

JSS Academy of Higher Education & Research (JSS AHER), Mysore, India

Compendium

SDG Goal 3



SUSTAINABLE DEVELOPMENT GOAL 3 GOOD HEALTH AND WELLBEING

1. Introduction to the goal

Poor health constitutes suffering and deprivation of the most fundamental kind. Over the years, significant strides have been made in increasing life expectancy and reducing some of the common killers associated with child and maternal mortality. Despite global progress, an increasing proportion of child deaths occur in sub-Saharan Africa and Southern Asia. Globally, the incidence of major infectious diseases has declined since 2000, including HIV/AIDS, malaria, and TB, but the challenge of these and new pandemics remains in many regions of the world. We have made immense progress globally in finding newer treatments, vaccines, and technologies for healthcare, but universal affordable access to healthcare remains a challenge.

Not only does disease impact the well-being of an individual, but it also burdens family and public resources, weakens societies, and squanders potential. The health and wellbeing of people at all ages therefore lies at the heart of sustainable development. Protection from disease is not only fundamental to survival, but it enables opportunity for everyone and strengthens economic growth and prosperity.

The international community, through Goal 3, has committed itself to a global effort to eradicate disease, strengthen treatment and healthcare, and address new and emerging health issues. It calls for innovation, and research in these areas to further enhance public policy efforts. A holistic approach to better health will require ensuring universal access to healthcare and to making medicine and vaccines affordable. It also calls for a renewed focus on mental health issues. Suicide is the second leading cause of death globally between the ages of 19 to 25. And finally, health and wellbeing are closely linked with the quality of our environment, and Goal 3 also aims to substantially reduce the numbers of deaths and illnesses caused by air, water, and soil pollution and contamination.

2. A glance at efforts

Organized numerous conferences, seminars, workshops to disseminate advances in health care	Undertaken Several research projects on generating evidence on diseases, diagnosis and treatment	Affordable ad accessible health care to all through Hospitals and Health Canters	Clinical trials to generate evidence on new drugs and treatment modalities	Special clinics at JSS Hospital to cater the specific needs of people	Wide range of community outreach activities to cater the needs of unreached
Inculcating research culture among faculty and students through various activities	Dissemination of scientific knowledge through research publications	Model health village and SMARAN Projects to provide health care and education to the people	School health appraisal programme to screen the children and adolescents for various health problems	Observing days of national and international health importance	Health camps in rural and tribal areas to provide care and support for people with illnesses

3. Brief of activities:

- Curriculum enriched with various health education concepts
- Hospital postings to help students perceive and understand healthcare facilities and its operations
- Undertake various research activities and dissemination of healthcare knowledge through dissertations and publications
- Various outreach programs to spread healthcare awareness among people of the community

4. Efforts to achieve the goal

- Providing vaccine safety measures and educating the parents on vaccination.
- Dissemination of scientific knowledge through research publications.
- Observing days of national and international health importance
- Undertaken several research projects that resulted in improved therapeutic outcomes.
- Wide range of community outreach activities to cater the needs of rural place.
- Organized conferences, seminars, workshops to disseminate advances in health care.
- Inculcating research culture among faculty and students through various activities.
- Providing pharmaceutical care services to patients.
- Health camps in rural areas to provide care and support for people

5. Continuous activities inculcated by the institution to achieve the goal

- Adopted cart-fill drug distribution system.
- Cost effective drugs for the public.
- Established Jan Aushadhi Kendra in collaboration with JSS Hospital.
- Dispensing of medicines in divided doses to the pediatric patients.
- Pharmacist intervention in the effective management of diseases and disorders.
- Involved in conduct of Clinical trials of various phases.
- Imparting training to the national and international students in pharmacy practice.
- Providing pharmaceutical care services to the patients treated in different hospitals and community settings.
- Imparting training to students on Basic Life Support and Advanced Cardiac Life Support.
- Imparting training to community pharmacy practitioners and preceptors.
- Imparting training to health care professionals of the countryin the area of pharmacovigilance.
- Capacity building training for personnel from Asia Pacific region working in pharmacovigilance.
- Enhancement of physical facilities at colleges and practice sites
- Health cards are provided to the students to avail free healthcare services at JSS Hospital, Mysuru.
- Established Gym facility at both boys and girls hostels to promote health and fitness.
- Health insurance coverage to the staff.

6. Academic Activities

Curriculum

The curriculum is designed by incorporating health education modules to students on areas such as various communicable and noncommunicable diseases, various modes of disease transmission, ways of disease prevention, 3-tier system (Primary, Secondary and Tertiary care) of healthcare delivery in the country along with administration of healthcare in private and public healthcare facilities. Curriculum is also enriched with concepts related to patient safety issues in healthcare, ethical and legal issues in healthcare delivery, incorporating information communication technology tools to healthcare and economics of healthcare to enable comprehensive learning by student.

Teaching & Learning

Hospital postings being an integral component of curriculum helps students to get a real exposure to health care delivery systems. Students have the benefit of hands-on-experiential learning by solving real-time problems and issues in healthcare facility.

The department organizes visits to various industries regularly during the course. Students are taken to various healthcare facilities, hospitals and pharmaceutical companies for enhanced hands on learning about the advancements in their respective areas.

Students visited premier institutes like CMC Vellore, JIPMER Puducherry and other hospitals like Narayana Hrudayalaya Hospital Mysore, and JSS Hospital Chamarajanagar.

Students were taken to NESSO to understand the intricacies of working of pharmaceutical company.

7. Research Activities

Doctoral Research (PhD)

Doctoral Research was carried and submitted on Biomedical Waste Management. Biomedical waste management has been recognized as a problem affecting the quality of health care and a principle source of adverse healthcare outcomes. Knowledge, Attitudes and Practices (KAP) with respect to biomedical waste management was assessed among various healthcare workers. Factor analysis was carried out to analyse the important factors for training the healthcare workers in Biomedical Waste Management and also the economics of common treatment facility and cost of a cycle of incineration were computed.

Student Dissertations

Students are encouraged to take up various research projects for dissertation submission to the department on areas such as implementation of antibiotic policy in the hospital, assessing health literacy among patients, assessing prescription writing practices by care providers, reasons for DAMA cases in emergency care, usage of PPE in patient care and hand hygiene practices among healthcare workers. There were 41 projects that were carried out by the students under the guidance of faculties. (number of dissertations) Attach list as annexure

8. Scientific programmes organized aligning to this goal

8.1 JSS hospital agrees to trial Sputnik vaccine

TNN | Updated: Oct 14, 2020, 06:43 IST

MYSURU: JSS hospital could soon begin Stage II and III trials of the Russian Covid-19 vaccine Sputnik V. Sources privy to the developments say the hospital has agreed to launch trials on behalf of a Hyderabad-based pharmaceutical firm and has communicated its consent to the Drug Controller General of India (DGCI).

If DGCI grants approval, clinical trials will be carried out on around 60 volunteers in the age group of 21-60 years. Sputnik V will be the third vaccine to be tested in the 1,200-bed hospital after Covishield and Novavax.

"Dr Reddy's Laboratories, Hyderabad, approached us to conduct Stage II and III clinical trials of Sputnik V," said B Suresh, pro chancellor, JSS Academy of Higher Education and Research. "We have given our consent. Once DGCI approves the proposal, we will start work."

Incidentally, trials of Sputnik V ran into trouble last week after the Central Drugs Standard Control Organisation (CDSCO), the regulator, ordered Dr Reddy's to resubmit its application to conduct trials. CDSCO said the firm cannot conduct Stage III trials directly — since the human sample size in trials in Russia was "small" — and that it had to conduct Stage II trials as well for which a fresh application had to be submitted.

https://timesofindia.indiatimes.com/city/mysuru/jss-hospital-to-trial-sputnik-vaccine/articleshow/78646904.cms

Coronavirus Update, COVID-19, News

8.2 Covishield Clinical Trial Begins at JSS Hospital

August 29, 2020Mysuru District Hospital begins to issue COVID Death Certificates

Mysore/Mysuru: The much-awaited clinical trial of COVID-19 vaccine – Covishield – developed by the University of Oxford began at JSS Hospital in city this morning. Pune-based Serum Institute of India partnered with AstraZeneca to manufacture the COVID-19 vaccine candidate. The volunteers received their first doses intramuscularly as part of Phase II human trials.

Five volunteers enrolled to get for the Phase II trial of Covishield vaccine at JSS Hospital. Doctors at the Hospital administered the vaccine to five persons after a detailed investigation and monitoring.

In Karnataka, JSS Hospital is the only institute that has been selected for the clinical trial.

Incidentally, the tests began on a day when JSS Group of Institutions is celebrating Dr. Sri Shivarathri Rajendra Swamiji's 105th Jayanti Mahotsava that was virtually inaugurated by Defence Minister Rajnath Singh from New Delhi this morning.

Five volunteers had enrolled themselves for the trial after the doses were received from the Serum Institute of India. Before administering the vaccine, doctors checked their temperature, blood pressure and heart beats. The vitals of the two volunteers were observed after the vaccine jab, JSS Academy of Higher Education and Research (JSS AHER) Pro-Chancellor and Pharmacy Council of India President Dr. B. Suresh told Star of Mysore. Covishield is the third vaccine candidate to enter human trials in the country, after Bharat Biotech's Covaxin and Zydus Cadila's ZyCoV-D began tests in July.

During the clinical trials at JSS, the five volunteers were vaccinated on their arm muscles. They will be given another dose 28 days from now to test the candidate vaccine's safety. "It is a matter of pride that JSS Hospital has been selected among 17 institutes in India. We have the responsibility of continuously monitoring the patients and send the data to Indian Council of Medical Research (ICMR). After collating the data from 17 clinical trial centres, ICMR will take a call on the vaccine, its effectiveness and finally the production," he explained.

8.3 JSS Hospital for Covid-19 vaccine clinical trial

Read more at: <u>https://www.deccanherald.com/state/karnataka-districts/jss-hospital-for-covid-19-vaccine-clinical-trial-869172.html</u>

Ranjith K V, Mysuru, AUG 03 2020, 22:18 ISTUPDATED: AUG 03 2020, 22:23 IST The Indian Council of Medical Research (ICMR) has selected the city-based JSS Hospital and Medical College to conduct a clinical trial of Covid-19 vaccine.

Read more at: <u>https://www.deccanherald.com/state/karnataka-districts/jss-hospital-for-covid-19-vaccine-clinical-trial-869172.html</u>

https://www.outlookindia.com/newsscroll/indian-scientists-develop-novel-drug-delivery-method-to-cut-side-effects-of-arthritisdrug/1964285

8.4 Mysuru: JSS hospital approached for Covid vaccine, drug trial

Read more at:

https://bangaloremirror.indiatimes.com/news/state/mysuru-jss-hospital-approached-for-covid-vaccine-drug-trials/articleshow/78338904.cms?utm_source=contentofinterest&utm_medium=text&utm_campaign=cppst

8.5 JSS ready for Covishield clinical trial

Ranjith K V, DHNS, Mysuru, AUG 28 2020, 22:30 ISTUPDATED: AUG 28 2020, 22:58 IST JSS Medical College and Hospital is all set to conduct clinical trials of Covishield, a vaccine for Covid-19. The test will commence on August 29, on the 105th birth an... JSS Academy of Higher Education and Research pro-chancellor B Suresh said, "All preparations are in place for the clinical trials. We are waiting for an order from the government. We may receive the order by Friday and the vaccine will be tested on five volunteers on Saturday."

Read more at: https://www.deccanherald.com/state/karnataka-districts/jss-ready-for-covishield-clinical-trial-879312.html

http://www.uniindia.com/phase-ii-clinical-trial-of-vaccine-covishield-under-process-at-jss-hospital/south/news/2180389.html

8.6 Indian scientists develop novel drug delivery method to cut side effects of arthritis drug

New Delhi, October 26 (PTI) Indian scientists have given a new lease of life to the arthritis medicine sulfapyridine by employing an innovative drug delivery method to remove its side effects.

Sulfapyridine is the third oldest drug still in use in the treatment of rheumatoid arthritis, an autoimmune inflammatory joint disease, according to the researchers from Lovely Professional University (LPU) in Punjab.

However, long term use of the drug results in side effects such as nausea or vomiting, rashes, dizziness, anxiety and abdominal pain, they said.

"As the molecule has side effect due to its higher dose, we developed a formulation which can be delivered directly to the site of action and thus is safe," said Bhupinder Kapoor, Associate Professor, School of Pharmaceutical Sciences, LPU, told PTI.

In their study published in the peer-reviewed journal 'Materials Science and Engineering C', the researchers reported developing a prodrug of sulfapyridine and then incorporated it into an innovative delivery system.

The prodrug exhibited better retention in liposomes, as compared to the drug, thus reducing the symptoms of inflammation.

Liposomes are spherical vesicles having at least one lipid bilayer which are used as a vehicle for administration of pharmaceutical drugs.

The prodrug treatment is administered by injecting the affected area of the patient, and not through oral consumption, according to the researchers.

This means that the medication only remains in the affected area, without spreading to the rest of the body, they said.

The research team, including Kapoor, Monica Gulati and Sachin K. Singh from LPU, successfully conducted the pre-clinical trials as well as the testing of the drug delivery mechanism.

"We conducted a study to understand the efficacy of sulfapyridine-derived liposomes. In arthritic rats, prodrug liposomes were found to reverse the symptoms of inflammation, including the levels of biochemical markers," Kapoor explained.

"Therefore, liposomes of bio-responsive prodrugs offer a revolutionary approach in the treatment of rheumatoid arthritis," he said.

The study was carried in collaboration with researchers at Fortis Hospital, Ludhiana & JSS College of Pharmacy, Ooty, Tamil Nadu.

Calling the results of the study as "promising", Dr. Arup Kumar Banerjee from North Bengal Medical College and Hospital in Siliguri, West Bengal noted that prodrugs are compounds, or a derivative of a drug, that themselves are pharmacologically inactive but after administration get metabolised in the body into its active form.

"Prodrug form increases the bioavailability of the actual drug by defying metabolism in site other than the intended one and also decreases the adverse side effect by selective absorption or metabolism at the target cells or organs," Banerjee, who was not involved in the study, told PTI.

Around 10 per cent of all drugs being used today are administered in the body in prodrug form, he added.

At present sulfapyridine is used in the form of sulfasalazine which is recommended orally in high dose and has few side effects due to exposure to nontarget sites, the researchers said.

For the successful retention of the drug at the injection site, they synthesised its lipophilic prodrug which is retained in the injection site for a longer time period and required in very low dose, therefore has no side effects and dosing frequency is also very less.

As sulfapyridine is not a suitable molecule due to poor solubility, the researchers synthesised its prodrug which can be retained in injection site for a longer period, and therefore is effective in very low dose and without any side effect.

The researchers said their prodrug will need approval for sales and marketing from India's drug regulatory body.

The team has filed for a patent, and the pre-evaluation phase is now complete. They are also applying for an international patent for this new drug delivery method.

https://www.outlookindia.com/newsscroll/indian-scientists-develop-novel-drug-delivery-method-to-cut-side-effects-of-arthritis-drug/1964285

8.7 War Against COVID 19 - Manufacturing Hand Sanitizers

JSS College of Pharmacy, Ooty, a constituent college of JSSAHER joined hands with the district administration in the war against Coronavirus pandemic by manufacturing hand sanitizers with their expertise and capabilities. The District Collector directed the Govt. Hospital, Ooty to manufacture the hand rub sanitizer with the help of facilities and expertise of JSS College of Pharmacy, Ooty to meet the local needs.

The Department of Pharm. Biotechnology, JSS CP Ooty is preparing the sanitizer as per their current requirement of 50 L batches everyday for next one week followed by 90 L per month for next three months. These sanitizers are tested as per the recommended guidelines and only then delivered.

8.8 Post-Covid Rehabilitation Centre inaugurated at JSS Hospital

Service par excellence!!!

Dr. K. Sudhakar, Medical Education, Minister, Govt. of Karnataka inaugurated the Post Covid Rehabilitation Centre, at the JSS Hospital in Mysuru, in the divine presence of His Holiness Paramapujya Jagadguru Sri Shivarathri Deshikendra Mahaswamiji, on October 5, 2020. The Centre provides physical and psychological support to patients recovering from COVID-19.

8.9 Covid medical equipment worth Rs.51 lakh handed over to JSS Hospital by Lions Service Foundation

The Lions Service Foundation handed over COVID medical equipment worth Rs. 51 lakhs, sponsored by the TATA Educational and Development Trust, to JSS Hospital, in the divine presence of His Holiness Paramapujya Jagadguru Sri Shivarathri Deshikendra Mahaswamiji, at the Sri Sutturu Math, in Mysuru. On this occasion, the President's Civil Defence Gallantry (Shaurya) Medal Awardee Dr. PRS Chethan was felicitated by His Holiness and Dr. K Sudhakar, Minister for Medical Education. Other dignitaries from Lions Club and JSS Mahavidyapeetha were present.

9. THE INDIA –UK WATER CENTRE ON COLLABORATIVE PRIORITIES ON NERC – MOES WATER SECURITY RESEARCH.



Safe and Sustainable Technologies and Strategies for Integrated Freshwater Resource Management: State of Art Approaches

एकीकृत ताजे पानी के संसाधन प्रबंधन के लिए सुरक्षित एवं सतत प्रौद्योगिकी तथा रणनीतियाँ: अत्याधुनिक दृष्टिकोण

CITATION

Shivaraju H Putsah & Jenkins, DF (2020) Safa and Sustainable Technologies and Strategies for Integrated Freshwater Resource Management: State of Art Approaches - State of Art Approaches. Mater Brief 16. The India-UK Water Centre, Cantre for Ecology & Hydrology Water/Gentre, Cantre for Ecology & Hydrology Metacrology. Runs. 19pp

थिवाराज्यू एच युत्तैया एवं डीएफ, जेनकिस (2020)। एवफ्रित ताले पानी के संसाधन प्रबंधन के लिए चुर्टायेंदा रुवं सतत प्रोग्रोगीकी राप राजनीतियाँ, अत्यायुत्रीक एटिकोण। जल संग्रिय्या 161 भारत-युक्ते जल केंद्र, योटर फॉर ईकोलॉजी एंड हाईड्रोलॉजी, वॉलिफर्ड एवं भारतीय उष्णदेशीय मीसम विज्ञान संव्यान, युने। 199p

Front Cover Photo: Kerala, India (Unsplash) All other photos: Unsplash and Pixabay



The India-UK Water Centre (IUKWC) promotes cooperation and collaboration between the complementary priorities of NERC-MoES water security research.

भारत-यूके जल केंद्र एम.ओ.ई.एस - एन.ई.आर.सी (यूके) जल सुरक्षा अनुसंधान की परिपूरक प्राथमिकताओ के बीच सहकार्यता और सहयोग को बढ़ावा देता है ।

This Knowledge Exchange Water Brief was produced as an output of the IUKWC workshop on 'Safe and Sustainable Technologies and Strategies for Integrated Freshwater Resource Management' held in Mysuru, India in June 2019.

ज्ञान आदान प्रदान का यह जल संक्षिप्त आईयूकेडब्ल्यूसी द्वारा 2019 में मैसूरु, भारत में आयोजित कार्यवाता "एवंग्रेकृत ताजे पानी के संसाधन प्रबंधन के लिए सुरक्षित एवं सतत प्रीसांगिकी तथा रणनीतियाँ" का प्रतिकल था।



The India –UK Water Centre on collaborative priorities on NERC – MoES water security research.

10. SYMPOSIUM ON RARE DISEASE – BRIDGING HEALTH AND SOCIAL CARE

One Day Symposium on Rare Disease – Bridging Health and Social Care was conducted by the department of Biochemistry, Anatomy & Paediatrics. The programme highlighted the importance of newborn screening in all the neonates for seven disorders was released during the occasion. Eminent speakers from reputed institutes like Dr. Jayarama S. Kadandale, Professor and Head, Clinical and Molecular Cytogenetics, Centre for Human Genetics, Dr. Radha Rama Devi, Consultant, Rainbow Children's Hospital, Hyderabad, Dr. Giriraj R Chandak, CSIR-CCMB, Hyderabad, Dr. J. Vijayalakshmi, Associate Professor, Department of Human Genetics, Sri Ramachandra Institute of Higher Education and Research, Chennai, Dr. C. Amruthavalli, Associate Professor, Centre for Information Science and Technology, University of Mysore, Dr. Akila Prashant, Professor of Biochemistry, JSS Medical College, Dr. Deepa Bhat, Genetic Counsellor, JSS Hospital and Dr. Vipin Ghosh P.G. JSS Institute of Speech and Hearing were resource persons. 150 delegates attended the programme.



11. NABL Training Programme

Dept. of Microbiology conducted NABL training programme at JSS Hospital, Mysuru. The programme was attended by 22 staff & technicians from Dept. of Biochemistry, Pathology & Microbiology Dr. Venkatesh Thuppil, Dr C V Anand and Dr N. Jayaram were resource persons.



12. State level CME in Hematolymphoid Neoplasam

State level CME in Hematolymphoid Neoplasam at Sri Rajendra Centenary Auditorium, JSS Hospital, Mysuru. The programme was attended by 183 delegates funded by JSS AHER and MCI. Dr.Sumeet Gujral, Dr. Vishveshwara were resource persons.







13. MPMRT Annual Medicine Update 2018

Department of Medicine, JSS Medical College & Department of Medicine MMC & RI, Mysuru conducted MPMRT Annual Medicine, Dr.Sri Shivarathri Rajendra Centenary Auditorium, JSS Hospital, Mysuru. It was conducted .Post graduates from all over Karnataka attended the programme. Function was inaugurated by Sri.K.B.Ganapathy, Editor, Star of Mysuru Dr.B.Suresh, Vice Chancellor, JSS AHER, Dr. C.D.Sreenivasa Murthy, Chairman MPMRT, Dr.Umesh Kamath Donor representative of Gold Medal to MBBS topper of MMC & RI, Dr.B.J.Subhash Chandra, HOD JSSMC, Dr.Vasudeva Naik, HOD, AIMS, Bellur, Dr.A.G.Ravishankar, HOD, MMC & RI, Dr Laxmegowda, Chairman – API Mysuru. Various topics related to Diabetes, hypertension, respiratory illnesses, neurological problems, cardiovascular diseases, ageing and health were discussed and deliberated in this programme.



14. CME and Workshop on "Pelvic organ prolapse and Normal labour

CME and Workshop was conducted on "Pelvic organ prolapse and Normal labourat JSS Hospital, Mysuru. 60 delegates participated.





15. Workshop for Sath Sath- Parinatology

Workshop for Sath Sath- Parinatology workshop obstetrician & Paediatrician, conducted by NNS, India IAP Mysuru, Dept. of OBG, MOGS Mysuru at JSS Hospital, Mysuru. 50



Pediatrician Dr Ranjan Kumar Pejavar Inaugurates a workshop for doctors, organised by Indian Academy of Pediatrics and Mysore Obstetrical and Gynecologic Society. In Mysuru, recently. JSS Medical College principal Dr Basavanagow dappa, Dr Krishna Kumar and Dr Rajeshwari Madappa are seen.



16. WORKSHOP on Antimicrobials stepwardship Module

WORKSHOP on Antimicrobials stepwardship Module was organized AMS MODULE SOUTH ZONE LAUNCH Under IAP Presidential Action Plan- Host by Indian Academy of

Paediatrics IAP Infectious Disease Chapter, IAP Mysore Branch at Sri Rajendra centenary

Auditorium, JSS Hospital, Mysuru. 88 delegates were participated.



