilities were distributed among the team to ensure smooth coordination of all aspects of the event.

The promotion of the lecture series was carried out through posters and brochures circulated within the university. Registration for the event was managed efficiently through Google Forms, allowing for streamlined participant enrolment.

Logistical arrangements, including venue setup at the SLS Auditorium, scheduling, and technical support, were organised in advance to facilitate seamless execution of the session.

Execution of the Event

The event was conducted in a well-organised and systematic manner, ensuring smooth flow throughout the session. The program commenced at 11:00 AM with an inauguration ceremony, setting the tone for the session. The organising team ensured that all arrangements, including registration verification and seating, were handled efficiently prior to the start.

The session progressed as scheduled, with effective coordination between the organising committee and the resource person. The lecture segment lasted approximately 1.5 hours and was followed by an interactive question-and-answer session, encouraging active participation from the audience.

Overall, the event maintained proper time management and coordination, with continuous engagement observed throughout the session.

Participation Details

The event witnessed active participation, with a total of 84 attendees. The audience comprised undergraduate and postgraduate students, research scholars, and faculty members from various departments across the university.

The diversity of participants contributed to a dynamic and inclusive environment, fostering interdisciplinary interaction and engagement during the session.

Feedback and Evaluation

Feedback for the event was collected through Google Forms to systematically evaluate participant responses. The overall feedback received was positive, with participants expressing satisfaction regarding the organisation, coordination, and interactive nature of the session.

Attendees particularly appreciated the smooth conduct of the event and the opportunity for engagement during the question-and-answer segment. The responses indicated that the event was well-received and effectively managed.

Outcomes of the Event

The event was successful in achieving its intended objectives, providing participants with meaningful exposure to a unique perspective on the animal world, particularly in relation to emotions and behaviour.

The session maintained high levels of engagement throughout and facilitated an enriching experience for attendees. It also contributed to broadening participants' perspectives and encouraged interdisciplinary learning.

Conclusion

In conclusion, the first session of the *Intellect and Insight* lecture series was conducted successfully, with effective planning, coordinated execution, and positive participant response. The event served as a valuable academic initiative, promoting engagement and intellectual exploration among students and faculty alike.

Session 1: **Wild Minds: The Secret Emotional World of Animals**



Arrival of Guests



Welcoming the Resource Person of the Session



Participants of the Event

Session II: Mind Behind the Crime – Insights into Forensic Psychology

Date: 11.04.2026

Resource Person: Lt. Francis Devasahayam, HOD, Criminology and Forensic Science, St. Philomena's College. 6

Overview:

The lecture series *Intellect and Insight*, organised by the Department of Psychology and Cognitive Neuroscience, JSS Academy of Higher Education and Research (JSS AHER), Mysuru, continued with its second session on 11th April 2026. Titled “**Mind Behind the Crime: Insights in Forensic Psychology,**” the session was conducted at the SLS Auditorium.

The session was delivered by **Lt. Francis Devasahayam**, Head of the Department and Assistant Professor in the Department of Criminology and Forensic Science at St. Philomena's College, Mysuru. The event was open to undergraduate and postgraduate students, research scholars, and faculty members from various academic disciplines.

Objectives:

The primary aim of the lecture series was to expose participants to interdisciplinary knowledge and diverse academic perspectives. This particular session focused on enhancing understanding of forensic psychology and criminal behaviour, while stimulating interest among students from different fields of study.

Furthermore, the session is intended to promote interactive engagement, encourage critical thinking, and provide an opportunity for academic learning beyond conventional classroom settings.

Planning and Organization

The session was carefully organised by the faculty and student members of the Department of Psychology and Cognitive Neuroscience. The organising committee ensured systematic allocation of responsibilities to facilitate efficient execution of the event.

Publicity for the session was carried out through posters and brochures distributed across the campus. Participant registration was handled through Google Forms, enabling an organised and accessible enrolment process.

All logistical arrangements, including venue preparation at the SLS Auditorium, scheduling, and technical support, were arranged in advance to ensure a hassle-free experience.

Execution of the Event

The program was conducted in a structured and orderly manner. It commenced at 11:00 AM with a brief inaugural segment. The organising team ensured that registration confirmation and seating arrangements were completed smoothly before the session began.

The lecture was delivered as scheduled and lasted for approximately 1.5 hours. The resource person presented key insights into forensic psychology, followed by an interactive question-and-answer session that encouraged audience participation.

