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(57) Abstract :

The present invention relates to nutraceutical composition comprising Trigonella foenum graecum, Cuminum cyminum, Nigella sativa as its major components in the ration of 4:1:1 respectively. The said composition is suspended in 0.5% CMC. The composition acts as a potential hypoglycaemic and hypolipidemic formula at a lower optimal dosage of 200mg/kg and higher optimal dosage of 400 mg/kg. The method of preparation includes adding Fenugreek, cumin, black cumin in the proportion of 4:1:1 where the crude seeds of these supplements were powdered using grinding process. The drug solution was prepared by dissolving the 500mg of Carboxy methyl cellulose (CMC) in 100ml is 0.5 % with occasional stirring. The said nutraceutical composition is exhibits 20% of hyperlipidaemic activity.

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