17. National level workshop on Ilizarov in Tibial Fractures with Bone Model

Department of Orthopaedics conducted National level workshop on Ilizarov in Tibial Fractures with Bone Model in association with Mysore Orthopaedic Association (MOA) and Karnataka Orthopaedic Association (KOA). Orthopaedics consultants across the country attended the programme. Prof Quin Sihe, Secretary General Chinese Limb, Reconstruction And External Fixation Society, Nrra Hospital Beijing, Prof Zhang Jiancheng, Qinsihe, National Research Center for rehabilitation. For Rehabilitation Technical Aids (Nrra) Beijing, China Dr.Wei Zhong.Md, President Of Orthopaedic Department of Affiliated Hospital of Weifang Medical University, Prof Harshad M Shah, Prof Of Orthopedics, Asami India President, Msrmc, Bangalore, Dr Vasudevan Pn, Ilizarov Specialist Were invited guests. 96 Delegates Attended The Progreamm



18. Smith and Nephew wound management programme

Dept. of Orthopaedics conducted Smith and Nephew wound management programme at JSS Hospital. 46 delegates were participated. Smith & Nephew organized the programme regarding wound healing & factors affecting it. The faculty discussed in detail regarding the chronic diabetic non healing ulcers, causes for chronicity of ulcers & use of silver & wet dressings in the management of such ulcers. Topic covered included vacuum assisted closure & newer technologies in VAC dressing without canister. All the Post Graduates of

Orthopaedics participated in the programme.



19. Annual Hospital Administrators Conclave – HACON

The Department of Hospital Administration, JSSMC and department of Health system management studies, jointly organized one day national conference 4th Annual Hospital Administrators Conclave – HACON at SRCA JSS Hospital on the Theme "Leadership, Innovation and Sustainability in Private Healthcare – Path to Success". Inaugural function was graced by Dr.P.V.Vijayaraghavan, Vice Chancellor of SRIHER, Porur, Chennai as the Chief Guest & Dr.C.G.Betsurmath, Honorable Executive Secretary, JSS Mahavidyapeetha as the President. The conference was divided into four parts – Leadership, Innovation, Finance & sustainability, and Panel discussion. By Dr.Nagendra Swamy. S.C, Advisor, MHEPL, Manipal, Dr.Amitha Marla, Director- Medical Administration, AJ Medical College and Hospital, Mangalore, Dr.Sudhakar Kantipudi, Unit Head, Manipal Hospital, Vijayawada, Dr.Nirmal Coumare, Medical Superintendent, MGMCRI Hospital, Pondicherry.





20. National level CORD - Certificate course on obstructive airway diseases and Workshop

National level CORD - Certificate course on obstructive airway diseases and Workshop was conducted at JSS Hospital, Mysuru. 30 delegates participated. Madhuragauri Shewade with her team from Chest Research Foundation, Pune with conducted the 2-day workshop to train the nursing, respiratory therapy and physiotherapy staffs in the concepts of diagnosis, multidisciplinary care and management of obstructive airway diseases viz. asthma and COPD including spirometry.

21. Dermatitis Dilemma- Webinar - A special Focus on Atopic and Napkin Dermatitis"

Department of Paediatrics conducted a WEBINAR by Speakers Dr.Ram Kumar Gulati MBBS,MD (Dermatology, STD, Leprosy), MRCPCH (UK) and Dr. Sanket Sawant MBBS (JJH, Mum) M.D (Mum)Medical Advisor, GSK on topic "Dermatitis Dilemma- Webinar

-A special Focus on Atopic and Napkin Dermatitis" at pediatric seminar hall attended by 50 delegates

22.Dept. of Biochemistry conducted Guest Lecture on Wiskott Aldrich Syndrome protein

(WASp)-mediated epigenetic regulation of T helper (Th) cell differentiation linked to malignancy through R-loop modulation using CRISPR/Cas9 gene editing technology by Dr. Koustav Sarkar, Research Assistant Professor, SRM Research Institute, Dept of Biotechnology, Chennai, Tamil Nadu at SIG- CBCSC and Seminar Hall, Department of Biochemistry, JSS Medical College, Mysuru and around 50 participants participated in the programme.

23. Dept. of Biochemistry conducted Guest Lecture on Applications of Flow Cytometry Mr. Sagar Shah, Application Specialist, Imperial Life Sciences at SIG- CBCSC and Seminar Hall, Department of Biochemistry, JSS Medical College, Mysuru around 50 participants participated in the programme.

- 24. Dept. of Paediatrics conducted Guest Lecture on Primary Immunodeficiency: Think Zebra Dr.Sagar Bhattad, Consultant Pediatric Immunologist & Rheumatologist, Aster CMI Hospital, Bangalore at Paediatric Seminar Hall, JSS Hospital, Mysuru and around 50 participants participated in the programme.
- **25. Dept. of Anaesthesia conducted Guest Lecture on Recent advances in Cancer pain Management** Dr.Lakshmi Koyyalagunta, University of Texas, USA at JSS Hospital, Mysuru and around 75 participants participated in the programme

26.Dept. of Pharmacology conducted Guest Lecture on Briefing Insulin and Ranges of Insulin Available & devices Dr.Shashank Arunachal Udupi Medical Advisor Novonordisk India Pvt Ltd at Dept. of Pharmacology, JSS Medical College, Mysuru at Gallery around 300 participants participated in the programme.

26. Dept. of Pharmacology conducted Guest Lecture on Evolution of insulin devices and brief on insulin pumps				
devices				
Dr.Kunal Srivastava, Medical Advisor Novonordisk India Pvt Ltd at Dept. of Pharmacology, JSS Medical College, Mysuru around 200 participants				
participated in the programme.				
27. Dept. of Biochemistry conducted Guest Lecture on The Role of RNA-induced Silencing Complex in the Development and				
Progression of Hepatocellular Carcinoma Dr. Prasanna Kumar S, Associate Professor, Dept of Biochemistry, JSS Medical College, Mysuru at				
SIG- CBCSC and Seminar Hall, Department of Biochemistry, JSS Medical College, Mysuru and around 50 participants participated in the programme.				
28. Dept. of Pulmonology conducted Guest Lecture on CME on RNTCP TOG and PMDT (Programmatic management drug				
resistant TB) by Dr.Ravi, District TB Officer, DTC, Mysuru at SRCA, JSS Hospital, Mysuru and around 200 participants participated in the programme.				
29. Dept. of O.B.G. conducted Guest Lecture on Normal Labour by Dr.Nilgar B.R, Belagumat OBG Seminar Hall, JSS Hospital, Mysuru and around 60 participants participated in the programme.				
30. Dept. of O.B.G. conducted Guest Lecture on Radio frequency Ablation for fibroids by Dr. Vikram Patil, JSS Hospital at OBG Seminar Hall, JSS				
Hospital, Mysuru and around 50 participants participated in the programme.				
31. Dept. of Pharmacology conducted Guest Lecture on Pathophysiological effects of drug addiction -newer approach for type				
II Diabetes Mellitus by Dr.D.Anusha, Professor Department of Pharmacology, Sri Ramachandra Medical College & Research Institute at Dept. of Pharmacology, JSS Medical				
College, Mysuru and around 30 participants participated in the programme.(Venue: Demo room, Dept of Pharmacology)				
32. Dept. of Pharmacology conducted Guest Lecture on South African Botanical and a Compound for Antimelanoma and				
Anti-Angiogenic activity by Dr.Namrita Lal, Professor & Research Chair, Medical Plant science, University of Pretoria, South Africa at Dept. of Pharmacology, JSS				
Medical College, Mysuru and around 25 participants participated in the programme.(Only Dept Visiting)				
33. Dept. of Biochemistry conducted Guest Lecture on Quantitative Imaging Biomarkers in Cancer Care by Dr.Amita Shukla- Dave, Director Quantitative Imaging, Deputy Service Chief Predictive Informatics, Attending Physicist, Member, Memorial Sloan-Kettering Cancer Center, New York, USA at SIG-				
CBCSC and Board Room, JSS Medical College, Mysuru and around 50 participants participated in the programme.				
34. Dept. of Biochemistry conducted Guest Lecture on South African botanical and a compound for antimelanoma and				
anti-angiogenic activity by Dr. Namrita Lal Professor and Research Chair; Medicinal Plant Science, University of Pretoria, South Africa, and Adjunct Faculty, JSSAHER,				
Mysuru at SIG- CBCSC and Board Room, JSS Medical College, Mysuru and around 50 participants participated in the programme.				
35. Dept. of Paediatrics conducted Guest Lecture on Update on Universal Immunization & Vaccine Preventable Disease				
(VPD) Surveillance by Dr.Sudhir Nayak Surveilance Medical Office, National Polio Surveilance Project, World Health Organisation, Mysuru Unit at Paediatric Seminar Hall,				
JSS Hospital, Mysuru and around 50 participants participated in the programme.				
36. Dept. of Anaesthesia conducted Guest Lecture on Seminar on Challenges in Onco Anaesthesia by Dr. Namrata Ranganathan,				
KIDWAI, Bangalore at JSS Hospital, Mysuru and around 75 participants participated in the programme.				
37. Dept. of Surgery conducted Guest Lecture on Management of Constipation & Ano Rectal Disorders by Dr. Aravind Gubbi,				
Surgical Gastroenterologist				
at JP Fortune Palace, Mysuru and around 80 participants participated in the programme.				
38. Dept. of Biochemistry conducted Guest Lecture on A Crosstalk Scenario in the Metabolic Diseases: Pancreas and Liver by Dr. Divya Prasanna Kumar, DBT- Ramalingaswami Fellow Assistant Professor, Department of Biochemistry, JSS Medical College, Mysuru at Seminar Hall, Dept. of Biochemistry,				
JSSMC and around 50 participants participated in the programme				

39. Dept. of Microbiology conducted Guest Lecture on Programmatic update of NACO by Dr Ashwin Belludi, South regional coordinator share India NACO

Hyderabad at Microbiology Seminar Hall, JSS Hospital, Mysuru and around 15 participants participated in the programme.

40. Dept. of Orthopaedics conducted Guest Lecture on Selecting research topic & Web search Methodology by Dr.Srinivas Murthy, JSSMC, Mysuru at Orthopaedics Seminar Hall, JSS Hospital, Mysuru on and around 50 participants participated in the programme.

41. Annual National Conference of Association of Physiologists of India ASSOPICON "FATHOMING PHYSIOLOGY: AN INSIGHT"

Department of Physiology, JSS Medical College, a constituent college of JSS Academy of Higher Education & Research, Mysuru, organized "6th Annual National Conference at JSS Medical College, JSS Academy of Higher Education & Research, Mysuru.

To signify the importance of deeper understanding of Physiology and its application in clinical care, the conference was organized with the theme **"FATHOMING PHYSIOLOGY: AN INSIGHT"**. Approximately 150 delegates from different parts of India participated in the conference.

The conference was graced by His Holiness Jagadguru Sri Shivarathri Deshikendra Mahaswamiji, Jagadguru Sri Veerasimhasana Mahasamsthana Math, Sutturu Srikshetra, Chancellor, JSS Academy of Higher Education & Research. Dr S Chandrashekar Shetty, Vice- Chancellor, Adichunchanagiri University was Chief Guest. Dr C G Betsurmath, Executive Secretary, JSS Mahavidyapeetha; Dr Suresh B, Pro- Chancellor, JSS Academy of Higher Education & Research; Dr H Basavana Gowdappa, Vice-Chancellor, JSS Academy of Higher Education & Research; Dr Narsingh Verma, President, ASSOPI; Dr G K Pal, General Secretary, ASSOPI; Dr S B Deshpande, immediate past President, ASSOPI; Dr Rajalakshmi R and Dr Rajeshwari L, were present on the occasion. Conference souvenir was released by Dr.CG Betsurmath, Executive Secretary, JSS Mahavidyapeetha The conference which was spread across four days aimed to shed light on the topics of current perspective and less commonly discussed in the conferences and scientific forums. The conference disseminated the knowledge of learned scholars from within and outside the country through plenary lectures, symposia, panel discussions, invited guest lectures, free presentations by eminent national and international resource faculty.

Three relevant pre-conference workshops on Behavioral and cognitive assessment in rodents, exercise physiology & basics of statistical analysis using SPSS software were organized. Dr Rajesh Katare from University of Otago, New Zealand, who is working on stem cells enlightened the learned audience with the recent advances in stem cell research. Topics like Cognition, Gastrointestinal and Metabolic Syndrome, recent advances in Hematology, Immunology, Genomics & Proteomics, Chrono medicine were deliberated upon in the conference. Panel discussion on "Physiology in India-opportunities and challenges" was organized by eminent panelists.

42.Seminar on "The Impact of Human Genomics in Current Medical Practice

The Special Interest Group on Human Genomics and Rare Disorders (SIG-HGRD), JSS Medical College, JSS Academy of Higher Education & Research (JSSAHER) in association with 'Indo-UK Genomic Education forum' of the Genomic Medicine Foundation (UK) had organized one day seminar on "The Impact of Human Genomics in Current Medical Practice" on Thursday at Sri Rajendra Centenary Auditorium, JSS Hospital, Mysuru.

The dignitaries released the seminar souvenir and also the brochure for the maternal serum screening for chromosomal abnormalities which has been recently initiated at JSS Hospital.

The current and future management of patients aims for evidence based precision and personalized medicine. Genomic medicine is the promising key to the development of precision and personalized medicine. The focus of one- day seminar was to enhance the skills and knowledge of general and specialist medical practitioners to bring about changes in their current clinical practice.

At the end of all the sessions an online quiz competition was conducted for the student delegates on Kahoot App. About 75 students participated in the quiz and top three winners were duly awarded. More than 250 participants from different genetic laboratory, research institute, staff, research scholars and students from medical, dental and life science colleges had participated in the seminar and 18 of them presented posters during the event. Two best posters were duly awarded. The participants felt that the knowledge acquired by them during the sessions will help them in their daily practice and future research. This event has marked the beginning of a long-term collaboration with the Indo-UK Genomic Alliance with which JSS Academy of Higher Education and Research will soon sign a Memorandum of Understanding.



43. Workshop on Dementia

World Alzheimer's Month- Workshop on Dementia was organized by Special Interest group on 'Comprehensive Geriatric care' JSS Medical College & Hospital in association with ARDSI-Alzheimer's related disorders society of India, Mysuru chapter and Sarada Vilas College of Pharmacy, Mysuru Peoples Association for Geriatric Empowerment (PAGE), Apnadesh, Mysuru on in JSS Hospital (Sri Rajendra Centenary Auditorium), Mysuru.

Dr Basavana Gowdappa H, Principal, JSS Medical College, Dr. (Col) M. Dayananda, Director, JSS Hospital, Mysuru. Dr.M.Guruswamy, Medical Superintendent, Dr.Manjunath GV, Dr.M.K. Jayanthi, Dr.H.L.Kalabharathi and Dr.Hanumanthachar, Joshi, President, ARDSI, Mysuru chapter were present during inauguration.

Essay competition was organized for delegates and prizes were awarded. Scientific sessions were deliberated by Dr Somnath Vasudev Senior consultant and Head, Dept. of Neurology, Apollo BGS Hospital, Mysore, Dr Shivanand Manohar J, Assistant Prof, Dept. of Psychiatry, JSS Medical College, Mysore.Following this there was a panel discussion by Dr Prathibha Periera, Professor and Head, Dept. of Geriatrics, JSS Medical College, Dr Shivanand Manohar J, Assistant Prof, Dept. of Psychiatry, JSS Medical College and Dr Hanumanthachar Joshi, President, ARDSI, Mysore. The comprehensive geriatric assessment and the importance of counseling to geriatric dementia patients and their caregivers was highlighted. The seminar was a grand success in achieving its core objectives with active participation by the students.



44. EQAS/ QMS Workshop was held for ICTC Lab Technician of Mandya, Mysuru and Chamarajanagara

Mr PRASANNA Kumar KP, Technical Officer SRL Microbiology JSSMC, Dr.Sumana, M.N., Dr.Sowmya GS, Dr.Rashmi P.Mahale highlighted on Newer techniques like ICT ELISA Western Blot and NAT for Diagnosis of HIV, NACO guidelines regarding the HIV diagnosis, EQAS (External Quality Assessment Scheme) of NACO, need of EQA, types of EQA, laboratorial hierchy and NACO guidelines for EQA of HIV samples, Infant Diagnosis in HIV, ART regimen for EID and Pregnant women, Introduction to QMS (Quality Management system) in ICTC, QMS gap analysis in ICTCs, document maintenance and record keeping in ICTC. Post-test was conducted and feedback was collected from the delegates. 45 Delegates attended this workshop and prizes were distributed.



45. One Day Orientation Workshop on Foldscope Assembly and Usage

The one-day orientation workshop on Foldscope assembly and usage were organized for the postgraduate students of the Department of Community Medicine, JSS Medical College, JSS Academy of Higher Education and Research, Mysuru sponsored by Department of Biotechnology (DBT), Ministry of Science & Technology, Government of India. In this workshop, the students got an opportunity to learn about applications and the concept of Foldscope. The Foldscope is the ultra-affordable, paper microscope designed to be extremely portable, durable, and to give optical quality similar to conventional research microscopes (magnification of 140X and 2-micron resolution). Dr Sunil Kumar D, Associate Professor conducted the workshop and gave orientation about the Foldscope. The staffs of the dept of community medicine were present and coordinated the whole workshop.



46. Workshop on Basics of Research Methodology and statistical analysis using SPSS

VIth Workshop on Basics of Research Methodology and Statistical Analysis using SPSS was conducted by the Department of Community Medicine, JSS Medical College, Mysuru from at Medical Education Unit, JSS Medical College, Mysuru. Participants were from various disciplines of Health and Allied Sciences (Medical, Dental, Pharmacy and Ph D Scholars of various subjects).

An ice breaking session with self-introduction of the participants was conducted. The following were dealt in Day 1 "Introduction to research Methodology, selection of research topic, how to search and evaluate the existing literature, how to frame research question and objectives, how to identify appropriate study design in epidemiological research, methodology of clinical trials and practical aspects of conducting clinical trials in CCRE, introduction to descriptive statistics, basics of ethics in medical research. In Day 2 sessions on sampling technique, basics of hypothesis testing, Sample Size estimation, Inferential Statistics, group activity on identifying study designs and hands on activity on interdiction to SPSS software and descriptive statistical analysis was conducted by the faculty of Community Medicine department. The sessions in Day three were correlation and regression, validity of screening test and ROC curve, Hands on training on SPSS, Introduction to Qualitative research" and "From Research to Publication, designing and validating a questionnaire. This was followed by a session on the newer features of SPSS version 27 by a team from IBM SPSS, Bengaluru.

Dr Praveen Kulkarni, Dr.Shwethashree M,. Dr.Nayanabai Shabadi Dr Smitha MC and Mr Arun Gopi from Dept of community Medicine, Dr Vinaya Gowda and Dr Riya from Centre for clinical research excellence, JSS Hospital and Dr Pratibha Pereira, Head, CDSA, CCRE, JSS Hospital, Mysuru were the resource persons



47. W ORKSHOP ON FIRST AID FOR JSS SCHOOL TEACHERS

Department of Community Medicine, JSS Medical College, Mysuru organized one day First aid workshop on for teachers of JSS Schools & Colleges under the banner of JSS Mahavidyapeeta. 35 teachers participated in this event. Dr. Manjunath G V, Vice Principal, JSS Medical College, Dr M R Narayana Murthy, Professor & Head, Department of Community Medicine, JSS Medical College, inaugurated the programme by watering the Plant and where in "**FIRST AID MANUAL**" in Kannada was released. Dr.G.V.Manjunath, Vice Principal addressed the teachers regarding importance of first aid and the reason for conducting the workshop & Dr. M.R.Narayana Murthy highlighted the significance of first aid and first step to be taken for emergency preparedness.

The session began with introduction & guidelines in First aid by Dr Sunil Kumar D, Associate Professor, followed by Management of wounds, burns & drowning was explained by Dr.Shwethashree M, Assistant Professor. Providing emergency medical aid for excessive bleeding and shock was explained by Dr Smitha M C, Assistant Professor. Dr Shibani, PG student of first semester MPH, School of Public Health, JSS Medical College gave an introduction regarding the Dental injuries. Dr. Sujana Theja, Asst Prof, Dept of Orthopedics gave brief introduction regarding the physical examination, do's and don'ts including the management of the joint injuries like fractures, dislocations, sprains, strains etc., Dr Anil Bilimale, Assistant Professor and the MPH co-ordinator, School of Public Health, JSS Medical College described the introduction and emergency medical treatment for drowning and choking. Dr Praveen Kulkarni, Associate Professor illustrated about the first aid in animal bites mainly emphasizing dog bite related First aid. Dr Nayana Shabadi, Assistant professor explained about snake bite injuries and its treatment. Post Lunch sessions included a talk by Dr Shivanand Manohar, Asst Prof, Dept of Psychiatry about epilepsy and its first aid during epileptic attack and that was followed by Briefing & Hands on exercise on : **Basic Life Support (BLS)**" by Dr.Akkamahadevi, Dr Hemalatha, and Dr.Archana K N, Professors , Department of Anesthesiology, JSS Medical College & Hospital. Each participant was made to demonstrate BLS techniques on mannequins.



48. "Workshop on Fetal Surveillance : Growth & Doppler scan / CTG Secrets Learn in a Day"

, a "Workshop on Fetal Surveillance : Growth & Doppler scan / CTG Secrets Learn in a Day" was held at the Sree Rajendra Centenary Auditorium JSS Hospital, Mysore Jointly Organised By : Mysore Obstetrics and Gynaecological Society (MOGS), Department of Obstetrics & Gynaecology, JSS MC & Hospital & Navya Fetal Medicine Centre. Lectures and workshop was conducted by Dr. Praveen Kumar, Navya Fetal medicine, Dr. Adinarayana Makam, Sparsh Hospital, Bengaluru, Dr. Latha Venkataram, Rangadore, Bengaluru, Dr. Srimathi Raman, Rangadore, Bengaluru. Miss. Shivanjali Kapse, Mrs. Rajashekar T.V.S, Dr. Sujatha M.S, Dr. Srinivasa Murthy participated as faculty for this workshop. The postgraduate students and faculty of the department of OBG, JSS Hospital, Mysuru actively participated in the workshop

49. Workshop & Hands on Training on 3rd Degree Perineal Tear and Episiotomy

"Workshop & Hands on Training on 3rd Degree Perineal Tear and Episiotomy" was held at the OBG Seminar Hall, Department of OBG, JSS Hospital, Mysuru from 1pm to 5 pm. Lectures and hands on training was given by Dr. Sowmya K Associate Professor, Dept. of OBG, Dr. Shruthi K.R Assistant Professor, Dept. of OBG and managers from Medtronic India Pvt Limited . The postgraduate students and faculty of the department of OBG, JSS Hospital, Mysuru actively participated in the workshop.