The event was marked by effective coordination, proper time management, and sustained engagement throughout the session.

Participation Details

The session recorded an active participation, with a total of 100 participants in attendance. The audience included undergraduate and postgraduate students, research scholars, and faculty members representing multiple departments.

The varied academic backgrounds of the participants contributed to a lively and engaging atmosphere, fostering interdisciplinary discussion.

Feedback and Evaluation

Feedback was gathered through Google Forms to assess participant experience. The responses received were largely positive, reflecting satisfaction with the organisation and delivery of the session.

Participants appreciated the clarity of the lecture, the structured approach, and the interactive nature of the discussion segment. Overall, the feedback indicated that the session was well-organised and impactful.

Outcomes of the Event

The session successfully met its objectives by providing valuable insights into forensic psychology and criminal behaviour. It enabled participants to develop a deeper understanding of the psychological aspects underlying criminal actions.

The session also encouraged analytical thinking and broadened the academic perspectives of attendees, contributing to their overall learning experience.

Conclusion

In summary, the second session of the *Intellect and Insight* lecture series was conducted successfully, characterised by effective planning, seamless execution, and positive feedback from participants. The session served as a significant academic engagement, enriching the knowledge and perspectives of those in attendance.

SESSION 2: Mind Behind the Crime: Insights into Forensic Psychology



Resource Person of the Session: Lt. Francis Devasahayam



Session III: Gen Z Unfiltered – Counselling the Voices of Tomorrow

Date: 18.04.2026

Resource Person: Dr. Bharathi Kulashekara, Counselling Psychologist & Psychotherapist

Overview:

As part of the ongoing *Intellect and Insight* lecture series organised by the Department of Psychology and Cognitive Neuroscience, JSS Academy of Higher Education and Research (JSS AHER), Mysuru, the third session was conducted on 18th April 2026 at the SLS Auditorium. The session was titled “**Gen Z Unfiltered: Counselling the Voices of Tomorrow.**”

The session was led by **Dr. Bharathi Kulashekara**, a Counselling Psychologist and Psychotherapist based in Mysuru. The event welcomed participation from undergraduate and postgraduate students, research scholars, and faculty members across different disciplines.

Objectives of the Event

The lecture series aimed to introduce participants to varied perspectives across disciplines and enhance their academic exposure. This session specifically focused on understanding the psychological needs, emotional expression, and counselling approaches relevant to Generation Z.

It also sought to encourage open dialogue, promote awareness about mental health, and create an engaging platform for students to reflect on contemporary psychological concerns.

Planning and Organization

The event was systematically organised by the Department of Psychology and Cognitive Neuroscience, with active involvement from both faculty and student organisers. Responsibilities were effectively delegated to ensure the smooth functioning of all aspects of the session.

Awareness about the session was created through posters and brochures circulated within the campus. Registration was facilitated through Google Forms, ensuring a streamlined and efficient enrolment process.

All necessary logistical arrangements, including venue setup, scheduling, and technical requirements at the SLS Auditorium, were completed in advance.

Execution of the Event

The session was carried out in a well-structured and organised manner. The program began at 11:00 AM with a brief inaugural segment. The organising team ensured that participant verification and seating arrangements were completed prior to commencement.

The lecture was delivered as per schedule and extended for approximately 1.5 hours. The speaker addressed key themes related to Gen Z, their behaviour, and different perspectives of the current generation and addressed various concerns of the generation, followed by an interactive question-and-answer session that facilitated meaningful engagement with the audience.

The event reflected effective coordination, adherence to time, and consistent audience involvement throughout.

Participation Details

The session saw enthusiastic participation, with a total of 92 attendees. Participants included students from undergraduate and postgraduate programmes, research scholars, and faculty members from various departments.

The diverse composition of the audience contributed to a dynamic and interactive learning environment.

Feedback and Evaluation

Participant feedback was collected through Google Forms to evaluate the effectiveness of the session. The responses were predominantly positive, indicating satisfaction with the organisation and delivery of the event.

Attendees appreciated the relevance of the topic, the speaker's approach, and the opportunity for interaction during the session. Overall, the feedback suggested that the session was informative and well-received.

Outcomes of the Event

The session effectively achieved its objectives by providing insights into the mental health perspectives and counselling needs of Generation Z. It enabled participants to better understand contemporary psychological challenges faced by young individuals and how these challenges can be faced in an optimistic manner.

