

## Gerontopharmacy

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We have coined the term “*Gerontopharmacy*,” which refers to the specialized field of pharmacy that focuses on the unique medication needs and challenges faced by older adults, typically those aged 60 years and above.

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In gerontopharmacy, pharmacists play a crucial role in promoting safe and effective drug use among older adults. This involves considerations such as age-related changes in drug metabolism, potential interactions with other medications, and the presence of multiple chronic conditions. The goal is to enhance the quality of life for seniors while minimizing the risks associated with medication use.

Key aspects of gerontopharmacy include personalized medication management, deprescribing unnecessary or potentially harmful medications, and addressing issues like medication adherence. Pharmacists in this field collaborate with healthcare providers to create tailored medication plans that align with the specific needs and goals of older individuals.



  
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