50. TRANSTHORACIC ECHOCARDIOGRAPHY WORKSHOP

The Department of Anaesthesiology, JSS Medical College and Hospital in association with The University of Minnesota, USA had organized a workshop on Transthoracic Echocardiography in the Department of Anaesthesiology, JSS Hospital Mysuru. Dr C L Gurudatt, Professor and HoD Department of Anaesthesiology, JSSAHER welcomed the gathering and the workshop was inaugurated by Dr Guruswamy, Medical Superintendent JSS Hospital. Dr Sudarshan Setty, Assistant Professor from the University of Minnesota was the workshop director and Dr Anup N R, Assistant Professor Department of Anaesthesiology, JSSAHER coordinated the workshop. 25 post graduate students of Anaesthesiology and Emergency medicine were trained in perioperative uses of transthoracic echocardiography and lung ultrasound. Dr Srikanth Rao from Penn State University USA, Dr Ashok Kumar from Apollo Hospital Mysuru, Dr Mohan from Mission Hospital Mysuru, Dr Chetana and Dr Varun from Jayadeva Institute of Cardiovascular sciences Mysuru were the

resource faculty for the workshop. All the participants will be receiving a certificate of participation from the University of Minnesota.



51. NATIONAL AIRWAY WORKSHOP

Department of Anaesthesiology JSS Medical College conducted a National Airway Workshop as part of JSS Annual Anaesthesia CME in Sri Rajendra Centenary Auditorium, JSS Hospital. This workshop was endorsed by All India Difficult Airway Association (AIDAA) & was attended by National level faculties who were instrumental in formulating the national guidelines for difficult airway management. 87 Delegatesw\ were benefitted in the workshop. There were 2 stations for cadaver cricothyrotomy which included goat & human specimen. Lectures were delivered by experts in their field & also included panel discussions, this was followed by extensive hands on training session.

These two days workshop was well appreciated by all the faculties & delegates as well.



52. TEMPORAL BONE DISSECTION WORKSHOP

3rd Hands on Temporal Bone Dissection Workshop: Department of Otorhinolaryngology and Head and Neck Surgery was organized by the department of ENT at JSS Hospital. 40 delegates participated. The day started with inauguration by Dr Col. Dayanand M, Director of JSS Hospital, Mysore, Dr.Basavana Gowdappa, Principal, JSS Medical College, Dr.Shanthamallappa, Deputy Medical Superintendent inaugurated the function. Dr.Col Dayanand M in his inaugural speech expressed the need and importance of temporal bone dissection and similar workshops for surgical residents in acquiring skills. Dr.Basavana Gowdappa in his inaugural speech congratulated the organising team and also enlightened that the perfect way of acquiring skills is by hands on workshops. Day 1 started with excellent demonstration of Myringotomy, Grommet insertion and Stapedotomy by Dr.Bharathi M.B, Dr.Babu A.R thoroughly demonstrated the various steps of Cortical Mastoidectomy and posterior tympanotomy, Dr. Prakash B.G skillfully demonstrated approach of Epitympanotomy and Facial nerve decompression. Each session was followed by hands on dissection on the temporal bone by the delegates.

Day 2 started with meticulous demonstration of Labyrinthectomy, Modified Radical Mastoidectomy and approach to internal auditory meatus by Dr.Bharathi M.B which was followed by hands on dissection.

A total of 40 delegates registered for the workshop included both consultants and post

graduates from various colleges and hospitals. The delegates appreciated the meticulous and thorough temporal bone dissection demonstration, clarification of doubts during hands on dissection by the staff and their easy approachability.



53. Hands on cadaveric laryngotracheoplasty and Thyroplasty

2nd hands on cadaveric laryngotracheoplasty and Thyroplasty workshop was conducted by the department of ENT during

ICSISCON at JSS Hospital, JSSAHER, Mysuru. 250 delegates attended the programme.

The overwhelming response from consultants and PG from all over the country for the workshop was the encouragement which under able leadership and efficient utilisation of resources resulted in this dream come true.



54. CME ON LEPROSY

CME on Leprosy was conducted by the department of Dermatology . Nearly

100 delegates attended the programme. Dr C G Betsurmath Executive Secretary of JSS Mahavidyapeeta Inaugurated the programme. Dr. Sujai Suneetha Coordinator of IADVL SIG Leprosy, Dr. Krishna Prasad, retired professor from AIIMS Delhi, Dr. Sushruth Kamoji from BIMS, Belgavi and also a member of IADVL SIG Leprosy were the resource persons.



55. MIDTERM CME – MIND & SEX

IPS National Midterm CME- MIND & SEX was conducted by the department of Psychiatry at JSS Hospital, Mysuru. Nearly 350 delegates including consultants & students attended THE programme.



56. CME ON PAEDIATRIC RHEUMATOLOGY AND VASCULITIS

CME on Paediatric Rheumatology and Vasculitis was conducted jointly by the department of Rheumatology and Vasculitis.

Faculty from Karnataka with special interest in Pediatric Rheumatology were invited. Faculty Included Dr Aruna Bhat (NH Bengaluru), Dr Chandrika Bhat (St Johns, Bengaluru), Dr.Jyothi Raghuram (Columbia Asia, Bengaluru), Dr Nagaraj S (Trust Arthritis clinic, Bengaluru), Dr Sharath Kumar (Optima Arthritis, Bengaluru), Dr Sagar Bhattad (Aster CMI, Bengaluru), Dr Nutan Kamath (KMC< Mangaluru) and Dr Neema Bhat (pediatric Hematologist, BGS, Bengaluru). The topics included overview of Pediatric Rheumatology to vasculitis and SLE, JIA, Kawasakis Diseae. It included a Panel Discussion on Unremitting fever and Arthritis and faul;ty from JSS (Dr Rajani HS) and MMC (Dr Savitha M R) and Apollo BGS (Dr Sripathi Adikari) had participated in the Panel Discussion. The CME Included Case discussion by Post Graduates from JSS Medical College, Mysuru Medical College and Sigma Hospital Mysuru. 100 delegates participated in the conference



57. ORGAN DONATION AWARENESS PROGRAMME

The CME on Organ donation awareness programme was conducted by International Critical Care Air Transfer Team (ICATT) & DOCFORT Meducation Pvt.Ltd., in association with JSS Medical College, Mysore & Department of Nephrology, JSSH at Sri Rajendra Centenary Auditorium, JSS Hospital in the Divine presence of Jagadguru Sri Shivarathri Deshikendra Mahaswamiji.

CME was inaugurated by Dr.Basavana Gowdappa, In-charge, Vice Chancellor, JSS Higher Education & Research Centre, presided by Dr.Nagendra Swamy, Chairman, Medisync, Former Group Medical Director- Manipal Hospital, Guest of Honor: Col M Dayanand, Director – JSS Hospital, Dr.K.R.Dakshayani, Principal – Mysore Medical College, Dr.Manjunath S Shetty- Prof & HOD, Dept of Nephrology, JSS MC.

This CME had approximately 250 attendees which includes faculty from various departments, under graduate students, interns & post graduates of various department of JSSMC.

58. Guest Lecture on "Integrated Disease Surveillance Project and its role in Disease Prevention and Control" The

Department of Community Medicine conducted 1st lecture as a part of Public health Lecture Series for 7th term students. Dr. Kavitha H S, District Epidemiologist, District Surveillance Unit, Mysuru delivered the talk on "IDSP and its role in Disease Prevention and Control". She heighted on the staffing pattern of IDSP, role of district surveillance unit which included compilation, analysis of Weekly S, P and L forms, review of feedback to the reporting units, Constitution of Rapid response Teams and their deputations during Outbreak Investigation, IDSP portal and its features, Co-ordination with laboratories, Medical Colleges, NGO's and Private sectors; and organising District level meetings under the chairmanship of DC. She also explained on Media alert and how FIR is prepared and how the investigations are taken.

59. Guest lecture on National Programme for Prevention and Control of Cancer,

Diabetes, Cardiovascular Diseases and Stroke (NPCDCS)

A guest lecture was arranged by the Department of Community Medicine under Public Health Guest lecture series . Dr Archana, DPC, Dist NCD Cell oriented the students and faculties on current trends and updates in the NPCDCS program. It was an interactive session. 230 students and faculty participated



60. Implementation of Reproductive and Child Health Projects in tribal areas: Strategies and Challenges

As a part Public Health Lecture Series, Department of Community Medicine and Special Interest Group on Public Health, JSS Medical College, JSSAHE Rorganized a guest lecture on "Implementation of Reproductive and Child Health Projects in tribal areas: Strategies and Challenges" at Gallery 3, JSS Medical College, Mysuru. Dr Sunitha Singh. Programme Manager and Head of Community Health, Swamy Vivekananda Youth Movement, Mysuru delivered the Guest Lecture. In her deliberation, Dr Sunitha describe the role of Non Governmental organization in uplifting the health and wellbeing of people in difficult to reach areas. She described the situation of mother and child health in these areas with real life examples and mentioned how these vulnerable groups are uplifted from the difficult situations. She urged the students to take up Community Health as a specialty to bring about the changes in the lives of people. The lecture was followed by interactive question and lecture sessions, where the students asked several queries on mother and child health programmes which were promptly answered by Dr Sunitha. Totally 220 delegates including undergraduate students, postgraduates, faculty from Department of Community Medicine, participated in the programme

61. Guest lecture on Suicide Prevention

Every year World Mental Health Day is observed on for global mental health education, awareness and advocacy against social stigma

In accordance with this, Department of Community Medicine, JSS Medical College, Mysuru invited Dr.Raveesh B N, Prof

& HOD, Department of Psychiatry, Mysuru Medical College & Research Institute, Mysuru to address our 7th term students

.He addressed the students on "Suicide Prevention" topic. Wherein he quoted that "every minute one person attempts

for suicide somewhere in the world & every other second someone think to commit suicide".

The session went in a very interactive manner by testing the students knowledge, showing them well known people who committed suicide & the students were given prize

for answering the questions. He gave a detailed explanation on the cause, the stress these people go through before taking such a decision, wrong notation among people about suicide & also how to behave with them once their attempt failed, He also emphasized

on the increasing rate of suicide among the students & how to overcome it. The overall session was very informative and interactive

62. Guest lecture on Biochemical Markers for Prenatal and Pre-eclampsia Screening

was organized in the dept. of O.B.G. by Dr. Sandeep Dixit, Fertin Elron PVT Ltd on the topic Biochemical Markers for Prenatal and Pre-eclampsia Screening . 50 delegates attended the programme.

63. Guest lecture First Trimester Screening

Guest lecture was organized in the dept. of O.B.G. by Dr. Praveen (Navya Fetal Medicine Centre) on the topic First Trimester Screening . 50 delegates attended the programme.

64. Symposium on ROLE OF ENDOVASCULAR INTERVENTIONS IN OBSTERTRICS & GYNECOLOGY

Inter departmental symposium was organized in the dept. of O.B.G. on ROLE OF ENDOVASCULAR

INTERVENTIONS IN OBSTERTRICS & GYNECOLOGY by Dr.Vikram

Patil Assistant Professor, Dept. of Radiology, Dr.Ganesh Gowda, Assistant Professor, Dept. of Vascular Surgery, JSS Hospital . 50 delegates attended the programme.

65. Guest lecture on "Interpretation of monitoring parameters in neonatal and pediatric ICU"

Dept. of Paediatrics organized a lecture on "Interpretation of monitoring parameters in neonatal and pediatric

ICU" by Dr.Sandesh Shivananda, Associate Professor in Pediatrics & consultant neonatologist, Vincor Canada . 70

delegates attended the programme.

66. <u>Guest lecture on</u> "Tilt Table test-Joint Hypermobility and their association with syncope in adolescents"

Dept. of Paediatrics organized a lecture on ""Tilt Table test-Joint Hypermobility and their association with syncope in adolescents"." by Dr. Natraj N Ballal, Asst. Professor of Paediatrics USF, Florida. 60 delegates attended the programme.

67. Guest lecture on Surgical techniques for keratosis obturan & Surgical Management of meniere's diseases

Dept. of E.N.T. organized a lecture on Surgical techniques for keratosis obturan & Surgical Management of meniere's diseases " by Dr.Sreeshyla Basavaraj (JSS Alumini) St Marys Hospital – Isle of Wight England .30 delegates attended the programme.



68. Guest lecture on Bioethics in Clinical Research

Dept. of Psychiatry organized a lecture on Bioethics in Clinical Research by Dr Emily Benning, Bangor University of Sashi, Dr. Rebecca Mcphilips, University of Manchester, UK. 20 delegates attended the programme.

69. Guest lecture on Trauma system Management

Dept. of Emergency Medicine organized a lecture on Trauma system Management by Dr. Emily Bebbington, EM Registrar Bangor University, UK . 20 delegates attended the program

70. Guest lecture on to intubate or not

Dept. of Emergency Medicine organized a lecture on To intubate or not ? by Dr. Harshith Mundada, Assistant Professor, St. John's Medical College on. 30 delegates attended the programme

71. Guest lecture Clinical Research Ethics

Dept. of Emergency Medicine organized a lecture on Clinical Research Ethics by Dr. Rebacca Mcphillips, Research fellow, Manchester University on. 30 delegates attended the programme



72. Guest Lecture series from Academic society

Academic society of JSS Medical College had organized three guest lectures on at Sri Rajendra Centenary Auditorium, JSS Hospital, Mysuru. Dr.Kumar Sannagowdara MD, Asst.Prof., Child Neurology, Epilepsy, Medical College of Wisconsin, Milwaukee, Wisconsin, USA delivered lecture on Overview of approach to comprehensive epilepsy care. Dr.Suma K.S., HOD, Hyperbaric Therapy & Wound Care Center, Bhagwan Mahaveer Jain Hospital, Bangalore, Founding Trustee GV Foundation, Alumni JSSMC-1987 batch spoke about Hyperbaric Oxygen Therapy in Wound Care. Dr.Neema Bhat, MBBS, MD(USA), FAAP(USA), Haematologist, Pediatric Oncologist and BMT Physician, BGS Gleneagies Global Hospitals, Kengeri, Bangalore delivered talk on Role of Hematology and Bone Marrow Transplantation in Modern day Medicine

73. Guest Lecture on A Nutrigenetics approach to study the impact of genetic & dietary factors on Obesity

Academic society of JSS Medical College had organized guest lecture on -A Nutrigenetics approach to study the impact of genetic & dietary factors at Sri Rajendra Centenary Auditorium, JSS Hospital, Mysuru . Dr.Vimal Karani S. Asso.Prof. in Nutrigenetics & Nutrigenomics, Programme Director for Food & Nutritional Sciences degree programme University of Reading, UK delivered the talk.

74. Webinar on Optimal Stroke Management

Academic society of JSS Medical College had organized webinar on **Optimal Stroke Management** at Sri Rajendra Centenary Auditorium, JSS Hospital, Mysuru. Dr.P.N.Syalaja, HOD, Neurology, SCTISMST, Trivandrum and Past President, Indian Stroke Association.delivered the talk.

75. Guest Lecture on - The Digital Patient

Academic society of JSS Medical College had organized Guest lecture on The Digital Patient at Sri Rajendra Centenary Auditorium, JSS Hospital, Mysuru. Dr.C.Donald Combs, Vice President and Dean, School of Health Professions, Eastern Virginia Medical School, Virginia, USA delivered the talk.

76. Guest Lecture on Inheritable Disorders : What is needed to find a curative therapy in India Academic society of JSS Medical

College had organized Guest lecture on "Inheritable Disorders : What is needed to find a curative therapy in India ?" at Sri Rajendra Centenary Auditorium, JSS Hospital, Mysuru . Dr.Sudheendra Rao National Centre for Biological Sciences, Bangalore delivered the talk.

77. Guest Lecture on Surgical techniques for Kerotosis Obturans & Surgical Management of Menieres Disease

Academic society of JSS Medical College had organized Guest lecture on "Surgical techniques for Kerotosis Obturans & Surgical Management of Menieres Disease" at Sri Rajendra Centenary Auditorium, JSS Hospital, Mysuru . Dr.Sreeshyla Basavaraj, St. Marys' Hospital – Isle of Wight, Queen Alexandra Hospital - Portsmouth delivered the talk.

78. Outreach activities aligning with the Goal

Dr.Srinivasa Murthy D, Professor, Department of Pediatrics was accorded with Prof. Y.T. Thathachari Endowment Prize awarded to Research scholars instituted by Bhramara Trust of Y.T. & Madhuri

JSSMC & Hospital, JSS Academy of Higher Education & Research and ORDI organised Race for 7 a marathon . The event was organised to create awareness among public and professionals regarding the importance of identification of rare genetic diseases, timely diagnosis, management and prevention. It was flagged off by His Highness Sri Yaduveer Krishnadatta Chamaraja Wadiyar who supported the noble cause. Dr H Basavana Gowdappa, Principal, Dr Suma MN, Vice Principal and Dr Ghori Deputy Medical Superintendent from JSS Hospital were present in the occasion. Staff, students of JSSAHER, constituent colleges were among 700 participants in the occasion. Specially abled participants added to the spirit of the event.

79.World Health Day

Department of Community Medicine in collaboration with special interest group on public health had observed world health day . The programme began with Final round of nation-wide World health day quiz under the aegis of Indian Association of Preventive and Social Medicine. Totally twelve students in the team of three participated in the quiz competition. Dr.Smitha M and Dr.Nayana Shabadi, Assistant Professor, Department of Community Medicine had been the quiz masters. Totally 180 students in team of 10 participated in the event. The students displayed various innovative ideas and

aspirations to make health care accessible to everyone across the world. Dr.Pushpalatha K, Professor and Head, Department of Anatomy and Dr Mamatha H K, Assistant Professor and Coordinator of Health Systems Management studies, JSS Academy of Higher Education and Research judged the posters based on pre set criteria. Dr.M.R.Seetharam, President, Swami Vivekananda Youth Movement, Mysuru, delivered guest lecture on the theme of World Health Day. He emphasized on need for universal health coverage in India with special focus on three principles of universal health care, namely quality assured health care, financial protection and increased accessibility to health services. Dr.Prasad H.S., Dr.Col. M.Dayananda and Dr.B.N.Rajeeva were invited guests to discuss on Ayushman Bharath.

80. World Blood Donors Day

"World Blood Donor day" was organized by JSS Medical College & Hospital, Blood Bank, Department of Pathology, Mysuru in association with JSS College of Nursing, JSS School of Nursing, Mysuru and Young Indians, CII, Mysore chapter at Sri Rajendra Centenary Auditorium, JSS Hospital, M G Road, Mysuru. The event served to thank voluntary, unpaid blood donors for their life- saving gifts of blood and to raise awareness on importance of for regular blood donations. Parents of Thalassemia patients expressed their gratitude to voluntary donors for making blood available in time and helping them to extent their life.

The program highlighted the importance of World Blood Donor day campaign "Save blood for all" with awareness talk on importance of safe blood donations by Dr.Pallavi P and Organ donation by Dr.Manjunath S Shetty, Professor and HOD, Department of Nephrology, JSS Hospital. A voluntary blood donation camp was organised and 50 donors donated blood in the camp.

Chief Guest, Dr. H Basavana Gowdappa, Principal, JSS Medical College stressed the fact that the blood is the only organ which can be donated frequently without any harm. Dr.PA Kushalappa informed that the donors must be self-motivated and become regular blood donor to improve the availability of safe blood. Mr.Srihari Dwarkanath, Managing Director of GSS Project addressed the importance of creating awareness about blood and organ donation. Blood and organ donation is a noble act.

On this occasion awareness was raised about need for regular, non-remunerated voluntary blood donation. There is no substitute for human blood. There is constant need for blood and blood products. A person by donating one unit of blood can save three lives. Each unit of whole blood is processed into three components namely packed red blood cells, Platelet concentrate and fresh frozen plasma or cryoprecipitate. These components are used to treat accident and trauma victim, patients undergoing surgery and patients with chronic diseases like thalassemia. Blood is a precious resource which one can donate to save lives bothy in

routine and emergencies. The myths related to blood donation was removed by informing that one can donate blood every 3 months which will not lead to any weakness. The age limit for blood donation is 18 to 65 years. Blood donation is safe procedure done using one time sterile blood bags which will not lead to any infections in donors. Females can donate blood safely except for a brief period of pregnancy, lactation and abortion. People should not wait till they are asked to donate, they must consider themselves invited and come forward to donate blood with their friends.

"Safe blood for all" is possible only through non-remunerated, regular, voluntary blood donation. Younger generation must be motivated and encouraged to donate blood as they at low risk of age related diseases.

81.World No Tobacco Day Observed

World No Tobacco Day was observed jointly by JSS Urban Health Centre, NSS Unit of JSS Medical College and JSS College of Nursing, at JSS Urban Health Centre, Medar block . World no tobacco day is an annual awareness day observed worldwide , intended to highlight the health risks associated with tobacco use and to encourage abstinence from all forms of tobacco. Theme of world no tobacco day focused around "Tobacco and lung health".

Anti tobacco rally and street play was organized as a part of world no tobacco day. The rally was flagged off by D of Community Medicine; Dr. Bharath T., NSS Programme Officer of JSS Medical College unit and Assistant Profe Associate Professor of Physiology; Dr.Champaka Malini M.S., Lady Medical Officer of JSS Urban Health Centre at Centre. Dr.Nagendra, Medico Social Worker of JSS Urban Health Centre; Ms.Usharani and Ms.Nisha Nair, faculty o

The rally covered entire Medar block area creating awareness among general public about the ill effects of consumption of tobacco. Later, a street play was performed at JAWA road by the students of JSS College of Nursing lucidly conveying the health related complications of tobacco consumption like high blood pressure, heart problems, lung problems, oral cancer etc. It was also mentioned that cancer would eventually lead to death of the patient if not attended to timely.

Staff of JSS Urban Health Centre, faculty of JSS Medical College, faculty of JSS Nursing College, Nursing students, Medical house surgeons, Dental house surgeons, staff of primary health centre and general public participated in the rally.



82.World Vitiligo Day



83.National Service Scheme (NSS)– Free Health Checkup Camp

NSS Unit of JSS Medical College conducted its Annual Special Camp in the Tribal Haadi's of Ramapura Village, Kollegal Taluk, Chamrajanagar District. The camp was started on 24th March with a formal inauguration programme at Ramapura Village, Dr Shivaprakash S, formally welcomed the dignitaries. Dr Bharath T described the aim and objectives of NSS and mentioned the expectations from volunteers in the special camp. Inauguration and lighting the lamp was done by Pujya Sri Basavanna Swamy, Sri Shivarathreeshwara Branch Mutt, Gopishettiuru and Sri. Basavaraju S, Zilla panchayat member and presided by Sri. Rajshekar, retd Principal, Sri. Nagendra Prabhu P and other leaders of village were present on this occasion.

The free health checkup camps was organized across various villages and tribal haadis like Dinalli, Arjun Doddi, GollaraDimba, MM Hills and Ramapura village of Kollegal Taluk, Chamrajanagar District. A total of 1089 patients got the benefits of the free camp. The patients above 40 years were screened for Diabetes, Hypertension and cardiovascular diseases using ECG. They were given treatment on spot with the help of specialists from General Medicine, Pediatrics and Gynaecology. The ones who are in need of advanced care were referred to JSS Hospital, Mysuru. Free Dental Health checkup camp was held on 28th of March where 86 people have participated and benefited. Street plays on important issues like Hand Hygiene, alcohol and tobacco ill effects were enacted by the NSS volunteers.

The valedictory programme of the camp was held in Ramapura village . Dr Sunil Kumar D. Dr Shivaprakash S, Dr Bharath T, Sri. Rajashekar and others were present on this occasion.



84.WORLD POPULATION DAY : Awareness sessions on family planning services

World Population Day is an annual event, observed on July 11th every year, which seeks to raise awareness about global population issues, such as the importance of family planning, gender equality, poverty, maternal health and human right. The Teheran Proclamation states : "Parents have a basic human right to determine freely and responsibly the number and spacing of their children." so this year theme is "Family planning is a human right".