Additionally, the session promoted awareness, encouraged reflection, and contributed to expanding participants' academic and practical understanding.

Conclusion

In conclusion, the third session of the *Intellect and Insight* lecture series was successfully conducted, marked by efficient organisation, smooth execution, and positive participant feedback. The session proved to be an enriching academic experience, fostering awareness and engagement among attendees.

SESSION 3: Gen Z Unfiltered: Counselling the Voices of Tomorrow



Resource person of the session: Dr Bharathi Kulasekara



Session IV: Hijacked Brain – Neuropsychology of Substance Abuse

Date: 25.04.2026

Resource Person: Mr. Ganesh Lakshman, Consultant Psychiatric Social Worker, AIMS, Mysuru.

Overview:

The fourth and final session of the *Intellect and Insight* lecture series, organised by the Department of Psychology and Cognitive Neuroscience, JSS Academy of Higher Education and Research (JSS AHER), Mysuru, was conducted on 25th April 2026 at the SLS Auditorium. The session was titled “**Hijacked Brain: Neuropsychology behind Substance Use and Abuse.**”

The session was delivered by **Mr. Ganesh Lakshman**, Consultant Psychiatric Social Worker from the Department of Psychiatry, Adichunchunagiri Institute of Medical Sciences, Mandya. The event was attended by undergraduate and postgraduate students, research scholars, and faculty members from various disciplines.

Objectives of the Event

The lecture series aimed to provide participants with interdisciplinary insights and broaden their academic perspectives. This session specifically focused on understanding the neuropsychological mechanisms underlying substance use and addiction.

It also intended to raise awareness about the psychological and neurological impact of substance abuse, while encouraging informed discussion and critical thinking among participants.

Planning and Organization

The event was efficiently organised by the Department of Psychology and Cognitive Neuroscience, with coordinated efforts from faculty members and student volunteers. Duties were assigned systematically to ensure smooth management of the session.

The session was promoted through posters and brochures circulated across the campus. Registration was conducted via Google Forms, enabling an organised and accessible enrolment process.

All logistical requirements, including venue setup at the SLS Auditorium, scheduling, and technical arrangements, were completed in advance to ensure seamless execution.

Execution of the Event

The session was conducted in a structured and well-coordinated manner. The program commenced at 11:00 AM with a brief inaugural segment. The organising team ensured that all pre-event arrangements, including registration verification and seating, were handled efficiently.

The lecture proceeded as scheduled and lasted for approximately 1.5 hours. The speaker provided detailed insights into the neuropsychology of substance use, followed by an interactive question-and-answer session that encouraged active participation.

The event maintained effective time management, coordination, and sustained engagement throughout its duration.

Participation Details

The session recorded a total of ___ participants. The audience included undergraduate and postgraduate students, research scholars, and faculty members from different departments. The diversity of attendees contributed to a vibrant and interactive learning environment.

Feedback and Evaluation

Feedback was collected using Google Forms to assess participant experience. The responses were largely positive, reflecting satisfaction with the organisation and delivery of the session.

Participants appreciated the informative nature of the lecture, the clarity of explanation, and the opportunity for interaction during the discussion segment. Overall, the session was well-received by attendees.

Outcomes of the Event

The session successfully met its objectives by enhancing participants' understanding of the neuropsychological aspects of substance use and abuse, how it impacts the lives of the current generation and various trends in related studies. It provided valuable insights into the mechanisms of addiction and its broader implications.

The event also contributed to raising awareness and encouraging informed perspectives on substance-related issues, thereby enriching participants' academic knowledge.

Conclusion

In conclusion, the fourth session marked the successful completion of the *Intellect and Insight* lecture series. The session was effectively planned and executed, receiving positive feedback from participants. It served as a meaningful academic initiative, fostering awareness, engagement, and interdisciplinary learning among students and faculty.

SESSION 4: Hijacked Brain: Neuropsychology behind Substance Use and Abuse



Resource Person of the Session: Mr. Ganesh Lakshman



Registration Process





Conclusion

The “Insight and Intellect” series successfully integrated diverse academic disciplines. By providing a platform for expert-led discussions, the Department of Psychology and Cognitive Neuroscience enhanced the academic landscape of JSS AHER. Consistent attendance and positive feedback from Google Forms evaluations confirm the series' impact on promoting interdisciplinary learning and awareness.