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(51) International classification	:A23G 1/48, A23G 1/32, A23G 1/00, A23G 1/30, A23L 1/30	(71)Name of Applicant : <b>1)JSS ACADEMY OF HIGHER EDUCATION AND RESEARCH</b> Address of Applicant :JSS Medical Institutions Campus Sri Shivarathreeshwara Nagara Mysuru – 570 015 Karnataka INDIA Mysore Karnataka India
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(57) Abstract :

7. ABSTRACT Menopause-Support Carob Chocolate Composition Containing Shatavari Extract. A menopause-support chocolate composition is disclosed. The composition comprises a carob chocolate base of 70% or greater, Delphinidin-3-sambubioside, Shatavari extract, calcium, potassium, saponins, and dietary fiber. The carob chocolate base constitutes the edible matrix of the composition. The composition is provided in the form of a chocolate bar for administration to women in the perimenopausal and menopausal age group. In a method of preparation, carob and Shatavari are dried and ground into powder. Delphinidin-3-sambubioside is mixed with carob powder and Shatavari powder for homogenization, and the homogenized mixture is moulded and cooled to obtain the chocolate bar. The composition may alternatively be provided as a cocoa-based dark chocolate variant, a sugar-free formulation, a powder sachet form, a functional beverage format, or bite-sized units for portion control. [FIG. 1]

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