In this regard the the programme was arranged in Urban Primary Health Centre (UPHC), Bannimantap Mysuru., with the cooperation from Dr.Lokesh, Medical Officer of UPHC, Bannimantap. We had organized awareness, talks & an exhibition for general population, showing different methods and devices pertaining to family planning.

Programme was started with a welcome speech by Mr.Santhosh, Health Inspector, JSS Urban Health Centre, Meadar's block, Mysuru. Programme was inaugurated by Dr.Lokesh by watering the plant. Dr. Lokesh addressed the gathering by giving a brief history of "National Family Planning Programme" in India and highlighted the various family planning methods offered by the Government of India and also importance

of sterilization methods like Tubectomy and Vasectomy. This was followed by a note on "Population explosion: Ill effects" by Dr.Anil S Bilimale, Assistant Professor, Department of Community Medicine, JSSMC. Which was followed by a brief talk by Dr.Shwethashree M, Assistant Professor, Department of Community Medicine,

JSSMC on "World Population Day" and its importance by making the participants to think over the problems of Population explosion by pointing out with many examples.

Later "Family Planning Methods Exhibition" was inaugurated by Dr. Praveen Kulkarni, Associate Professor, Department of Community Medicine, JSSMC and Dr.Lokesh, The Postgraduates of Department of Community Medicine and interns of JSSMC explained and educated the visitors regarding different family planning methods. The response from the visitors was very positive and encouraging. The programme was concluded by felicitating the Chief guest as a token of gratitude from Department of Community Medicine and vote of thanks by Mr.Santhosh, Around 300 people had participated which included general population, ANM's, Accredited Social Health Activists (ASHA) of UPHC, Bannimantap, Post Graduates, Interns of JSS Medical College and made the program a grand success. Lunch was arranged for all the participants. Overall the programme was grand success.











85. Medical Exhibition at Sri Suttur Jatra Mahotsava

JSS Medical College has won the first prize in Medical Exhibition which was conducted as a part of Sutturu Jatra Mahotsava at Sutturu Sri Ksl with the theme, "Step towards healthy living and had concentrated on the thrust areas like, prevention and control of mosquito borne disea cancer, family planning methods, ill effects of consuming medicines without doctor's prescription, structure of human body, food adulteration of the structure of human body.

diabetes. As a part of exhibition, screening for diabetes, hypertension, HIV and Tuberculosis were also conducted. A total of 1035 persons above the age of 30 years underwent blood sugar estimation of whom 46 were newly detected to have diabetes. Out of 1513 persons undergoing test for blood pressure, 290 were found to have hypertension for the first time. 198 individuals were tested for HIV and 3 were tested for tuberculosis and none were found positive.

Interactive and Innovative health awareness techniques like family planning awareness wheel, short health education videos, snake and ladder games, mosquito control models, food and health pyramid attracted the general public to enhance their knowledge. More than 1 lakh people visited the exhibition stall over six days and benefited from it. Faculty members, post graduate students, interns and MBBS students interacted with the people and solved their doubts related to health problems. Department of Community Medicine, Biochemistry, Pharmacology, Pathology, Microbiology, Anatomy, Faculty of Life Sciences, Physiology had actively participated in the exhibition.

86. WARENESS SESSIONS ON THE OCCASION OF WORLD BREAST FEEDING WEEK

Department of Community Medicine, JSS Medical College observed Breast Feeding Week . As a part of this occasion awareness Programmes like health education talks at various places addressing different group of people were organized.

On 2nd August Health talk was delivered by Dr. Shwethashree N, Assistant Professor, Department of Community Medicine, JSS Medical College, Mysuru to women who were pregnant, lactating mothers & elderly nursing women of Halim Nagar in collaboration with UPHC, Bannimantap, Mysuru. The Programme was arranged at Halim Nagar Urdu School hall, with the cooperation from Dr.Lokesh, Medical Office of Bannimantap PHC, Mysuru. Around 86 women with their children had gathered along with ANMs & ASHA workers of UHC Bannimantap.On 5th August Health Education session was conducted at JSS Urban Health Centre, Medhar block, by Dr Smitha M C, Assistant Professor, Department of Community Medicine, JSS Medical College, Mysuru. Nearly 60 Participants including Antenatal mothers, Anganwadi workers, Asha workers, ANM's and public were present during the event.

On 6th August awareness session on Breastfeeding was held at JSS Women's Degree College, Saraswatipuram, Mysuru, by Dr Nayanabai Shabadi, Assistant Professor, Dr Aparna, Dr Shabeena and Dr Dhanya,Post graduates in Department of Community Medicine. Around 450 Participants including Degree students of different disciplines like BSc, BA, MSc, BBA, BCA, B.Com, M.Com and Principal of the college, faculty members and NSS Officers of the college. Dr Nayanabai Shabadi provided information to the audience about importance of observation of breastfeeding week and need of knowing importance of breastfeeding even if anybody is not married or not being pregnant or lactating.

Breast feeding awareness talk held on. The Programme was organized jointly by PHC Kadakola and Department of Community Medicine. Over 85 participants including pregnant women, their relatives and health workers at PHC Kadakola attended this session. Dr Anil S Bilimale, Dr Jose Jom Thomas, Dr Chandana and Dr Preetha represented the JSS Medical College and delivered the talk. It was an interactive session where the information was provided with pamphlets, banner and PowerPoint Presentation displayed on the screen. The mothers shared their experiences and got oriented towards the uses and methods of breast feeding.



The Dept of Paediatrics JSS Hospital celebrated the WORLD BREASTFEEDING WEEK with great spirit and enthusiasm. Chief Gue Jyothi(IAS), Chief Executive Officer, Zilla Panchayat, Mysore. Dr.(Col) Dhayanand, Director, JSS Hospital, Dr. M. Guruswamy, Medical Superintendent, JSS Hospital, Dr.Jagadish Kumar K, professor & HOD of Pediatrics, Dr. Sujatha M S, Professor & HOD of OBG, Dr. Rajeshawari, President IAP, Mysuru District were Guests ofHonour. Dr.Srinivasa Murthy D, Professor of Pediatrics spoke on advantages of breast feeding and celebrations of breastfeeding week. 150 delegates & 50 mothers attended the programme at SRCA, JSS Hospital, Mysuru.



87. NATIONAL DEWORMING DAY

National Deworming Day was observed in Government Primary School, HUDCO. Health education on the importance of Deworming was given to children attending school. Dr. Chandana H and Dr. Aparna Mohandas, Postgraduates, Department of Community Medicine, JSSMC along with an ANM and ASHA worker from Bannimantap Primary Health Centre distributed Albendazole tablets to all children. The total number of beneficiaries were 82.



88.AWARENESS SESSIONS ON THE OCCASION OF WORLD HEART DAY

Health Education Program on Cardiovascular Diseases was conducted on occasion of World Heart Day at JSS Urban Health Centre, Medhar Block, Bamboo Bazaar. The theme of this year's World Heart Day was "My Heart, Your Heart". The programme was conducted by Dr Jenee Dowerah and Dr Jose Jom Thomas, Postgraduates from the Dept. of Community Medicine, JSS Medical College with the assistance of Mr Santhosh, Health Inspector, JSS UHC under the guidance of Dr.Champakamalini, M.O., JSS UHC.Group discussions and video demonstrations were conducted, wherein the participants were sensitized about the impact of cardiovascular diseases. The participants were made aware of the risk factors and warning signs of CVD. The participants were empowered with knowledge regarding the prevention of CVD and were encouraged to undergo lifestyle modification, regular health check-ups and weight reduction. A total of 13 participants ranging from the ages of 15 to 68 years took part in the programme. The programme was conducted successfully with the participants pledging to lead a healthy life.





89.C HILDREN'S DAY CELEBRATION

Children are the hope of every country's future and their innocence is celebrated every year on the 14 November in honour of Pandit Jawaharlal Nehru.

The Dept of Paediatrics JSS Hospital celebrated the Children's day. The event was inaugurated by Dr Basavana Gowdappa H, Principal JSSH. Other dignitaries in attendance were Dr Manjunath G V, Vice Principal JSS MC, Dr Guruswamy, MS of JSSH, Dr.Shanthamallappa M.S, RMO, the chief guests expressed their happiness over the activities arranged for the children. A large number of children along with their parents and caretakers were present. All the children were given sweets & awards were distributed to all the prize winners.

The Programme included Magic show by Syed, Baby Oral Health competition and Games for Kids.

90.AWARENESS RALLY and Talks ON THE OCCASION ON WORLD DIABETES DAY





Department of Community Medicine, JSS Medical College, JSS Academy of Higher Education and Research observed World Diabetes Day at JSS Urban Health Centre, Medhar block, Bamboo Bazar, Mysuru.

As a part of the occasion various events were organized. The day started with inauguration of the programme by releasing the balloons by Dr H Basavana Gowdappa, Principal, JSS Medical College, Dr Suma MN, Vice Principal (Pre and Paraclinical), JSS Medical College, Dr M R Narayanana Murthy, Professor and Head, Dept of Community Medicine, and Dr Champakamalini, Medical officer, JSS UHC. Dr M R Narayanana Murthy, Professor and Head, Dept of Community Medicine welcomed the dignitaries and briefed about the whole day events. Dr H Basavana Gowdappa, Principal, JSS Medical College addressed the gathering by quoting the burden of the disease and the disease features and its management and Dr Suma MN Vice Principal (Pre and Paraclinical) JSS Medical College addressed the gathering regarding the reason & importance of World Diabetes Day observation .

Followed by this Diabetes Awareness Jatha was flagged off by Dr H Basavana Gowdappa, Principal, JSS Medical College, JSS AHER and Dr Suma MN Vice Principal (Pre and Paraclinical) JSS Medical College, JSS AHER. Dr M R Narayanana Murthy, Professor and Head, Dept of Community Medicine welcomed residents of Medar block to take part in the Health checkup at 10:00 am.

All the invitees, faculty members and post graduate students of Dept of Community Medicine, School of Public health, staffs of JSS UHC,Dept of Health Systems Management Studies, JSSAHER, JSS school of nursing participated in the Jatha, All through the Jatha the residents of Medar block were given health education by showcasing placards, distributing pamphlets and by inviting them to make use of free medical camp. After the Jatha breakfast was arranged for all the participants.

At 10:00 am the medical camp cum diabetes screening programme was inaugurated by Mr Sathish Chandra, Administrative Officer, JSSMC by getting his blood glucose checked. Diabetes Screening camp was organized with the help of Dept of Health Systems Management Studies, JSSAHER. Random blood sugar estimation

and HbA1C determination along with anthropometric assessment was done for individuals above the age of 30 years. Over all 111 people got their Health checked with Blood pressure measurement and RBS & HbA1C check-up.

Among the 111 people checked 35 were hypertensive and 38 were diabetic with 6 people being uncontrolled diabetic(>300mg/dl). Among the 38 diabetics only 2 were newly diagnosed in our camp. HbA1C was done for 56 people based on there History and diabetic status

Simultaneously street plays on diabetes awareness was performed by students of JSS School of Nursing at the Auto stand of Medar block and Diabetes Awareness talks and video shows were organized to sensitize the people on risk factors, prevention and control of diabetes for people after they got blood sugar checked. Meantime the patients where served sprouts to encourage healthy diet. At the end of the camp lunch was served to all health care professional.



91. Free Diabetes detection & treatment camp & diabetes Education programme for the public as a part of "World

Diabetes day" Celebration at Sri Rajendra Centenary Auditorium, JSS Hospital, Mysuru.

Resource persons

- 1. Myths & Facts about Diabetes Dr.H.Basavana Gowdappa
- 2. Link between Diabetes & Obesity Dr.B.V.Rajgopal
- 3. Diet in Diabetes Dr.M.Premanath
- 4. Role of Exercise in Diabetes Dr.Lakshmegowda
- 5. Addressing Elderly with Diabetes Dr. Pratibha Pereira





92.HIS HOLINESS JAGADGURU DR SRI SHIVARATHRI RAJENDRA MAHASWAMIJI ANNUAL ORATION ON "Translation research in Epilepsy – Indian Perspective"

His Holiness Jagadguru Dr Sri Shivarathri Rajendra Mahaswamiji Annual Oration was held at JSS Hospital . Dr P Satischandra, Former Director and Vice-Chancellor; NIMHANS, Senior Neurologist at Apollo institute of Neurosciences, Bengaluru was the orator. The topic was on "Translation research in Epilepsy – Indian Perspective". He emphasized on the evolution of epilepsy research from anatomical to molecular aspects that help in mapping out the foci of epileptic generators in the brain amenable to Epileptic surgeries, especially in refractory cases. He also highlighted the need for extrapolating research from laboratory to bedside including emphasis on modern diagnostic modalities in Epilepsy. Oration was inaugurated by Dr Surinder Singh (Vice Chancellor, JSS AHER). Dr Harsha S (Professor and Head, Department of Neurology, JSS MC) and Dr Suresh K (Professor and HOD Neurology, MMC RI) chaired the session. Dr H Basavanagowdappa (Principal, JSS Medical College), Dr (Col) M Dayananda (Director, JSS Hospital), Dr B J Sharath Chandra (Chairman, Academic Society) and Dr Subramanian R, Secretary Academic Society were present. The program was attended by faculty, undergraduates and post graduates of JSS Medical College and Mysuru Medical College. The program was followed by Clinical Case Discussion by Post Graduate students of MMCRI and JSSMC. Dr Shasthara P, Assistant Professor of Neurology was the Master of Ceremony.

93. Fit India Campaign

National Service Scheme, JSS Medical College Unit, in association with NSS units of constituent Colleges of JSS Academy of Higher Education & Research, had organized a live telecast of launch of Fit India campaign by Honourable Prime Minister of India, Sri. Narendra Modi, at the Auditorium of JSS College of Pharmacy, Mysore.

The live telecast was arranged. NSS volunteers of all the units of JSSAHER along with other students and faculty of the constituent colleges took part in the event. Overall around 400 participants viewed the telecast which included 160 students from JSS Medical College and staff. The participants witnessed the colourful cultural events which preceded the address by the Prime Minister. Later on, the address of the Prime Minister to the citizens of India followed. Prime Minister in his address stressed upon the importance of fitness and the advantages of being fit and healthy. He also urged all the citizens to take a pledge to dedicate some time daily for physical activity to improve the fitness levels. The programme concluded with National anthem.

94.Yoga Chain Event at Mysore Palace

The NSS volunteers of the JSS Medical College unit of JSS Academy of Higher Education and Research participated the Yoga chain event organized be Yoga Dasara sub-committee, which was held at the Mysore Palace as a part of the Mysuru Dasara celebration . Around 60 volunteers from JSSMC unit participated in the event. The event was supervised by the members of SPYSS yoga society.

The event started at half past six in the morning, when all the participants were asked to form concentric circles around the stage from where the various yoga asanas would be demonstrated. In the cool morning breeze and the warm sunshine, participants performed basic yoga asanas like 'trikonasana' and 'ardhachakrasana'. Participants also had a brief session of breathing exercises that included 'anulom' and 'vilom' after which they witnessed practice sessions of the evening processions with extravagantly adorned elephants mounted with festive umbrellas.

The event came to a close at eight o'clock when all the participants took photographs, collected their certificates and had breakfast. Indeed a very memorable event, all the volunteers would surely have promised to themselves to attend the event again next year.

95.H ealth check up of kindergarten children of Acharya Vidyakula, Mysore

NSS Unit of JSS Medical College in association with Department of Physiology conducted health check up of kindergarten children of Acharya Vidyakula, Mysore . Pediatrician Dr Nandish, Junior residents Dr.Rajeev and Dr Tanya from Department of Pediatrics, JSS Medical College and Hospital examined the children. Eighty children from play group and kindergarten were examined; and treated if required. Dr Bharath T, NSS Programme Officer of JSS Medical College Unit, Dr Ravishankar, Assistant NSS Programme Officer, Dr Vijaya Vageesh, Assistant Professor of Physiology were present. Headmistress of the School Mrs. Neela and other teachers of the school thanked the doctors for the services rendered on the occasion.



96.Rally and street play on evils of tobacco consumption on the occasion of World No Tobacco Day at JSS Urban Health Centre



97.World Hearing Day

World hearing day by conducting hearing week & awareness programme at Place Ground, Mysuru, 250 participants were attended.



98.Model health village project, Suttur

Comprehensive health care is offered to the people residing at Suttur village through preventive, promotive, curative, and rehabilitative approaches. The residents of the village are provided care and support for all varieties of illnesses and those who are in need for specialized care are referred to JSS Hospital.



99. School Health Appraisal Programme

The activity of school and college health appraisal was undertaken by a team consisting of, an Associate/Assistant Professor, Post Graduate students, interns. Visited schools and colleges as per prefixed schedule and undertook the exercise.

A total of 19625 children and adolescents studying in 60 schools of Mysuru and Chamarajanagara districts, which come under JSS Mahavidyapeetha. General health check up, screening for eye diseases, ear, nose and throat problems, systemic examination were conducted. On the spot treatment was provided to the children with acute illnesses and those who required specialized care were referred to JSS Hospital, Mysuru.



100. Dr Somashekhar and Malathi Munavalli Awareness project for Rural Areas of North Karnataka (SMARAN)

This health awareness project is implemented in Belgaum, Dharwad, Vijayapura, Bagalkot and Gadag districts. The project implemented in Bagalkot district last year focused on diagnosis, treatment and prevention of anemia among school children and pregnant women. This year the project is under implementation at Gadag district and the focus area is prevention of Substance abuse



101. Hospital related statistics

Centre	Particular	Statistics
JSS Hospital Mysuru	Total Out-Patients	1014157
	Admissions	97322
	Surgeries	97363
	Total laboratory investigations	2574884
	Radiology	184481
	Blood Bank Units	19486
JSS Hospital Chamarajanagar	Total Out-Patients	37,361
	Admissions	2325
	Surgeries	387
	Total laboratory investigations	47,592
	USG, ECHO and X-Ray	6134
JSS HOSPITAL, SUTTUR- Medical Unit	Total Out-Patients	12132
	Suttur Jathra Mahostava free health check up	3666
JSS HOSPITAL, SUTTUR- Dental Unit	Total Out-Patients	5873
	Suttur Jathra Mahostava free dental check up	682
JSS Urban Health Centre. Medar's Block	Outpatients	4266

JSS Hospital at Chamarajananara and Suttur are basically created to provide quality secondary/tertiary level health care for all

the poor and needy patients at affordable prices.

102. Special Clinics at JSS Hospital

Belaku Clinic: This is a child development and guidance clinic which encompasses follow up of high risk neonates for early recognition of childhood developmental disabilities, and also care of children with special needs including behavioural problems. Belaku clinic was started in November 2017, this year total of 1642 infants and children visited the clinic for follow up, of which 370 babies underwent developmental screening. About 12 children who had failed in the 1st developmental screening have subsequently passed (after 3 to 6 months interval), following multidisciplinary intervention. They will still be followed up until late childhood, as a part of child guidance clinic. Around 60 children presented with behavioural problems including conduct disorder, autism, ADHD, childhood depression and anxiety disorder. A unique clinic not only in Department of Pediatrics, JSSH, but, in Mysuru city. This is expected to benefit all children with developmental issues and mental health problems.



103. Other Special Clinics

Department	Special Clinics	Days
Pediatrics	Genetic counseling clinic	Monday and Thursday
	Baby Oral Health Promotion clinic	Monday and Thursday
	Breathe healthy clinic	Tuesday
OBG	High Risk pregnancy	All days
	Infertility	All days
	Menopause	All days

Ophthlamology	IOL Cataract	All days
	Retina, uveitis and neurophthalmology	Tuesday , Thursday, Saturday
	Cornea (Keratolasty, contact lens fitting)	Tuesday , Thursday, Saturday
	Glaucoma	Monday, Wednesday, Friday
	Paediatric Ophthalmology an strabismus (paediatric cataract, amblyopia and squint)	Monday, Wednesday, Friday
	Orbit and Oculoplasty (ocular tumours, thyroid eye disease, lid abnormalities and lacrimal surgeries)	Monday, Wednesday, Friday
	Retinopathy of prematurity (ROP) screening	Monday and Thursday
ENT	Head and Neck cancer clinic	All days
	Speech clinic	All days
	Swallowing clinic	All days
	Sleep clinic	All days
	Headache clinic	All days
	Vertigo clinic	All days

Dermatology	STD and AIDS clinic	All days
	Vitiligo clinic	Wednesday
	Psoriasis clinic	Wednesday
	Pigmentary clinic	Thursday
	Auto immune diseases clinic	Thursday
	Leprosy clinic	Friday
	Vesciculobullous disorders clinic	Saturday
Geriatrics	Comprehensive assessment clinic	All days
	Bone and fall clinic	Tuesday
	Memory and cognition clinic	Thursday

	Elderly vaccination clinic	Saturday
Urology	Transplant clinic	All days
	Andrology clinic	All days
General Medicine	Endocrinology clinic	Monday
	Gastro enterology clinic	Tuesday
	Geriatric clinic	Wednesday
	Cardiology clinic	Thursday
	Nephrology clinic	Friday
	Neurology	Saturday
	Haematology clinic	Sunday
General Surgery	Breast clinic	Monday
	Thyroid clinic	Tuesday
	Gall stone clinic	Wednesday
	Hernia clinic	Thursday
	Varicose veins clinic	Friday

	Anal disease clinic	Saturday
Pulmonary Medicine	Bronchoscopy clinic	Tuesday and Thursday
	Asthama and Allergy clinic	Tuesday
	COPD and Pulmonary rehabilitation	Wednesday
Psychiatry	Ketamine clinic	All days
	Sexual Medicine clinic	All days
Cardiology	Anticoagulation clinic	All days
	Heart failure clinic	All days
Orthopedics	CTEV Clinic	Monday

Hand Clinic	
Spine Clinic	Tuesday
Arthroplasty Clinic	Wednesday
Arthroscopy Clinic	Thursday
Fracture Clinic	Friday

104. Health Camps conducted

Department	No. of Campus	Screened	Referred	Conversion
Eye Camp	79	3824	637	634
Cardiology Camp	16	2944	128	21
General Camp	27	12,805	175	13
Blood Donation Camp	08	574 Units Collected		

Ophthlamology camps



General Heath Check up and Cardiology Camps





105. Guest lecture on the topic: Cancer not a death sentence

Dr. Vasanth Kumar Fellowship in Diabetology, Professor Interventional Pain Physician,Quantum energy medicine&Life style Management,Mysore delivered a lecture on "**Cancer not a death sentence**". He illustrated some examples on how to correlate between mind and parachute, suggested pupils to be open minded during learning and be interactive with people. Dr.Vasanth Kumar taught the students about yogic breathing and the benefits associated with it. He spoke about memory, learning and mind control and in this regard he taught a few breathing exercises like pranayama. Later he spoke about cancer which destroys people both physically and emotionally. So in order to avoid it what are the preventives measures we need to take. He mainly focused on diet- and its importance. Dr.Vasanthkumar enlightened the students about significance of ORAC value (oxygen radical absorbance capacity) and ORP value (oxidation reduction potential).He concluded his talk by giving advice to students that developing a positive attitude with physical, mental, and emotional wellbeing and along with maintaining proper and good healthy foods helps them to get rid fromcancer.At the end of session, he spoke about how to inculcate spirituality in life and how does it helps. His session was interactive, scientifically informative and spiritual to students.



Dr.Vasantha Kumar K R during his guest lecture on "cancer-not a death sentence" at Department of Pharmacology with staffs and students .

106. Health Screening Camp Conducted at Mysuru City

Department of Pharmacy Practice, JSS College of Pharmacy, Mysuru, in collaboration with NSS Unit of JSS College of Pharmacy, Mysuru and Indian Pharmaceutical Association (IPA), Mysore Local Branch organized a Health Screening Camp at three different locations Viz., Bal Bhavan, Chamundi Hills Footsteps and Lalith Mahal Gate between 6.00 AM and 9.00 AM. The aim of the health screening camp was to sensitize the people about the importance of regular monitoring of health and safe use of medications. During the camp, interested public were screened for blood pressure and blood glucose levels. A total of 207 people were monitored for their blood pressure and blood glucose levels. At the time of monitoring, 66 people were found with elevated blood glucose level and 77 people were found with elevated



levels of blood pressure. People who were identified with the elevated levels of blood pressure and blood glucose levels were advised on Non-

Pharmacological management and suggested to consult physician for further diagnosis & treatment.

107. Blood Donation Camp

On '58th National Pharmacy Week Celebration'. The Department of Pharmacy Practice in association with National Service Scheme, JSSCP, Mysuru and Indian Pharmaceutical Association, Mysuru Branch organised a blood donation camp at JSS College of Pharmacy, Mysuru. Dr. T.M. Pramod Kumar, Principal, JSS College of Pharmacy, Mysuru and Dr.Namratha, Blood Bank Officer, JSS

Hospital, Mysuru inaugurated the program. More than 100 staff and student volunteers registered and were screened. The volunteers were screened for their eligibility to donate the blood through their blood pressure check-up, weight check-up, blood group matching and other procedures. The eligible volunteers were selected for blood donation and the program lasted up to 1:00 PM in the afternoon. A total of 52 units of blood were collected from the staff and volunteers.



108. Exhibitions stall of Poison Information Centre at Sutturu Jathra

The Department of Pharmacy Practice, JSS College of Pharmacy, Mysuru exhibited a stall on Poison Information Centre (located at JSS Hospital, Mysuru) during the six-days JathraMahotsava held at Sri SutturuSrikskhetra. Several thousands of people from in and around Mysore and nearby districts visited the stall and witnessed the event. The objective of exhibiting a stall was to showcase the various activities carried out by the Poison information Centre of Department of Pharmacy Practice.



Also, the general publicwerebriefedabout goals, objectives and various activities and roles of each of the five departments of the college. During the exhibition, general public were educated on the poison information services, safe use ofmedicines, safety precautions to be taken while using medications in elderlypopulation, children and alsoabout safe storage of medications.

Also, the farmers were educated on safe use of pesticides and the preventive/precautionary measures to be adopted to avoid the toxicity while using pesticides for farming. The public/farmers/villagers were also made aware of Poison information Centrerun by the Department of Clinical Pharmacy located at JSS Hospital, Mysore and its 24X7 free services on provision of information on prevention & management of different types of poisoning cases. Also general public and farmers were made aware of 24X7 Toll-Free number (1800 425 0207) and mobile number (+91 6363539153) for seeking the information on management of different types of poisoning cases.





109. Yoga - Lecture on Yoga Therapy

Dr. A R Seetharam, Director, Paramahamsa yoga therapy and counselling centre, Mysuru, delivered lecture on yoga therapy. In his inaugural address he emphasized on the importance of Yoga in the learning stages of a student's life. He said that soft skill and personality development programmes would instil self confidence in life. He advised students/young minds to work hard in their learning period to become good professional pharmacists of the future.



110. International Yoga Day

National Service Scheme (NSS) of JSS University, Mysuru along with the constituent colleges celebrated international Yoga day in the premises of Mysore Race Club in view to support the Government of Karnataka to enter into the Guinness book of records for the highest number of participants



G.T. Devegowda, Shri. Sa. Ra. Mahesh and Members of

el indoor sports room, JSS Medical Institutions campus, bus ASANAS of yoga. About 100 faculty members of JSS



111.Health Screening Camp Conducted at Chamundi Hill

Department of Pharmacy Practice, JSS College of Pharmacy, Mysuru, in collaboration with NSS Units of JSS Academy of Higher Education & Research and Indian Pharmaceutical Association (IPA), Mysore Local Branch organized a Health Screening Camp for the benefit of pilgrims visitingChamundi hills . The aim of the health screening camp was to sensitize the people about the importance of regular monitoring of health and safe use of medications. During the camp, interested public were screened for blood pressure and blood glucose levels. A total of 175 people were monitored for their blood pressure and blood glucose levels. At the time of monitoring, 44 people were found with elevated blood glucose level and 32 people were found with elevated levels of blood pressure. People who were identified with the elevated levels of blood pressure and blood glucose levels were advised on Non-Pharmacological management and suggested to consult physician for further diagnosis & treatment. We thank Principal, JSS College of Pharmacy, Mysuru, and NSS coordinator, JSS AHER, Mysuru for their support and encouragement in organizing this camp.

112. Exhibitions stall of Poison Information Centre at SutturuJatra -2020

The Department of Pharmacy Practice, JSS College of Pharmacy, Mysuru exhibited a stall on Poison Information Centre (located at JSS Hospital, Mysuru) during the six-days JathraMahotsava held at Sri SutturuSrikshetra. Several thousands of people from in and around Mysore and nearby districts, taluks and villages visited the stall while witnessing the event. The stall exhibited by JSS College of Pharmacy, Mysuru was inaugurated with

the gracious presence of Jagadguru His Holiness Sri ShivarathriDeshikendraMahaswamiji by Shri M. VeerappaMoily, Former Chief Minister of Karnataka on 21st Tuesday 2020 at 04:30 PM in the presence of other delegates.



During the event, more than thousand people from different places visited the stall and visitors were briefed about the various courses offered by the college and career opportunities available for pharmacy graduates. Also, the general publicwerebriefed about goals, objectives and various activities and roles of each of the five departments of the college.

Also, during the exhibit, general public were educated on the poison information services, safe use of medicines, safety precautions to be taken while using medications in elderly population, children and also about safe storage of medications.



113. National Pharmacy Week Celebrations

An initiative of Indian Pharmaceutical Association (IPA) "National Pharmacy Week (NPW)" is a channel to create awareness among the general public about the profession of Pharmacist and the role he plays to make a Healthier India. The theme for this year is **"Pharmacist: Your Medication Counsellor".** The 58th National Pharmacy Week was celebrated and was inaugurated by **Dr. Prashant Kole,** Senior Principal Investigator, Syngene International Ltd., Bangalore. The Chief Guest of the event was **Mr. Anand Krishna**, Manager, GSK Pharmaceuticals Ltd., Kolar. He said that today there are many ways by which pharmacist can help patients based on their requirements. The president of the event was **Dr. T M Pramod Kumar**, Principal, JSS College of Pharmacy, Mysuru. Guest of Honor for the celebrations are **Dr. Md. Salahuddin**, Vice President, IPA, Mysuru local branch & Principal, Farooqia College of Pharmacy, **Dr. Hanumathachar Joshi**, Principal, Sarada Vilas College of Pharmacy and **Dr. Manjunata M,** Principal, Cauvery College of Pharmacy, Mysuru.



114. Vaccine safety measures and educating the parents on vaccination

Faculty at JSSCPM coordinate the active vaccine safety surveillance program at the Immunization center of Pediatric department at JSS Hospital, Mysuru. Theu also coordinate the reporting of adverse events following immunization to Pharmacovigilance Program of India (PvPI) and Ministry of Health and Family Welfare, Government of India. They also coordinate Global Vaccine Safety Multi Country Collaborative (GVS- MCC) Studies of World Health Organization (WHO). Clinical Pharmacy team is involved in the preparation of total parenteral nutrition to neonates in the Neonatal Intensive Care Units (NICU). Clinical Pharmacy team is involved in educating parents on safe and quality of vaccines in the Pediatric department of JSS hospital. Staff members coordinate Phase II, III and IV vaccine clinical trialsat JSS Hospital. Staff members are involved in educating and supporting Thalassemia patients in improving their health related outcome.

115. Induction Programme for students

JSS College of Pharmacy, Mysuru has organized Student induction and personality development Programme . The Student Induction Programme was inaugurated by **Dr. A R Seetharamam**, Director, paramahamsa yoga therapy and counselling centre., Mysuru. In his inaugural address he



emphasized on the importance of soft skill and personality development programmes and emphasized on the importance of Yoga to students in their learning stage. The guest of honor of this induction program was **Dr. H. BasavanaGowdappa**, vice chancellor, JSSAHER, Mysuru. With his brief motivational talk, he inspired students to continue their learning till the Doctoral level and mentioned that the students should have aims and objectives to achieve their goals .And at last he quoted "What you dream, you should achieve". **Dr. T.M. Pramod Kumar** Principal, in his presidential address, explained the importance of this program and motivated all the students to actively participate in the entire seven days program.

After the inaugural function, two lectures about personally development program were organized. **Dr. Venkateshkumar G.** Retired Professor, Department of psychology, Manasagangotri, Mysuru delivered a talk on **"Empowering the Youth"**, he covered the aspects of personality development, ways and steps to reach the goals were emphasized. He also mentioned that, the students to be expressive any stage of their course.

Mr. Madhan , Motional trainer from ISKCON, Mysuru, spoke on the topic "Art of Mind Control" on behalf of Rasika ShekaraDasa,Vice-President of ISKCON,Mysuru. The purpose of Art of Mind Control programme is in shaping the values of the college students for the enhancement of physical, mental, intellectual and spiritual well-being. They also addressed some of the fundamental challenges that youth of the present daysthe problems they are going to face in their lives, and looks at equipping them with practical tools and techniques to face these challenges with courage and resolve problem.He stressed that the enrichment workshop designed based on the ancient texts, enable individuals from all walks of life to become more focused, cultivate positive value systems, develop interpersonal skills and enhance personal growth.

116. Health Screening Camp

Regular free health screening camps are conducted at different places of Mysuru for the benefit of general public. In the health screening camps Random Blood Sugar levels and Blood Pressure were tested at free of cost. The person found with elevated or abnormal levels, were suggested to consult the physician so that early treatment can be initiated and complications can be prevented.



117. Patient Medication Counselling & Education Service JSS Medication Information for Neuropsychiatric Disorders and Sensitization (JSS MINDS)

A special education center for patients suffering from neuro psychiatric disorders is established in JSS Hospital in which clinical pharmacists provide focused counselling on safe use of medications, importance of medication adherence which in turn enhances the therapeutic outcomes and quality of life of patients.



118. Ambulatory patient counselling and education centre

A education centre for patient counselling and education on medications is established in JSS Hospital to improve the adherence and knowledge about pharmacotherapy in outpatients and to maximize the efficacy, medication adherence and minimize the adverse drug events.



Anti – Coagulation Therapy Management

The department of Clinical Pharmacy in collaboration with department of Cardiology initiated the anti-coagulation therapy management service with an aim to optimize anti-coagulation therapy that reduces the risk of thromboembolic as well as bleeding events besides imparting therapeutic outcomes and also to provide focused medication counselling and thereby improving the medication adherence in patients receiving anti-coagulation therapy.

119. Annual Sports and Athletic Meet

The Annual Sports meet of JSS College of Pharmacy Mysuru was held on 20.02.2020 Thursday at the JSS Medical College Play Ground. The dignitaries present on the occasion wereMrKyoshi S Sunil Kumar, Chief Gust of the event, a proud alumnus of our college currently he is South Asian representative of Okinawa karate Do ShorinRyu and International Shorin Kai Kobudo. Dr Usha Hegda, Professor& Head, Dept. of Oral Pathology & Microbiology, JSS Dental College & Hospital, Dr T M Promod Kumar, Dean and Principal, JSS College of Pharmacy, Mysuru, Dr P K Kulkarni, Vice-Principal, JSS College Of Pharmacy, Mysuru, Mr Lokeshappa, Sports Coordinator JSS AHER, Dr.M P Venkatesh and Mr Hemanth Kumar S, Sports Coordinators, JSS College of Pharmacy Mysuru

The programme started with the welcome address by Mr Kyoshi S Sunil Kumar and other dignitaries present on the occasion. The Torch was lite by DrKushalappa P.A, and was carried by Mr AqeebKhan Sports secretary JSS College of Pharmacy Mysuru and Ms RamalakshmiJoint Sports secretary and other students. Mr. Lokeshappa, Physical Director, JSS Academy of Higher Education & Research coordinated in conducted the events.







Dr.Vasantha Kumar K R, Professor, Quantum energy medicine & Life style Management, Mysore delivered a speech on "Power within".

He started the session by interacting with students, asking the definition about "youngster and "how to change from "youngster" to "young star". He illustrated some examples by correlating the mind to the parachute, like which, the students also should be open minded during learning and interact with people. He enlightened students with examples on how to overcome inferiority complex. Dr.Vasanth Kumar taught them about yogic breathing and its benefits and asked them to practice this before studying. He spoke about memory, learning and how to control mind. In this regard he taught a few exercises like pranayama. In addition to these skills he spoke about Attitude, Power of attention, importance of attention in class room, asked students to build problem solving capacity



and anger management. He taught them how to overcome Fear. He described about few Neurobics-Exercise to the brain and taught some of them. Later he also advised students to build attachment with family and teacher. He suggested them how to balance social media and how to lead independent self- motivated life. At the end of session, he spoke about how to inculcate spirituality in life and how does it help for their success. His session was informative and interactive.

On 3rd July, Mr. **Chethanram**, Corporate and International Personality Development Trainer spoke on the topic **"Involve to Evolve"**. He stressed upon the importance of the statement **"Live and let live**" by Mahavira and **"Be happy and allow others to be happy"** stated by Buddha.

He emphasized about the types of Personalities like Physical, Intellectual and Behavioural. To enhance personality one has to involve more in the work, then automatically the evolvement will happen. He quoted the example of M.K.Gandhi, how he was involved in the work and why evolved or reached godly state. He advised student to involve more in their study to evolve as a meritorious student. He also quoted that one has to enhance the aura to evolve.



Mr. Mukundahan, Corporate and International Personality Development Trainer and yoga specialist spoke on the topic **"THINK and GROW**".In his talk he mentioned the difference between the brain and mind. Brain is a physical organ and mind is concrete. And thinking always comes from mind. He also mentioned the importance of attitude and aptitude. He advised the students not to think about future and past, but realise that our future is in the present only. He emphasized that one can learn by mistakes and thinking positive is very important for the growth. To have wonderful growth one should not react foranything, but should think and respond for that. He made a mention that life is art of drawing without eraser and also explained importance of happiness to become a successful person. To succeed in life, one should have a balanced mind rather than a strong or weak mind. He mentioned that the tip to succeed in life is doing things with happiness, putting efforts, only then one can succeed.

Dr. Harish Machia Kodandera, Corporate and International Personality Development Trainer spoke on the topic **"Growth by Design"** and its importance in present scenario. He started with a question "What is growth and why should we grow" and giving the expansion for JSS as JUST START SHINE. The change should happen at young age. He also emphasized about three Gs like Go, Grow and Glow. He mentioned that growth can happen only when one gains knowledge, reach out to others, open our world and walk towards wisdom. The important steps or coaching to grow are – Defining goals, Explore realities, Develop options and what should be done. At the end of his lecture he gave the expansion for JSS as Jeevanada Sarala Siddanta **Dr.C.G.Betsurmath**, Executive Secretary, JSS Mahavidhyapetha was the second speaker for the day. Dr.Bestsurmath initiated his talk by posing a question to the students on how many were aware of the central government initiative "Swachh Bharath abhyan", and how many of the students are proud of their places for being clean. Dr.Betsurmath then started briefing on the importance of initiation of this mission.

He also explained about the types of wastes generated in day-today activities and about the strategies to manage waste. Then Dr.Betsurmath went on to explain how Mysuru city has bagged cleanest city award twice in a row under his leadership as City Corporation Commissioner. He gave an overview of the strategies employed in the city to receive cleanest city award. He explained the importance behind the initiation of trin-trin (use of bicycle to move from one part of the city to other by using smartcards issued by the city corporation). He urged students to visit a waste management system established at kumbarakoppalu area in Mysore where the collected waste from househ olds is segreg ated and dispos ed in a system ic manner. Dr.Betsurmath concluded his talk by advising the students to follow their personal hygiene first which will reflect the hygiene in their home, that will contribute to the hygiene in their areas. When each and every person follows these then a city can become clean which makes a country clean.

Dr. R. Balasubramaniam, Président **Swami Vivekananda Youth Movement**, **Mysuru**, and Personality development trainer spoke on the topic **"Marching into the future"**. He started his lecture by asking the students to recall their thoughts which they had received in the last 24 hours. He stressed upon the point that man is maker of his own life. In his lecture he mentioned that only less than 4% of the people succeed in their life, if they complete their education in any national or international good universities. He also mentioned three types of life, they are Public life, Private life and Inner secret life. He mainly emphasized importance of inner secret life to march into the future and also mentioned that religions are more powerful tools to grow and become a successful man. He stressed upon the importance of Yogasana, Pranayama and Meditation to march ahead in our life and advised the students to have positive thought to succeed in life.

Dr. M. Kishore, Associate Professor, Dept. of Psychiatry, JSS Medical College, Mysuru spoke on the topic "**Enjoying College Life Balancing** academic and Non-academic activities".





At the beginning of his talk, he suggested the students to enjoy college life.One should have targets and goals, one has to be like a child, should have good friends, and should always work in a team. He gave some tips for students to have time to go for music, swimming, dance etc. Speaker suggested that one has to work from time to time, do more than expected, be spiritual, enhance awareness by practicing meditation, practice yoga to be more healthy, should participate in sports, be with nature, respect their own mind, to avoid depression and sadness, should not be money grabber. According to him money earned without any effort leads to more trouble.

Dr. H.N. Vishwanath, Professor, SharadavilasBEd. College, Mysuru spoke on the topic **"Becoming a better learner".** Before starting the lecture, he advised the students to respect and remember their parents at every moment and every day, because they are true God who has given birth. During his lecture he mentioned that the rate of discovery of knowledge or new



information is doubling every six months, therefore one has to be very fast in learning and educating themselves. Education is expensive but not more expensive than not having education and that education leads to quality of life. He also suggested students that to learn better one should listen, should ask the questions to the teachers and discuss with friends about academics.

As per suggestion given by the speaker, when one has curiosity, interest, work hard,

enjoy their work, they get energy (happiness) and finally will gain the knowledge and become a good learner.

Dr. Vidyasagar, Chethana Trust Mysusu,spoke on the topic – **"Stress- Body, Mind** – **complexes**. During his talk he made a mention that brain and mind are like hardware and software. If software is attacked by virus, then hardware also stops functioning. He also mentioned that human being should be able to discriminate between good and bad thoughts. He mentioned that thoughts are like water, they will flow continuously and they pour more poison to the body. If anybody focuses more on negative thoughts, then he will put himself in stress and in turn invite more and more physical diseases. He stressed upon the importance of positive thoughts and effects on human body and mind. Mrs. Neetha Girish Bandur, Personality Development trainer, Department of Income Tax, Bangalore, Spoke on the topic Soft Skills. Why SOFT SKILL is mandatory for the present generation. The soft skills to improve their character and get better result in their work. According to speaker begin With One's Academic Skills and succeed with One's Emotional Skills, soft skills are more important. She stressed upon the importance of emotional quotients than intelligent quotients. EQ is more required to enrich life, enrich country, humanity, simplicity. She also mentioned that one should not run behind IQ. She mentioned that WHO –Has identified 10 life skills and they are classified as

Thinking skills:

1. Self awareness, 2. Creativethinking 3. Problem solving 4. Decision making 5. Critical thinking.

Social skills: Interpersonal skills2.Communication 3. Empathy Skill



Coping Skills: 1. Coping with emotions2.Coping with stress On 6**Mr. Kapil Saini**, Entrepreneur, Art of Living Centre, Bangalore spoke on **"Mind Management".** He emphasized the importance of focus, confidence and emotional quotient for managing mind and enhancement of life skills.

Focus: One of the major challenges faced by students in these days is the lack of ability to sustain focus and persistence in a particular activity. He mentioned importance of personality development training program to make them aware of how the mind gets pulled and addicted towards distractions and why



it is important to train our mind to focus. This training makes them aware of the techniques through which one can effortlessly maintain the state of focused and relaxed mind – a very rare but very effective combination.

Confidence: It has been observed that many students know their subjects well, but they are not able to convey/ communicate the information that they have, because of various inhibitions and barriers in the mind. The personality development training makes them aware of how doubting their own ability will lead to lack of confidence in them and how they can learn to handle these doubts through the various breathing techniques, Pranayama.

Emotional Quotient: A poor emotional quotient leads to lack of clarity in the mind. For a mind which is stuck in anger, anxiety, jealousy and irritation, it is very difficult to focus on any activity. There is so much of time and energy that gets wasted in these unnecessary emotions. And in our education system, it is not taught how to handle our own mind. As mind cannot be handled by putting effort at the level of mind, therefore these type of training makes them help them to control the mind and take them out of the slavery of their own emotions and feelings. As a part of Induction programme Yoga classes were conducted for 60 new students who are residents of the college hostel to improve their physical and mental fitness. Classes were conducted by eminent Yoga teacher Mr. Ranganath, Group of GSS Yogic centre, Mysuru.

120. Extension and outreach programs to align with the goal

- 1. Pharmacy Practice Department & students conducted and actively participated at Health Screening Camp at Hulikere & Majjigepura, Srirangapatna TQ, Mandya Dist. To create awareness on Safer use of medication while primary health screening was carried out for the residents.
- 2. Pharmacy Practice Department & students conducted and actively participated at Poison information awareness program at Hulikere&Majjigepura TQ, Mandya Dist. Emphasizing on safer use, storage and disposal of Agricultural pesticides and ways to reduce self medication practices and thereby preventing Drug misuse and abuse.
- 3. International Day of Drug Abuse & Illicit Trafficking was celebrated by Staff & students along with Officers of Drug Control Department at Mysuru Railway Station.

121. Research Projects & Scientific programs organized aligning to this goal

SI. No.	Name of the faculty / Department	Name of the project	Amount (Minor / Major) In Lakhs	Sponsoring Agency	Period From To
1	Principal Investigator: Dr Thippeswamy H M Reader of Public Health Dentistry Co-PI Dr.Ambarish Bhndiwad,JSSMC Dr Prashanth S, JSSMC Dr Sushma R, JSSDCH	Does fluoride content in drinking water affects the calcium and vitamin D status in pregnant women and newborn infants?	10.71	ICMR	27.12.2016 (2 Yrs.)
2	Principal Investigator:Dr VishakantegowdaProf.,JSSCollegePharmacyDr Meenakshi SLecturerDept. of Prosthodonticsand Crown & Bridge	To Evaluate the anti fungal efficacy of polyherbal super critical fluid extract loaded in emulgel against candida albicans in geriatric denture wearers	30.53	Ministry of Science & Technology- DBT	3 Years
3	Principal Investigator:Dr Karthikeya PatilProf. & HODDept. of Oral Medicine &RadiologyDr Mahima V G,Dr Sanjay C J,Dr Prasanna SDeshpande,Dept. of Oral Medicine	Multi-centric study for screening and detection of oral potentially malignant disorders (OPMD) non- invasively by fluorescence and diffuse reflectance imaging with Oral Scan camera, and development of an algorithm for tissue discrimination	1.00 (approx)	Biotechnology Industry Research Assistance Council (BIRAC), Govt. of India Enterprise (Outcome: Non- invasive technique for early detection of oral cancer)	1.5 Year

SI. No.	Name of the faculty / Department	Name of the project	Amount (Minor / Major) In Lakhs	Sponsoring Agency
4	Principal Investigator: Dr Meenakshi S Lecturer Dept. of Prosthodontics and Crown & Bridge	Postural evaluation and development of ergonomic paradigm for the Dental professionals – KAP study	14.84	ICMR
	Co-investigators Dr Kavitha Raja JSS College of Physiotherapy			
	Dr Raghunath N Prof.,& HOD, Dept. of Orthodontics			
56	Principal Investigator:DrRaghavendraShanbhogReader,Reader,Dept.Pedodontics & PreventiveDentistryCo-investigatorDr B NandlalProf.,Dept.Pedodontics & PreventiveDentistry	A pragmatic trial of Dental caries prevention in socially deprived, rural pre-school Indian children	43.91	DST SPARC
6	Principal Investigator:Dr B NandlalProf.,Dept.Pedodontics & PreventiveDentistryCo-investigatorDrRaghavendraShanbhog	Oral health related quality of life of children with dental caries and fluorosis a need for re-establishing esthetics after fluorosis	45.18	DST SPARC

SI. No.	Name of the faculty / Department	Name of the project	Amount (Minor / Major) In Lakhs	Sponsoring Agency
	Reader, Dept. of Pedodontics & Preventive Dentistry			
7	Principal Investigator:Dr B NandlalProf.,Dept.Pedodontics & PreventiveDentistryCo-investigatorDr. Anitha SubbappaReaderDept. of PeriodontologyDrRaghavendraShanbhogReader,Dept.OfPedodontics & PreventiveDentistry	ATP rapid diagnosis of invasive infection by MDR gram negative in COPD subjects	37.00	ICMR
8	Principal Investigator:Dr B NandlalProf.,Dept.Pedodontics & PreventiveDentistryCo-investigatorDrRaghavendraShanbhogReader,Dept.Pedodontics & PreventiveDentistry	ATP & Sialic acid levels of the Dental Biofilm on the oral health preventive interventions within the 1 st Year of life-A feasible model of India	67.51	DST SUPRA
9	Principal Investigator: Dr Aruna G Lecturer Dept. of Periodontology	Formulation optimization and clinical evaluation of melatonin chip as a locally delivered drug for treatment	2.74210	VGST

SI. No.	Name of the faculty / Department	Name of the project	Amount (Minor / Major) In Lakhs	Sponsoring Agency
		of periodontal furcation defects		
101	Principal Investigator: Dr Chandrashekar B R Prof., & HOD, Dept. of Public Health Dentistry	Application for Award for Research Publications in HEI/R&D O (ARP) with supporting documents.	0.25	VGST Award
111	Principal Investigator: Dr Chandrashekar B R Prof., & HOD, Dept. of Public Health Dentistry	Formulation, optimization and clinical evaluation of an in-situ injectable system of melatonin in the treatment of furcation defects in patients with advanced periodontitis	24.53	Dept. of Biotechnology Ministry of Science and Technology Govt. of India, New Delhi
	Co-Investigators Dr Venkatesh M P JSSCP,Mysuru			
	Dr Aruna G Lecturer			
	Dept. of Periodontology			
	Mentor			
	Dr Subbarao, JSSMCH			
131	Principal Investigator: Dr Girish M S Reader Dept. of Pedodontics &	Development and evaluation of electrospun nanofiber mat impregnated with apexification materials for	48.39	Dept. of Biotechnology Ministry of Science and

SI. No.	Name of the faculty / Department	Name of the project	Amount (Minor / Major) In Lakhs	Sponsoring Agency
	Preventive Dentistry	treatment of immature teeth		Technology Govt. of India, New Delhi
14	Principal Investigator:Dr Ravindra. SProf.,Dept.PeriodontologyCo-investigatorDr. Anitha SubbappaReaderDept. of Periodontology	Association Between Bone Mineral Density And Periodontal Disease: A Cross Sectional Clinical And Radio- grammetry Study.	1.13715	Kingdom of Saudi Arabia Ministry of Education King Khalid University
15	Principal Investigator: Dr Indu Thammaiah K Lecturer, JSS Institute of Speech & Hearing, Mysuru Co-investigators Dr Meenakshi S Lecturer Dept. of Prosthodontics Mr Harshan Kumar JSS Institute of Speech & Hearing, Mysuru	Meta-analysis of nasality assessment and developing a computational module: acoustic and perceptual judgment STANDARDIZATION	5.72850	ICMR
16	Principal Investigator:Dr Thippeswamy H MReader, Dept. of PublicHealth DentistryCo-investigatorsDr Prashanth S NDr Devanand DDrRaghavendraShanbhogDr Nandithakumar M	Evaluation & comparison of serum calcium, Magnesium, Phosphate, Alkaline Phosphatise, Vitamid-D and Bone Mineral Density in children consuming reverse osmosis (RO), Non RO and High Fluoride drinking water	20.41200	ICMR Project ID 2020-0204

SI. No.	Name of the faculty / Department	Name of the project	Amount (Minor / Major) In Lakhs	Sponsoring Agency
17	Principal Investigator:Dr Sunila B SReader,Dept.ProsthoodonticsandCrown & BridgeCo-investigatorsDr Ravinda SDr SubbaraoDr Srinath K MDr Madhu	Assessing the relevance of salivary hemoglobin, interleukin 6 and lactate dehydrogenase level in determining the chronic periodontitis in type 2 diabetic subjects with and without tooth loss – a case control study	29.00	ICMR Project ID 2020-3651
18	Principal Investigator: Dr Sushma R Lecturer Dept. of Public Health Dentistry Co-investigators Dr Jaishankar H P Reader, Dept. of Oral Medicine & Radiology	Antimicrobial and antioxidant efficacy of simarouba glauca leaf extract on dental plaque microorganisms	10.752	ICMR
19	Principal Investigator: Dr Suma S Reader Dept.of Orthodontics & Dentofacial Orthopedics Co-PI Dr Praveen Kulkarni Co-investigators Dr Chandrashekar B R JSSDCH Dr Madhu	Enhancing the knowledge, attitude, self confidence and eco friendly practices among undergraduate students of medicine, dentistry and allied health sciences using a customized e-learning module on green practices using ADDIE framework.	11.80	ICMR

SI. No.	Name of the faculty / Department	Name of the project	Amount (Minor / Major) In Lakhs	Sponsoring Agency
20	Principal Investigator: Dr Chandrashekar B R Prof., & HOD, Dept. of Public Health Dentistry Co-investigators Dr. Jaishankar HP, JSSDCH, Dr. Suma S, JSSDCH, Dr. Praveen Kulkarni, JSSMC, Dr. Madhu B, JSSMC, Dr. Kishor M, JSSMC	Enhancing identification and counseling skills of medical and dental undergraduate students using a customized e- learning module on Tobacco Counseling - An education innovation project using ADDIE framework.	14.00	ICMR
21	Principal Investigator: Dr Chandrashekar B R Prof., & HOD, Dept. of Public Health Dentistry Co-investigators Dr. Avinash BS,JSSDCH Dr. Thippeswamy HM, JSSDCH, Dr. Ravindra S, JSSDCH Dr. Tejashree A, JSSMC Dr. Chandan RS, JSSCP	Effectiveness of Lactobacillus Salivarius-Wb21 Containing Tablets on Oral Malodor among Patients Attending Dental Institution in Mysuru city, India – A Double Blind, Randomized, Placebo- Controlled Crossover Trial.	8.649	ICMR
22	Principal Investigator: Dr Chandrashekar B R Prof., & HOD, Dept. of Public Health Dentistry Co-investigators Dr Venkatesh MP,JSSCP Dr. Subbarao, JSS MC Dr. Aruna, JSS DCH	Formulation, characterization and clinical evaluation of locally delivered Melatonin gel in the treatment of infra- bony defects in patients with severe periodontitis using a double blind randomized control trial.	25.22	ICMR

SI. No.	Name of the faculty / Department	Name of the project	Amount (Minor / Major) In Lakhs	Sponsoring Agency
23	Principal Investigator: Dr Shyam Sundar Reader, Dept. of Oral & Maxillofacial Surgery	Development of Novel Silk Fibroin Based Bioink for Bioprinting to reconstruct maxillofacial defects	49.22	BIRAC
	Collaborator1: Accreate Labs			
	Collaborator2: JSS Academy of Higher Education & Research			
24	Principal Investigator: Dr B Nandlal Prof., Dept. of Pedodontics & Preventive Dentistry	Unidirectional delivery of Chlorhexidine / Curcumin in a bilayer tablet towards oral cavity to manage the dental plaque associated respiratory diseases and oral hygiene	14.07	BIRAC-PACE
	Co-investigators Dr Arun Radhakrishnanan Dr Gowtham, JSSCP,Ooty Dr Subbarao Dr Anitha S			
25	Principal Investigator: Dr B Nandlal Prof., Dept. of Pedodontics & Preventive Dentistry	Low-Cost Fennel-Based Chewable delivery system for Covid-19 Prevention as well as for maintaining Oral Aesthetics	100.00	BIRAC (Covid 19) US Ignition grant-II
	Co-investigators Dr Prem Sreenivasan Dr Subbarao Dr Mruthyunjayappa			

SI. No.	Name of the faculty / Department	Name of the project	Amount (Minor / Major) In Lakhs	Sponsoring Agency
26	Principal Investigator:Dr B NandlalProf.,Dept.Pedodontics & PreventiveDentistryCo-investigatorsDr BharathiProf., Dept. of ENTJSSMC	Enhanced instruments/emergency device kits for minor procedures in ENT and Dental while increasing patient and medical worker safety during COVID 19/SARS/other exigencies in compliance with latest advisories	50.00	BIRAC (Covid 19)
	Dr Parasmull Reader Dept. of Conservative Dentistry & Endodontics JSSDCH			
27	Principal Investigator: Dr Srinivas Murthy Doreswamy, Prof., JSSAHER	Biomedical devices for combating COVID 19	40.00	BIRAC (Covid 19)
	Co- Investigator: Dr B Nandlal Prof., Dept. of Pedodontics & Preventive Dentistry			
28	Applicant GREENANO Technologies Pvt. Ltd., Chennai	Coating formulation to transform natural fabric based face masks reusable and fight against germs along with COVID-19	40.00	DBT -BIRAC (Covid 19)
	Principal Investigator: Dr Jagajjananai Rao Korukonda, Co-founder,			

SI. No.	Name of the faculty / Department	Name of the project	Amount (Minor / Major) In Lakhs	Sponsoring Agency
	GREENANO Technologies Pvt. Ltd., Chennai			
	Key Member Dr Tarangini Korumilli, Asst. Prof., GREENANO Technologies Pvt. Ltd., Chennai Collaborators Vel Tech rangarajan Dr Sagunthala R & D Institute of Science and Technology, Chennai Dr B Nandlal JSSAHER			
29	 Principal Investigator: Dr Vidya G Doddawad Reader, Dept. of Oral pathology Co-PI Dr Jayaraj B S, JSSH Dr Shivananda S, JSSDCH Dr Madhu B, JSSH Dr B M Gurupadayya JSSCP Dr Vidya C S, JSSH 	Assessing Physical and Chemical properties of saliva among tuberculosis patients on antituberculosis treatment – An observational study		The Tuberculosis association of India, New Delhi

SI. No.	Name of the faculty / Department	Name of the project	Amount (Minor / Major) In Lakhs	Sponsorin g Agency	Period From To
30	Dr Pragyan Mohanty PG Student Guide; Dr Sheela kumar Dept periodontology	A pilot study to correlate smoking pack years with Epstein Barr virus titer and periodontal status	0.25	JSSU	17.7.2017
31	Dr Kunchok Dolma J PG Student Guide:Dr SheelakumarG Dept. of Periodontology	To assess and correlate mean platelet volume and salivary C-reactive protein levels among smokers with chronic periodontitis.	0.25 (applied for 0.62)	JSSAHER	1 Yr.
32	Dr Archana R Sankar PG Student Guide; Dr Sheelakumar G Dept Periodontology	To evaluate aloe vera chitosan based surgical dressing on healing of periodontal surgical wound	0.25 (applied for 0.262)	JSSAHER	
33	Dr Manohar Sharma H PG Student Guide: Dr Deepika P C Dept. of Periodontology	Evaluation of Psidium guajava local drug delivery as an adjunct to scaling and root planning in the treatment of chronic periodontitis: A Clinical and Microbiological Study	0.15	JSSAHER	3 Months
34	Dr Medha Sharma PG Student Guide: Dr Deepika P C Dept. of Periodontology	Comparative evaluation of Diode Laser and Antimicrobial therapies in the treatment of Aggressive Periodontitis-A clinical and microbiological study	0.25 (applied for 0.90)	JSSAHER	1.5 Yr.
35	Dr Rishika Battula PG Student Guide: Dr Sheelakumar G Dept. of Periodontology	A Correlative study assessing psychological stress, salivary amylase levels and its relationship with periodontal status in police recruits	0.25 (applied for 0.55)	JSSAHER	11 Months

SI. No.	Name of the faculty / Department	Name of the project	Amount (Minor / Major) In Lakhs	Sponsoring Agency	Period From To
36	Dr Aishwarya Rajendra Patil PG Student Guide: Dr Ravi M B Dept. of Prosthoodontics and Crown & Bridge	Evaluation of antimicrobial efficacy of different essential oils as denture cleanser and its effect on hardness of soft denture reliners	0.25 (applied for 0.70)	JSSAHER	1.5 Yr.
37	Dr Priya Mukherjee PG student Guide: Dr Anilkumar G Dept. of Prosthoodontics and Crown & Bridge	Evaluating nicotine release from heat cures acrylic denture base exposed to cigarette smoke –an invitro study	0.20 (applied for 0.28396)	JSSAHER	1.5 Yr.
38	Dr Akanksha Roy PG student Guide:Dr Raghavendraswamy K N Dept. of Prosthoodontics and Crown & Bridge	A non-invasive technique to evaluate the effects of complete denture prosthesis on swallowing – an invivo study	0.20 (applied for 0.50)	JSSAHER	1.5 Yr.
39	Dr Urvashi Sharma PG student Guide:Dr Dhakshaini M R Dept. of Prosthoodontics and Crown & Bridge	Comparison of marginal integrity of metal crown made from conventional technique, CAD-CAM and 3D printing – an invitro study.	0.25	JSSAHER	1.5 Yr.
40	Dr Arun V Mavely PG Student Guide: Dr Suman Basavarju, Dept. of Periodontology	The effect of low level laser therapy as an adjunct to scaling and root planning on the IL-1B levels in patients with type 2 diabetes mellitus: A randomized controlled clinical trial.	0.25 (applied for 0.72)	JSSAHER	3 Months

SI. No.	Name of the faculty / Department	Name of the project	Amount (Minor / Major) In Lakhs	Sponsoring Agency	Period From To
41	Dr Manu Bhaskaran Nair PG Student Guide: Dr Ravindra S, Dept. of Periodontology	The antimicrobial efficacy of a novel Nisin variant like lantbiotic against periodontal pathogens-an ex vivo study	0.20 (applied for 0.25)	JSSAHER	6 Months
42	Dr Anoop N K PG Student Guide: Dr B Nandlal Dept. of Pedodontics & Preventive Dentistry	Evaluation of the efficacy of fennel seed extract (Foeniculum vulgare) in inhibition of growth of enterococcus faecalis biofilm formed on tooth substrate; an ex vivo study	0.25 (applied for 0.26610)	JSSAHER	3.5 Months
43	Dr Vanessa Lobo PG Student Guide: Dr Seema Deshmukh Dept. of Pedodontics & Preventive Dentistry	Comparative evaluation of antimicrobial efficacy of a novel bacteriocin and calcium hydroxide as an intracanal medicament against enterococcus faecalis biofilm-an in vitro study	0.20 (applied for 0.30)	JSSAHER	6 Months
44	Dr Radhika Krishnan C PG student Guide:Dr K N Raghavendraswamy Dept. of Prosthoodontics and Crown & Bridge	Comparative evaluation of masticatory efficiency in various facial forms of dentate and rehabilitated complete denture patients	0.25 (applied for 0.35)	JSSAHER	18 Months
45	Dr Bosy Thanakam Mathew, PG Student Guide: Dr Raghunath N Prof. Dept. of Dept. of Orthodontics & Dentofacial Orthopedics	To evaluate and compare the effect of Micro osteoperforations on the rate of canine retraction and rankl levels in gingival crevicular fluid during orthodontic treatment	0.25 (applied for 0.75)	JSSAHER	2 Yrs.

SI. No.	Name of the faculty / Department	Name of the project	Amount (Minor / Major) In Lakhs	Sponsoring Agency	Period From To
46	Dr Nithin Varghese Joy PG Student Guide: Dr H Jyothi Kiran Reader, Dept. of Dept. of Orthodontics & Dentofacial Orthopedics	Comparison of implant supported mandibular canine retraction using NITI closed coil springs with and without submucosal injection of platelet – rich plasma (PRP)- an in vivo study	0.25 (applied for 0.618)	JSSAHER	1.5 Yrs.
33	Dr Mounika Prashanthi N PG Student Guide: Dr H P Jaishankar Reader, Dept. of Oral Medicine & Radiology	Comparative study of Orthopantomogram and Cone beam computed tomography to determine osseous changes in the temporomandibular joint	0.25	JSSAHER	1 Yr. 3 months
47	Dr Aishwarya R PG Student Guide: Dr Karthikeya Patil HOD, Dept. of Oral Medicine & Radiology	Binygomatic distance and maxillary sinus dimensions as a predictor for sex determination: A morphometric analysis using cone beam computed tomography	0.25	JSSAHER	1 Yr. 3 months
48	Dr Mayank Chhabra PG student Guide: Dr Nandithakumar Reader, Dept. of Prosthoodontics and Crown & Bridge	Flexural strength and impact strength of acrylic and 3D printable denture base resins-A Comparative in vitro study	0.25 (applied for 0.50)	JSSAHER	1 Yr.
49	Dr Ferin Fathima PG Student Guide:Dr Ravi S Reader, Dept. of	Comparative evaluation of shear bond strength of orthodontic brackets bonded after treatment of enamel with 5.25% sodium	0.25	JSSAHER	1 Yr.

SI. No.	Name of the faculty / Department	Name of the project	Amount (Minor / Major) In Lakhs	Sponsoring Agency	Period From To
	Orthodontics & Dentofacial Orthopedics A	hpochlorite and 10% papain gel – An in vitro study			
50	Dr Bijlani Samhita Subhash PG Student Guide:Dr Raghavendra Shanbhog Reader Dept. of Pedodontics & Preventive Dentistry	Efficacy of ice apple, propolis and amniotic fluid in maintaining periodontal ligament cell viability of avulsed tooth: An in-vitro evaluation	0.25	JSSAHER	2 months
51	Dr Shreepriya Singhania PG student Guide: Dr B Nandlal Prof., Dept. of Pedodontics & Preventive Dentistry Prof., N P Nataraja	Maxillary dentoalveolar changes and speech outcomes in uninlateral cleft lip and palate children before and after palatal repair	0.25	JSSAHER	7 months
52	Dr Reethika K V PG Student Guide: Dr Prashanth S Prof., Dept. of Pedodontics & Preventive Dentistry	Comparative assessment of anticariogenic efficacy of cranberry and xylitol lozenges in children	0.25	JSSAHER	3.5 months
53	Dr Rishika Battula PG Student Guide: Dr Sheelakumar G HOD, Dept. of Periodontology	To check the relationship between tongue teno virus, Epstein barr virus in gingival tissue biopsy of chronic periodontitis patients with type II diabetes mellitus	0.30	JSSAHER	1 Yr.

SI. No.	Name of the faculty / Department	Name of the project	Amount (Minor / Major) In Lakhs	Sponsoring Agency	Period From To
54	Dr Kalyanam Rashmi Durga PG Student Guide: Dr Ravindra S Prof., Dept. of Periodontology	Adjuvant use of probiotics in the management of periodontitis in diabetics: A randomized double blind clinical trial	0.25	JSSAHER	1.5 Yr.
55	Dr Tekwani Tanvi Sachhanand PG Student Guide: Dr Sunila B S Reader, Dept. of Prosthoodontics and Crown & Bridge	Comparative Evaluation of antifungal activity on oral candida by Moringa Oleifera seed Ethanolic Extract in Salivary Samples of Diabetic and Non-diabetic Edentulous subjects with complete Dentures	0.57400	JSSAHER	2 Yrs.
56	Dr Suman Basavaraju Reader & Part time Ph.D., Scholar Dept. of Periodontology	Comparing the characteristics of Gingival Mesenchymal Stem cells of Diabetic and Non-Diabetic individuals with regard to differentiation and expression of proteins	0.50	JSSU	4 Yrs.
57	Principal Investigator Dr Sunila B S Reader Dept. of Prosthodontics and Crown & Bridge Co-Investigators Dr Subba Rao Dr Ravindra S Dr Madhu B	Estimation of the Relevance of Salivary Hemoglobin levels to detect chronic Periodontitis in Type 2 Diabetic Patients and Tooth loss in middle aged adults and elderly	0.40	JSSAHER	1 Yr.
	Dr Madhu B Dr Srinath				

SI. No.	Name of the faculty / Department	Name of the project	Amount (Minor / Major) In Lakhs	Sponsoring Agency	Period From To
58	Principal Investigator Dr Sushma R Lecturer Dept. of Public Health Dentistry Co- Investigator Dr H P Jaishankar Reader Dept. of Oral Medicine & Radiology	Antimicrobial Efficacy of Simarouba Glauca Leaf Extract on Dental Plaque Micro-organisms	0.40 (applied for 0.55)	JSSAHER	2 Yrs.
59	Principal Investigator Dr Nanditha Kumar M Reader Dept. of Prosthodontics and Crown & Bridge Guide: Dr Raghavendraswamy K N Dept. of Prosthoodontics and Crown & Bridge	Evaluation of salivary calcium, phosphorus, alkaline phosphatase and potential risk factors, symptoms associated with xerostomia in partially and completely edentulous patients : a cross sectional study	0.40 (applied for 0.49244)	JSSAHER	2 Yrs.
60	Principal Investigator Dr Mahesh K P Reader, Dept. of Oral Medicine & Radiology Co-investigator Dr Amit B Patil Asst. Prof., Dept. of Pharmaceutics, JSSCP, Mysuru	Formulation and characterization studies of the Lornoxicam fast dissolving films and its efficacy in the management of post extraction pain	0.50 (applied 0.60)	JSSAHER	2 Yrs.

SI. No.	Name of the faculty / Department	Name of the project	Amount (Minor / Major) In Lakhs	Sponsoring Agency	Period From To
61	Principal Investigator Dr Aruna G, Lecturer, Dept. of Periodontology & part time Ph.D., Scholar	Effect of Melatonin on prime periodontal pathogens, an in-vitro study	0.48666	JSSAHER	6 Months
	Guide: Dr B R Chandrashekar Prof., Dept. of Public Health Dentistry				
62	Principal Investigator Dr Sreeshyla H S, Lecturer, Dept. of Oral Pathology & part time Ph.D., Scholar Guide: Dr Jaishankar Reader, Dept. of Oral Medicine & Radiology	Assessment of awareness and knowledge of oral cancer, its risk factor, symptoms, Prognostic factors and their practice among general public – An illustration bases questionnaire survey	0.50	JSSAHER	3 Years
63	Principal Investigator Dr Priyanka R Prasad, Lecturer, Dept. of Oral Pathology & part time Ph.D., Scholar Guide: Dr Jaishankar Reader, Dept. of Oral Medicine & Radiology	Infographical questionnaire survey regarding awareness of cause, risk factors & prevention of AIDS/HIV among Mysuru population	0.50	JSSAHER	3 Years
64	Principal Investigator Dr Sheelakumar Gujjari Prof.,HOD, dept. of Periodontology	To evaluate CD4 lymphocyte levels in gingival tissue biopsy of chronic periodontitis patients with	0.50	JSSAHER	1 Yr.

SI. No.	Name of the faculty / Department	Name of the project	Amoun t (Minor / Major) In Lakhs	Sponsoring Agency	Period From To
	Co-investigator Dr Rishika Battula PG student, Dept. of Periodontology	type II diabetes mellitus			
65	Principal Investigator: Dr B Nandlal Prof., Dept. of Pedodontics & Preventive Dentistry	VVEGI Dental Disinfection chair system	0.50	JSSAHER	1 Month
66	Principal Investigator: Dr Prasannasrinivas Deshpande Lecturer Dept. of Oral Medicine & Radiology	Target indicating light beam device for enhancing the positioning accuracy of intra oral x-ray machine during patient exposure-A pilot study	0.526	JSSAHER	
67	Principal InvestigatorDr SaumyaPG StudentGuide:Dr Paras Mull JConservative Dentistryand Endodontics	Comparative evaluation of demineralization inhibition potential of two new restorative materials and their effect on Nano hardness of enamel: an in vitro study	0.50	ICMR	1 Year
68	Principal Investigator Dr Divya Sangeetha PG Student Guide: Dr B M Annapoorna Conservative Dentistry and Endodontics	Comparative evaluation of herbal etchant and MMP inhibitor with orthophosphoric acid and chlorhexidine on the microshear bond strength of composite resin – An ex-vivo study	0.50	ICMR	1 Year

SI. No.	Name of the faculty / Department	Name of the project	Amount (Minor / Major) In Lakhs	Sponsoring Agency	Period From To
69	Principal Investigator Dr Manu Bhaskaran Nair, PG Student Guide: Dr Avinash B S Dept. of Periodontology	Adjunctive effect of PRF membrane on GCF Alkaline phosphatase levels in patients undergoing periodontally accelerated osteogenic orthodontics (PAOO) – A randomized controlled trial	0.50	ICMR	18 Months
70	Principal Investigator Dr Uma P Nair PG Student Guide: Dr Ravindra S Dept. of Periodontology	Comparative evaluation of bone graft with or without injectable platelet rich fibrin in the treatment of mandibular grade II furcation defect: A clinic radiological study	0.75	Self-funded	9 months
71	Principal Investigator Mr Tamal Das II BDS student Guide: Dr Sunila B S Dept. of Prosthodontics	Estimate of fasting salivary malondialdehyde (MDS), plasma and salivary glucose levels in patients with type 2 diabetes mellitus	0.20	ICMR STS-	2 months
72	Principal Investigator Dr Paridhi Gupta PG Student Guide: Dr Bhagyalakshmi A Dept. of Orthodontics	Evaluation of Injectable Platelet Rich Fibrin (i- PRF) effect on rate of canine retraction and Alkaline Phosphatase levels: An In- vivo Study	0.50	ICMR	
73	Principal Investigator Dr Pratibha Sharma PG Student	Evaluating the effectiveness of oral health education offered by qualified dental professional, trained teachers and peer role	0.15	Indian Association of Public Health Dentistry	

SI. No.	Name of the faculty / Department	Name of the project	Amount (Minor / Major) In Lakhs	Sponsorin g Agency	Period From To
	Guide: Dr Chandrashekar B R Dept. of Public Health Dentistry	models in promoting oral hygiene status and behavior among school going students in Mysuru, Karnataka			
74	Principal Investigator Dr Anne Mary Intern Guide: Dr Chandrashekar B R Dept. of Public Health Dentistry	Knowledge, attitude and perceptions on the impact of pictorial warnings on tobacco packaging among patients visiting a dental hospital in Mysuru city	0.05	Indian Association of Public Health Dentistry	
75	Principal Investigator Dr. Pratibha Sharma PG student Guide: Dr Chandrashekar B R Prof., HOD, Dept. of Public Health Dentistry	Evaluating the effectiveness of green tea-based herbal mouth rinse in comparison with Chlorhexidine Gluconate mouth rinse in reducing dental plaque, tongue coating and halitosis among human volunteers A parallel arm double blind randomized control trial.	0.50	ICMR	
76	Principal Investigator Ms Priyanka III BDS student Guide: Dr Sushma R Lecturer Dept. of Public Health Dentistry	An exploratory insight into publics perception and preference of mouthwash in Mysore city – A cross sectional questionnaire study	0.20	ICMR-STS	6 months

SI. No.	Name of the faculty / Department	Name of the project	Amount (Minor / Major) In Lakhs	Sponsoring Agency	Period From To
77	Principal Investigator Mr Lakshmeesha D BDS student Guide: Dr Shivananda S Reader, Dept. of Oral & Maxillofacial Surgery	Efficacy of application of PRP in comparison with eugenol dressing of the dry socket with respect to clinical symptom	0.20	ICMR-STS	6 months
78	Principal Investigator Ms. Pramadwara Kumar BDS student Guide: Dr Premalatha B R Reader, Dept. of Oral Pathology & Microbiology	Knowledge, attitude and practice related to oral hygiene among medical students in Mysuru city – a cross sectional survey based study	0.20	ICMR-STS	6 months
79	Principal Investigator Ms. Bhumika V R BDS student Guide: Dr Girish M S Reader, Dept. of Pedodontics & Preventive Dentistry	Effect of Punica Granatum extracts and fluoride mouth rinse on the protective properties of pellicle layer against erosive mineral loss	0.20	ICMR-STS	6 months
80	Principal Investigator Mr Ganesh N BDS student Guide: Dr Indira M D Lecturer Dept. of Pedodontics & Preventive Dentistry	Evaluation of compressive strength shear bond strength and abrasive ressitance of chitosan cellulose modified glass ionomer cement (Chce-GIC)	0.20	ICMR-STS	6 months

SI. No.	Name of the faculty / Department	Name of the project	Amount (Minor / Major) In Lakhs	Sponsoring Agency	Period From To
81	Principal Investigator Ms Harsinisubosh BDS student Guide: Dr Vidya Priyadharshini D S Reader Dept. of Pedodontics & Preventive Dentistry	Infection control measures among dental clinical practitioners in the city of Mysuru	0.20	ICMR-STS	6 months
82	Principal Investigator Ms Yuktha R BDS student Guide: Dr Ashwini T S Reader Dept. of Conservative Dentistry & Endodontics	Burden of oral diseases in type II diabetics mellitus patients at dental hospital setup in Mysuru city	0.20	ICMR-STS	6 months
83	Principal InvestigatorMsShreyasPravinDhumkeBDS studentBDS studentDrGuide:Dr Seema DeshmukhReader,Dept.ofPedodontics & PreventiveDentistry	Antimicrobial efficacy and surface characteristics of fluoride coated nano silver particles incorporated type IV glass inomer cement (CNAg-GIC)	0.20	ICMR-STS	6 months
84	Principal Investigator Ms Rachitha Narrendra BDS student Guide: Dr Meenakshi S Lecturer Dept. of Prosthoodontics	Oral candidal colonization among denture wearing postmenopausal women- a comparative microbial analysis with non- denture wearers	0.20	ICMR-STS	6 months

SI. No.	Name of the faculty / Department	Name of the project	Amount (Minor / Major) In Lakhs	Sponsoring Agency	Period From To
85	Principal InvestigatorMr. Kishan PBDS studentGuide:Dr Nitin V MuralidharReader, Dept. ofOrthodontics &Dentofacial Orthopedics	Efficiency of low level laser therapy in healing of extraction wounds – A cross sectional study	0.20	ICMR-STS	6 months
86	Principal Investigator Ms Kiruthika M BDS student Guide: Dr Priyanka Nitin Lecturer Dept. of Oral Pathology & Microbiology	Cytological assessment of epithelial changes in oral mucosa during menstruation in young adults	0.20	ICMR-STS	6 months
87	Principal Investigator Ms. Anju Vijayan Nair BDS student Guide: Dr Ambikathanaya U K Lecturer Dept. of Conservative Dentistry & Endodontics	Lichenoid reactions in diabetic and non diabetic patients with silver amalgam restoration an in vivo study	0.20	ICMR-STS	6 months

SI. No.	Name of the faculty / Department	Name of the project	Amount (Minor / Major) In Lakhs	Sponsoring Agency	Period From To
88	Principal Investigator Mr Prathikantam Raghu Pavan BDS student Guide: Dr Sreeshyla H S Lecturer, Dept. of Oral Pathology & Microbiology	Anti bacterial and anti fungal effect of trigonella focnum graelum and ferula asafoetida on oral micro biota-an in vitro microbiological assay	0.20	ICMR-STS	6 months
89	Principal Investigator Ms Srustee S II BDS student Guide: Dr Nandithakumar M Reader Dept. of Prosthoodontics and Crown & Bridge	Perception of smoking in school children with parents as smokers in low socio economic status and high socio economic status – A cross sectional study	0.20	ICMR-STS	6 months
90	Principal Investigator Ms Anjalianil III BDS Student Guide: Dr Sunitha S Reader Dept. of Public Health Dentistry	Efficacy of oral cleansing and preventing diseases by tooth brushes Vs tooth flossing in adjunct to tooth brush in among 13-15 year old children	0.20	ICMR-STS	6 months
91	Principal Investigator Ms Samredhi Singh II BDS student Guide: Dr Chandrashekar B R Prof., HOD, Dept. of Public Health Dentistry	Knowledge, attitude and eco friendly medical practices adopted by undergraduate students in different healthcare institutions in Mysore city, Karnataka A cross sectional questionnaire study	0.20	ICMR-STS	6 months

122. Publications aligning to this goal

- 1. M N Subbaiah, A B Mariswamy Quantitative evaluation of solubility and surface micro-hardness of enamel on exposure to various soft drinks An ex-vivo study International Journal of Pharmaceutical Sciences and Research Jan 2019;10(1):458-462. ISSN: 2320 5148, National
- Parinitha M S, Sowmya H K Cone-beam computed tomography in assessment of reattachment of chisel fracture of anterior tooth in young patient - A case report - Journal of Evolution of Medical and Dental Sciences - Jan 2019;8(3):230-232. ISSN: 2278-4748, National
- 3. Sanjana Narendran, Raghunath N Comparison of enamel demineralization around orthodontic brackets bonded with conventional etching, self-etch primer and antimicrobial monomer containing self-etch primer International Journal of Advance Research, Ideas and Innovations in Technology Jan Feb 2019;5(1):176-185. ISSN: 2454 132X, International
- 4. Jagadeeswara Rao Sukhabogi, Chandra Shekar B R, Venkata Ramana I, Satish Kumar G, Harita N, Annapoorna G -Reconnoitering the association between body mass index and oral health among elementary school children in Hyderbad, Telangana, India - Indian Journal of Dental Research - Jan - Feb 2019;30(1):4-9. ISSN: 0970-9290, National
- 5. Sourav Chandra, Pratibha Shashikumar Diode laser A novel therapeutic approach in the treatment of chronic periodontitis in type 2 diabetes mellitus patients: A prospective randomized controlled clinical trial Journal of Lasers in Medical Sciences Jan Mar 2019;10(1):56-63. ISSN: 2008-9783, International
- Nitin Priyanka, Sumanth Gunupati, Nitin V M, Sreeshyla H S, Meenakshi S Mudras A traditional boon to dentist's agony
 Indian Journal of Physiotherapy and Occupational Therapy Jan Mar 2019;13(1):160-162. ISSN: 0973-5666, National
- 7. Sowmya S, Anil Kumar Gujjari, K Mruthunjaya, T V Padmanabhan, Anupama C, Sushma R, Shivali S Gaekwad Antioxidant and antimicrobial activity of propolis Journal of Evolution of Medical and Dental Sciences Jan Mar 2019;8(2):152-154. ISSN: 2278- 4748, National
- 8. Vagdevi Hosur Kantharaju, Ravindra Shivamurthy, Pavithra Untagodu Shamanna Periodontally accelerated osteogenic orthodontics: A boon in a severe periodontally compromised class II division 1 malocclusion patient International Journal of Orthodontic Rehabilitation Jan Mar 2019;10(1):53-56. 2352 4197, International
- 9. Vidya G Doddawad, S Shivananda, S Sunita, C S Vidya, M D Indira Desmoplastic ameloblastoma of the oral cavity: A case report and review of literature Drug Invention Today Jan Mar 2019;12(1):173-176. ISSN: 0975-7619, International
- B R Premalatha, H S Sreeshyla, Priyanka Nitin, Usha Hegde Pigmented calcifying cystic odontogenic tumor associated with compound odontoma: Report of a rare case and review - Journal of Oral and Maxillofacial Pathology - Feb 2019;23(4):S78-S82. ISSN: 0973 - 029X, National
- Prasannasrinivas Deshpande, Mahima V G, Karthikeya Patil, Saikrishna D, Gen Morgan Desmoplastic fibroma of maxilla: case series of a rare entity with review of literature - Saudi Journal of Oral and Dental Research - Mar 2019;4(3):199-204. ISSN: 2518 - 1300, International

- 12. Vidya G Doddawad, Shivananda S, Pradeep Subbaiah Cytomorphometric study of exfoliated cells of buccal mucosa in type II diabetic patient Research Journal of Pharmacy and Technology Mar 2019;12(3):1178-1180. ISSN: 0974-3618, National
- 13. Ravi Shanthraj, Bijo Jose, Kiran Joshy Evaluation of three commercially available toothpaste/creams for resolution of white sportlesions An in vitro study International Journal of Advance Research, Ideas and Innovations in Technology Mar Apr 2019;5(2):2056-2059. ISSN: 2454 132X, International
- 14. Paras Mull Gehlot, Bastin Cherian, Mysore Krishnaswamy Manjunath Use of cone-beam computed tomography as a diagnostic aid in nonsurgical endodontic management of furcation perforations: Two case reports Saudi Endodontic Journal Apr 2019;9(2):134-

139. ISSN: 1658-5984, International

- 15. Anupama Aradya, Ragesh Raman, Ramesh Chowdhary Rehabilitation of edentulous maxillary arch with implant assisted hybrid denture using multiunit straight and angulated abutments and mandibular arch with overdenture A case report Online International Interdisciplinary Research Journal Apr 2019;9(Spl.3):1-10. ISSN: 2249-9598, International
- Praveen Birur N, Keerthi Gurushanth, Sanjana Patrick, Sumsum P Sunny, Shubhasini A Raghavan, Shubha Gurudath, Usha Hegde, Vidya Tiwari, Vipin Jain, Mohammed Imran, Pratima Rao, Moni Abraham Kuriakose - Role of community health worker in a mobile health program for early detection of oral cancer - Indian Journal of Cancer - Apr - Jun 2019;56(2):107-113. ISSN: 0019-509X, National
- 17. Gurvinder Kaur, Amina Sultan, T J Antony, Shruti S Kumar Residual neonatal tooth in a pre-term infant: A case report and brief review International Journal of Oral Health Dentistry Apr Jun 2019;5(2):118-123. ISSN: 2395-4914, International
- 18. Vinutha Manjunath, Natasha Habib Dental mimicry An emerging concept in dental therapy Journal of Indian Dental Association Kochi Apr Jun 2019;1(2):21-31. ISSN: , National
- 19. Priyanka S, Sowmya Koteshwara, Anitha Subbappa Prevalence of maternal periodontitis and its association with preterm and low birth weight infants: a hospital-based study International Journal of Reproduction, Contraception, Obstetrics and Gynecology May 2019;8(5):1767-1774. ISSN: 2320-1770, International
- 20. Elias M Kuriakose, Anupama Aradya, Raghavendra Swamy K N Cast partial denture: A preferred choice of the patient over acrylic partial and flexible denture A case report International Journal of Advance Research, Ideas and Innovations in Technology May 2019;5(3):615-617. ISSN: 2454 132X, International
- 21. Bhattacharya P T, Patil K, Guledgud M V Effectiveness of 904 nm gallium arsenide diode laser in treatment of oral lichen planus: Report of two cases Actas Dermosifiliogr May 2019;110():325-327. ISSN: 0001 7310, International
- 22. Ruchika Gupta, B R Chandra Shekar, Pankaj Goel, Sudheer Hongal, Rahul Ganavadiya Role of dentist in genetic counseling: A critical appraisal of the current practices and future requirements in Indian scenario - Dental Research Journal - May -Jun 2019;16(3):131-

138. ISSN: 1735-3327, International

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123. Research projects

PI: Dr Rajalakshmi R Professor and Head Department of Physiology
 Title: Assessing functional role of Nrf2 signaling in vitamin D deficiency induced cognitive dysfunction in Type 2 Diabetes Mellitus

Funding Agencies: JSSAHER

Grants: 5,147,600.00

Duration: 03 Yrs.

Status : Ongoing

Contributing departments: Dept. of Physiology, JSS MC

PI: Dr. P.A.Mahesh, Professor & Head, Dept. of TB & Respiratory Medicine, JSS MC, Mysuru
 Title: BOLD II (Burden of obstruction Lung Diseases Follow-up in low/middle income countries BOLD II

Funding Agencies: Imperial College London

Grants: 13,17,131.00

Duration: 5 years

Status : Ongoing

Contributing departments: TB & Respiratory Medicine, JSS MC

 PI: Dr.Divya Prasanna Kumar, Asst.Professor, Dept. of Biochemistry Title: Molecular mechanisms underlying high fat diet (HFD)-induced hepatocellular carcinoma (HCC): specific role of TNF-a converting enzyme (TACE)) and apoptosis antagonizing transcription factor (AATF)

Funding Agencies: DBT Ramalingaswamy Fellowship

Grants: 1,13,60,000.00

Duration: 4 Months

Status : Ongoing

Contributing departments: Biochemistry, JSSMC

4. PI: Dr.Tejashree A.Professor Dept of Microbiology,

Title: A study of Spoligotyping patterns of MTB isolates and their drug resistance analysis among PTB patients in JSS, a tertiary care Hospital, Mysuru, South India

Funding Agencies: RNTCP

Grants: 1,99,000.00

Duration: 2 Yrs.

Status : Ongoing

Contributing departments: Microbiology, JSSMC

5. PI: Dr. Tejashree A. Professor Dept of Microbiology,

Title: Evaluation of Fluorescein diacetate (FDA) sputum-smear staining in comparison with culture for assessing microbiological conversion during follow-up of pulmonary DR-TB patients in Karnataka, India

Funding Agencies: RNTCP

Grants: 1,26,000.00

Duration: 3 Yrs.

Status : Ongoing

Contributing departments: Microbiology, JSSMC

6. **PI:** Dr. MVSST Subbarao. Professor Dept of Biochemistry

Title: Targeting key signaling cascades using D-Formin (A combination of Vitamin-D and Metformin) for inhibiting carcinomas of breast in vitro and in vivo

Funding Agencies: DBT

Grants: 49,69,600.00

Duration: 3 Yrs.

Status : Ongoing

Contributing departments: Biochemistry, JSS MC

7. **PI:** Dr. Anil Bilimale, Asst. Professor, Dept of Community Medicine

Title: Gap assessment of Health and Wellness Clinic in Aspirational district of Karnataka (Yadgir)

Funding Agencies: UNICEF

Grants: 7,74,000.00

Duration: 2 Yrs.

Status : Completed

Contributing departments: Community Medicine, JSS MC

8. PI: Dr Madhu B, Asso.Professor, Dept. of Community Medicine

Title: Spatio-Temporal Analysis of Tuberculosis in Mysuru, District: An Approach to detect areas of Zero incidence

Funding Agencies: RNTCP

Grants: 1,85,000.00

Duration: 2 Yrs.

Status : Ongoing

Contributing departments: Community Medicine, JSS MC

9. PI: Dr. P A Mahesh, Professor & Head, Dept of TB & Respiratory Medicine

Title: Molecular patho-mechanism of biomass smoke induced chronic obstructive pulmonary disease among women: Population based- and in vitro exposure studies

Funding Agencies: Swedish Heart Lung Foundation

Grants: 14,90,000.00

Duration: 3 Yrs.

Status : Ongoing

Contributing departments: TB & Respiratory Medicine, JSS MC

1. PI: Dr. Suma M N, Professor Dept. of Biochemistry

Title: Upregulation of hydroxy – prostaglandin dehydrogenasa (HPGD) using hydroxy – Chloroyuine as a novel therapeutic strategy in cervical carcinoma

Funding Agencies: ICMR

Grants: 50,00,000.00

Duration: 3 Yrs.

Status : Ongoing

Contributing departments: Dept. of Biochemistry, JSS MC

10. PI: Dr. Prashant Vishwanath Professor Dept. of Biochemistry

Title: The effects of chronic fructose intake on lipogenesis and glucose metabolism in mice with and without bitter melon supplementation

Funding Agencies: JSS AHER

Grants: 25000.00 Duration: 1 Yrs.

Status : Ongoing

Contributing departments: Dept. of Biochemistry, JSS MC

11. PI: Dr. Akila Prashanth Professor Dept. of Biochemistry

Title: To study the gene expression of IREB2, CHRNA and FMRI genes in smokers with and without chronic obstructive lung disease

Funding Agencies: JSS AHER

Grants: 25000.00 Duration: 1 Yrs.

Status : Ongoing

Contributing departments: Dept. of Biochemistry, JSS MC

12. PI: Dr.Shobha C.R. Tutor Dept. of Biochemistry

Title: Protective mutations in IREB2, CHRNA & FMRI genes that prevent occurrence of chronic obstructive pulmonary disease among smokers

Funding Agencies: JSS AHER

Grants: 25000.00 Duration: 1 Yrs.

Status : Ongoing

Contributing departments: Dept. of Biochemistry, JSS MC

13. PI: Dr.Jayadev B Betkerur, Professor, Dept of Dermatology

Title: Is contact dermatitis cause of scrotal dermatitis analysis by patch test

Funding Agencies: JSS AHER

Grants: 25000.00 Duration: 1 Yrs.

Status : Ongoing

Contributing departments: Dept. of Dermatology, JSS MC

14. PI: Dr. Smitha MC, Asst. Professor, Dept. of Comm. Medicine

Title: Post partum weight retention among mothers and its association with Sociodemographic, cultural and behavioural factors: A cross sectional study

Funding Agencies: ICMR-Short Term Studentship

Grants: 20000.00

Duration: 6 Months

Status : Ongoing

Contributing departments: Dept. of Community Medicine, JSS MC

15. PI: Dr. Sapna Patel, Asst. Professor, Dept. of Pathology

Title: Hematological profile in patients with autoimmune diseases

Funding Agencies: ICMR-Short Term Studentship

Grants: 20000.00 Duration: 6 Months Status : Ongoing

Contributing departments: Dept. of Pathology, JSS MC

16. PI: Dr. Sowmya G.S, Asso. Professor, Dept. of Microbiology

Title: Screening for multidrug resistant bacterial colonization among patients at admission and five days after admission

Funding Agencies: ICMR-Short Term Studentship

Grants: 20000.00 Duration: 6 Months Status : Ongoing

Contributing departments: Dept. of Microbiology, JSS MC

17. PI: Dr. Nayanabai Shabadi , Asst. Professor, Dept. of Community Medicine

Title: Relationship between body image dissatisfaction, self esteem and stress with eating disorders – a cross sectional study among university students

Funding Agencies: ICMR-Short Term Studentship

Grants: 20000.00 Duration: 6 Months.

Status : Ongoing

Contributing departments: Dept. of Community Medicine, JSS MC

18. PI: Dr. Nandini Manoli Professor Dept. of Pathology,

Title: Comparison of conventional PAP smear and manual liquid based cytology with P16 marker in screening for cervical cancer in Indian tertiary care health setups in Mysuru

Funding Agencies: ICMR-Short Term Studentship

Grants: 20000.00 Duration: 6 Months.

Status : Ongoing

Contributing departments: Dept. of Pathology, JSS MC

19. PI: Dr. Sumana M.N. Professor and Head Dept. of Microbiology,

Title: Evaluation of relationship between bathing habits of post partum women and colonisation of carbepenem resistant enterobacteriaceae (CRE) in neonates in India

Funding Agencies: ICMR-Short Term Studentship

Grants: 20000.00 Duration: 6 Months Status : Ongoing

Contributing departments: Dept. of Microbiology , JSS MC

20. PI: Dr. Anil Bilimale Asst. Professor Dept. of Comm. Medicine

Title: Cross sectional study to evaluate prevalence and predominant risk factors of premature hair greying in students of a University in Mysuru

Funding Agencies: ICMR-Short Term Studentship

Grants: 20000.00 Duration: 6 Months Status : Ongoing

Contributing departments: Dept. of Community Medicine , JSS MC

21. PI: Dr. Vinutha Rangappa Asst. Professor Dept. of Dermatology Title: Study of quality of life in patients with extensive dermatophytosis

Funding Agencies: ICMR-Short Term Studentship

Grants: 20000.00 Duration: 6 Months

Status : Ongoing

Contributing departments: Dept. of Dermatology, JSS MC

22. PI: Dr. Vijaya Vageesh Asst. Professor Dept. of Physiology

Title: Prevalence of sleep deprivation and its correlation with heart rate variability in medical students

Funding Agencies: ICMR-Short Term Studentship

Grants: 20000.00 Duration: 6 Months Status : Ongoing

Contributing departments: Dept. of hysiology, JSS MC

23. **PI:** Dr. Suma M.N. Professor and Head Dept. of Biochemistry **Title:** Determining Vitamin D status: A comparison between diabetic and non-diabetic women with breast cancer by RP-HPLC

Funding Agencies: ICMR-Short Term Studentship

Grants: 20000.00 Duration: 6 Months Status : Ongoing

Contributing departments: Dept. of Biochemistry, JSS MC

24. PI: Dr. Swetha N K, Asst. Professor Dept. of Biochemistry

Title: Validation of Different Diabetes Screening Risk Score for Predicting the Occurrence of Diabetes Mellitus Type II in South Indian Population

Funding Agencies: ICMR-Short Term Studentship

Grants: 20000.00 Duration: 6 Months Status: Ongoing

Contributing departments: Dept. of Biochemistry, JSS MC

25. **PI:** Dr. Bhanukumar M, Professor Dept. of General Medicine **Title:** Quality of life and Psychological Burden among Caregivers of Patients with Dementia

Funding Agencies: ICMR-Short Term Studentship

Grants: 20000.00

Duration: 6 Months

Status : Ongoing

Contributing departments: Dept. of General Medicine y, JSS MC

26. PI: Dr. Prasanna Kumar H.R. Asso. Professor Dept. of MedicineTitle: Study on impact of pictorial drug labelling on medication compliance among elderly

Funding Agencies: ICMR-Short Term Studentship

Grants: 20000.00 Duration: 6 Months Status : Ongoing

Contributing departments: Dept. of General Medicine, JSS MC

27. PI: Dr. Ms. Kavya Sugur, SRF, Dept. of Biochemistry.

Title: Oxidized phospholipids and Lipoprotein(a) as a predictor of severity of coronary artery disease in diabetic patients

Funding Agencies: ICMR- Research Fellowship

Grants: 403200.00 **Duration:** 6 Yrs.

Status : Ongoing

Contributing departments: Dept. of Biochemistry, JSS MC

28. PI: Dr. Vanita Shrikant Bhat, Research Associate Dept. of Biochemistry.

Title: Safety and efficacy Evaluation of Lipid based Nano-Daily disulfide (Nano-DADS) formulation for the treatment of breast cancers

Funding Agencies: ICMR- Research Fellowship

Grants: 403200.00 **Duration:** 3 Yrs.

Status : Ongoing

Contributing departments: Dept. of Biochemistry, JSS MC

29. PI: Mr. Sumit Kumar Dey Ph.D Research Scholar Dept. of Biochemistry.

Title: Elucidation of Proteasome Dysfunction and Endoplasmic Reticulum Stress in the Pathogenesis of lung injury exposed to ubanair pollutants

Funding Agencies: ICMR- Research Fellowship

Grants: 403200.00

Duration: 3 Yrs.

Status : Ongoing

Contributing departments: Dept. of Biochemistry, JSS MC

30. PI: Mr. Mahadevaswamy K.G. Ph.D. Research Scholar Dept. of Biochemistry.

Title: Comparative Assessment of Phenolic Compounds, Extracted from Millets, For Inhibiting the Growth of Colorectal and Breast Carcinomas

Funding Agencies: ICMR- Research Fellowship

Grants: 403200.00 Duration: 3 Yrs.

Status : Ongoing

Contributing departments: Dept. of Biochemistry, JSS MC

31. PI: Dr. Deepa Bhat, Asso. Professor, Dept of Anatomy,

Title: Improving the capacity of Health system and community for sickle cell diseases screening and management an intervention study

Funding Agencies: ICMR

Grants: 27,87,889.00

Duration: 2 Years, 6 months

Status : Ongoing

Contributing departments: Dept. of Anatomy, JSS MC

32. PI: Dr. Akila Prashant Professor, Biochemistry

Title: National Registry for rare and other inherited disorders (NRROID)

Funding Agencies: ICMR

Grants: 2,44,250.00

Duration: 05 Yrs.

Status : Ongoing

Contributing departments: Dept. of Biochemistry, JSS MC

33. **PI:** Dr.Sushma Krishnegowda Assistant professor Dept. of Paediatrics **Title:** Close Range Immersive Photography (CRImP)

Funding Agencies: JSSAHER

Grants: 50000.00 **Duration:** 02 Yrs.

Status : Ongoing

Contributing departments: Dept. of Pediatrics, JSS MC

34. PI: Dr.Nazma Mobin Assistant professor, Dept. of Anatomy

Title: A study of coronary vasculature pattern and dominance in human cadaveric hearts using silicon cast method and its implications in medical undergraduate training

Funding Agencies: JSSAHER

Grants: 100000.00 Duration: 02 Yrs.

Status : Ongoing

Contributing departments: Dept. of Anatomy, JSS MC

35. PI: Dr, Sujatha P Assistant Professor Dept. of Biochemistry

Title: Delineating the mechanism(s) of cell death induced by Diallydisulfide (DADS) in vitro

Funding Agencies: JSSAHER

Grants: 50000.00 **Duration:** 02 Yrs.

Status : Ongoing

Contributing departments: Dept. of Biochemistry, JSS MC

36. PI: Deepthi N Gowda, PG Student, Dept. of Biochemistry

Title: TCF7L2 gene susceptibility to type 2 diabetes and single nucleotide polymorphism in Vokkaliga community of Mysuru district

Funding Agencies: JSSAHER

Grants: 25000.00 **Duration:** 02 Yrs.

Status : Ongoing

Contributing departments: Dept. of Biochemistry, JSS MC

37. PI: Ms. Lakshmi Nivedya, PG Student, Dept. of Biochemistry

Title: Single Nucletide Polymorphism (SNPs) of KCNJ11 and adiponectin gene with susceptibility to type 2 diabetes in Vokkaliga community of Mysuru

Funding Agencies: JSSAHER

Grants: 25000.00 **Duration:** 01 Yrs.

Status : Ongoing

Contributing departments: Dept. of Biochemistry, JSS MC

38. PI: Ms. Nishitha R Kumar, Ph D Scholar, Dept. of Biochemistry

Title: Detection of Antibiotic Resistance genes pattern in clinical isolates of Escherichia coli and Klebsiella pneumoniae using Multiplex PCR its impact in the Management of patients with Sepsis

Funding Agencies: JSSAHER

Grants: 25000.00 **Duration:** 03 Yrs.

Status : Ongoing

Contributing departments: Dept. of Biochemistry, JSS MC

39. PI: Mr. Mohammed Kaleemullah Ph.D Scholar Dept. of Biochemistry

Title: Genotypic characterization of Mycobacterium tuberculosis isolates from tubercolosis patients with and without diabetes

Funding Agencies: JSSAHER

Grants: 25000.00 **Duration:** 01 Yrs.

Status : Ongoing

Contributing departments: Dept. of Biochemistry, JSS MC

40. PI: Dr.Likhitha Nadendla, Post Graduate student Dept. of General Medicine

Title: To study correlation of serum cytokines with vitamin D Levels among diabetics with/without nephropathy

Funding Agencies: JSSAHER

Grants: 25000.00 **Duration:** 01 Yrs.

Status : Ongoing

Contributing departments: Dept. of General Medicine, JSS MC

41. PI: Mr.Sai Dheeraj Mulpuru, Under Graduate student

Title: Comparative study of correlation of Vitamin D with insulin resistance and lipid parameters among diabetics and non diabetics

Funding Agencies: JSSAHER

Grants: 25000.00

Duration: 02 Yrs.

Status : Ongoing

Contributing departments: Dept. of Biochemistry, JSS MC

124. Funded Projects related to the SDG

The Intervention of Phytohormones to Reduce Arsenic Accumulation in Rice Grains – DST Startup Research Grant – Nov 2019 – **23 Lakhs** – PI – Dr. Mohan TC.

Proteomic Analysis of Rice Roots Exposed To Arsenate to Identify the Novel Regulators of Arsenic Stress Response – Collaborative Project With The University Of Warwick, United Kingdom Under Government's Global Challenges Research Fund (GCRF)- Dec 2019 – **14 Lakhs** – PI – Dr. Mohan TC.

1. PI: Dr Vidya C S, Associate Professor, Dept of Anatomy Broad area: Geriatrics Funding Agencies: DBT Grants: 42 lakhs

Contributing departments: Depts of Anatomy, Biochemistry, Geriatric Medicine, JSS MC

2. PI: Dr. Rajalakshmi R, Professor and Head, Dept of Physiology Broad area: Geriatrics Funding Agencies: DBT Grants: 92 lakhs

Contributing departments: Depts of Physiology, Biochemistry, Geriatric Medicine, JSS MC

 PI: Dr.MVSST SubbaRao, Professor, Dept of Biochemistry Broad area: Cervical Cancer Funding Agencies: SPARC Grants: 49 lakhs

Contributing departments: Depts of Biochemistry JSS MC and Pharmaceutics, JSSCPM

PI: Dr.MVSST SubbaRao, Professor, Dept of Biochemistry
 Broad area: Cervical Cancer Funding Agencies: DST Grants: 60 lakhs

Contributing departments: Depts of Biochemistry JSS MC and Pharmaceutical Chemistry, JSSCPM

5. PI: Dr. Madhu B, Associate Professor, Dept of Community Medicine
 Broad area: Hypertension Funding Agencies: MHRD-SPARC T Grants: 56 Lakhs

Contributing departments: Depts of Community Medicine, Biochemistry, JSSMC

6.PI: Dr. Madhu B, Associate Professor, Dept of Community MedicineBroad area: Hypertension Funding Agencies: DST-SERB Grants:49 Lakhs

Contributing departments: Depts of Community Medicine, Biochemistry, JSSMC

7. **PI:** Dr. Mahesh PA, Professor and Head, Dept of TB & Respiratory Medicine **Broad area:** Impact of air pollution on lung function

Funding Agencies: UGC-STRIDE

Grants: 4 Crores

Contributing departments: Depts of Respiratory Medicine, Biochemistry, JSSMC

PI: Dr. Prashant Vishwanath, Professor, Dept of Biochemistry
 Broad area: Haemoglobinopathies Funding Agencies: VGST- K-FIST L₂ Grants: 30 Lakhs

Contributing departments: Depts of Biochemistry, OBG, JSSMC

9. PI: Dr. Shobha C, Tutor, Dept of Biochemistry Broad area: Haemoglobinopathies

Funding Agencies: VGST- K-FIST L₂

Grants: 3 Lakhs

Contributing departments: Dept of Biochemistry, JSSMC

10. **PI:** Dr.Kusuma K.S. Assistant Professor, Dept of Biochemistry **Broad area:** Sarcopenia and Frailty in Elderly

Funding Agencies: DBT

Grants: 50 lakhs

Contributing departments: Dept of Biochemistry, Geriatrics, Physiology, Surgery, Psychiatry and Community Medicine, JSSMC

 11. PI: Dr. Jayanthi MK, Professor and Head, Dept of Pharmacology

 Broad area: Lung Carcinoma Funding Agencies: DBT Grants:
 50 lakhs

Contributing departments: Dept of Pharmacology and Biochemistry, JSSMC

12. PI: Dr. Jayanthi MK, Professor and Head, Dept of Pharmacology Broad area: Lung Carcinoma Funding Agencies: DST-SERB Grants: 63 lakhs

Contributing departments: Dept of Pharmacology and Biochemistry, JSSMC

13. PI: Dr. Jayanthi MK, Professor and Head, Dept of Pharmacology Broad area: Lung Carcinoma Funding Agencies: DST-SERB Grants: 63 lakhs

Contributing departments: Dept of Pharmacology and Biochemistry, JSSMC

14. PI: Dr. Pushpa.V.H, Asso. Professor, Dept of Pharmacology

Broad area: Cancer growth inhibition through ayurvedic extracts in vitro and in vivo

Funding Agencies: DST-SERB

Grants: 49 lakhs

Contributing departments: Dept of Pharmacology and Biochemistry, JSSMC

15. Co PI: Dr. Jayanthi MK, Professor and Head, Dept of Pharmacology Broad area: Parkinson's disease Funding Agencies: DST-SERB Grants: 50 lakhs

Contributing departments: Dept of Pharmacology and Biochemistry, JSSMC

16. PI: Dr Prathima C, Asso. Professor, Dept of Pharmacology Broad area: Tuberculosis

Funding Agencies: TB India- 2019-2020

Grants: 25000

Contributing departments: Dept of Pharmacology and Community Medicine, JSSMC

17. PI: Sumana.M.N, Professor, Dept of Microbiology Broad area: Tuberculosis Funding Agencies: ICMR Grants: 43 lakhs

Contributing departments: Dept of Microbiology, Pharmacology, JSSMC

PI: Dr.Praveen Kulkarni, Associate Professor, Dept of Community Medicine
 Broad area: Family planning interventions Funding Agencies: University of California, USA Grants: 5.75 Lakh

Contributing departments: Dept of Community Medicine , JSSMC

19. PI: Dr.Nayanabai Shabadi, Asst Professor, Dept of Community Medicine Broad area: DOTS in TB

Funding Agencies: TB Association of India

Grants: 50,000

Contributing departments: Dept of Community Medicine, JSSMC

20. PI: Dr.Sunil Kumar D, Associate Professor, Dept of Community Medicine Broad area: Diabetes Mellitus

Funding Agencies: DHR

Grants: 36 Lakh

Contributing departments: Dept of Community Medicine , JSSMC

 21. PI: Dr.Sunil Kumar D, Associate Professor, Dept of Community Medicine

 Broad area: Diabetes Mellitus Funding Agencies: JSS AHER Grants:
 20,000/

Contributing departments: Dept of Community Medicine , JSSMC

22. PI: Dr.Praveen Kulkarni, Associate Professor, Dept of Community Medicine Broad area: Geriatric nutrition Funding Agencies: DBT Grants: 27.5 lakhs

Contributing departments: Dept of Community Medicine, Biochemistry, Geriatric Medicine, Psychiatry, Nutrition & Dietetics, JSSMC

23. PI: Dr.Prathap T, Associate Professor, Dept of OBG Broad area: Laparoscopic hysterectomy

Funding Agencies: ICMR

Grants: 30,000/-

Contributing departments: Dept of OBG, JSSMC

24. PI: Dr. Premnath Raman Professor, Dept of Ophthalmology Broad area: Diabetic Macular Oedema

Funding Agencies: ICMR

Grants: 25,000/-

Contributing departments: Dept of Ophthalmology, JSSMC

25. PI: Dr. Srishti C Betsurmath, Post graduate student, Dept of Dermatology Broad area: Stable Vitiligo Funding Agencies: ICMR Grants: 50,000/-

Contributing departments: Dept of Dermatology, JSSMC

26. Co PI: Dr. Madhu Srinivasarangan Asst. Professor and Head Dept of Emergency Medicine Broad area: Injury surveillance Funding Agencies: NITI Aayog Grants: 1000000/-

Contributing departments: Dept of Emergency Medicine, JSSMC

 PI: Mr.Mohammed Kaleemullah, Post graduate student, Dept of Biochemistry Medicine Broad area: Tuberculosis Funding Agencies: JSSAHER Grants: 55,000.00/-

Contributing departments: Dept of Biochemistry, Pulmonology, JSSMC

28. PI: Dr.Pushpa N.B, Dept of Anatomy Broad area: Mental health Funding Agencies: JSSAHER Grants: 50,000.00 /-

Contributing departments: Dept of Anatomy, JSSMC

29. PI: Dr.Swetha G, Post graduate Student, Dept of Community Medicine Broad area: Diabetes Funding Agencies: JSSAHER Grants: 97,500.00/-

Contributing departments: Dept of Community Medicine, General Medicine, JSSMC

 30. PI: Dr. Shobha C.R, Tutor, Dept of Biochemistry

 Broad area: Obesity Funding Agencies: JSSAHER Grants:
 100,000.00/

Contributing departments: Dept of Biochemistry, JSSMC

31. PI: Dr. P.A. Mahesh, Professor and Head, Dept of TB & Respiratory Medicine Broad area: Confluence of Infectious and Non Communicable Diseases Funding Agencies: ICMR
Grants: 31,582,260.00/-

Contributing departments: Dept of TB & Respiratory Medicine, JSSMC

32. PI: Dr Akila Prashanath, Professor, Dept of Biochemistry Broad area: Neonatal sepsis Funding Agencies: ICMR Grants:3,900,000.00/-

Contributing departments: Dept of Biochemistry, JSSMC

PI: Dr Rajeshkumar T, Associate Professor, Dept of Biochemistry
 Broad area: Neonatal sepsis Funding Agencies: ICMR Grants:4,870,000.00/-

Contributing departments: Dept of Biochemistry, JSSMC

34. PI: Dr. Swetha N.K. Assiatant Professor, Dept of Biochemistry Broad area: Vitamin D deficiency Funding Agencies: ICMR

Grants: 3,337,000.00/-

Contributing departments: Dept of Biochemistry, JSSMC

35. PI: Dr Akila Prashanath, Professor, Dept of BiochemistryBroad area: Neonatal sepsis Funding Agencies: JSSAHER Grants:50000.00/-

Contributing departments: Dept of Biochemistry, JSSMC

36. **PI:** Mr.Meghnath Dahal, Post graduate student, Dept of Biochemistry **Broad area:** Neonatal sepsis

Funding Agencies: JSSAHER

Grants: 50000.00/-

Contributing departments: Dept of Biochemistry, JSSMC

 37. PI: Dr Pushpa.V.H, Asso. Professor, Dept of Pharmacology

 Broad area: Breast cancer Funding Agencies: JSSAHER Grants:
 50000.00/

Contributing departments: Dept Pharmacology, JSSMC

PI: Dr Jayanthi.M.K, Professor & Head, Dept of Pharmacology
 Broad area: Cancer Funding Agencies: JSSAHER Grants: 100000.00/-

Contributing departments: Dept Pharmacology, JSSMC

 39. PI: Dr Ashwini P.K, Asso. Professor & Head, Dept of Dermatology

 Broad area: Vitiligo Funding Agencies: JSSAHER Grants:
 60000.00/

Contributing departments: Dept Dermatology, JSSMC

 40. PI: Ms. Lavanya B R, Post graduate student, Dept of Biochemistry

 Broad area: Diabetic nephropathy Funding Agencies: JSSAHER Grants:
 100000.00/

Contributing departments: Dept Biochemistry y, JSSMC

125. Care and safety measures for pregnant women

Maternal mortality is unacceptably high. About 2,95,000 women died during and following pregnancy and childbirth in 2017. The vast majority of these deaths (94%) occurred in low- resource settings, and most could have been prevented. In order to safeguard mother's health, we provide maternity leave to female working staff with less than two surviving children for a period of 135 days. Maternity leave is also granted on full pay in cases of miscarriage including abortion. Also any leave maybe taken up to one year in continuation with maternity leave. We also undergo research works pertaining to women's health.

Publications:

- Roopa Satyanarayan Basutkar, Pooja Sudarsan, Chris Elizabeth Vinod, Resia Varghese, Divya Perumal, S Ponnusankar. The risk of antenatal depression among the iron-deficient anaemic pregnant women: An evolving correlation, Current Medicine Research and practice ,2019; 9: 150-155.
- Deepalakshmi M., Vignesh Kumar K., Nandini R., Norah HVL Hriatmawii and Arun K.P.* Corticosteroids induced Uterine Bleeding: A Case Report, World Journal Of Pharmacy And Pharmaceutical Sciences, May 2019; 8 (5): 1289-1293.
- Roopa BS, Thomas Eipe, Tenzin Tsundue, Divya P, S Ponnusankar Reduced vitamin D levels and iron deficiency anaemia in pregnant women: an evolving correlation, Journal of Young Pharmacists 2019; 11(1): 92-96
- Roopa BS, Tenzin T, Hema S, Anju Rose, S Ponnusankar. Vitamin D supplementation in patients with iron deficiency anaemia: a systematic review and a meta-analysis. Systematic Reviews in Pharmacy 2019; 10 (1): 01-10

126. Research and publication, patents Counciling to the pregnant women regarding the care and safety measures about micro nutrients

Measures taken for safety of pregnant women

In order to safeguard mother's health, we provide maternity leave to female working staff with less than two surviving children for a period of 135 days. Maternity leave is also granted on full pay in cases of miscarriage including abortion. Also any leave maybe taken up to one year in continuation with maternity leave. We also undergo research works pertaining to women's health.

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127. Research related to the mentioned conditions. NSS awareness programs on communicable diseases

Non communicable diseases, mental health and well being

Non communicable diseases (NCDs) contribute to around 5.87 million (60%) of all deaths in India. Our contributions to this agenda includes research works pertaining to communicable diseases such as Alzheimer's, Cancer, Diabetes and various neuro- degenerative diseases. The Rotaract Club of JSS College of Pharmacy, Ooty sponsored by the Rotary Club Nilgiris West organised the 'Prevention of Depression & Suicide Among Youth' program that comprised of the intercollegiate short film competition "WE CARE" and "WE ARE READY TO TALK" awareness speech to promote mental health and wellbeing and to prevent depression & suicide among youth which is the crucial need of the hour. As a Consultant psychiatrist, Rtn. Dr. Shivadharshini brilliantly reflected the psychological facets of the movies that elucidated on the enhancing of Mental Health of Youth.

128. Free zones from tabacco and alcohol. Disciplinary committee to monitor the substance abuses.

Being a healthcare institute, we follow strict policies to control substance abuses. Our inter disciplinary committee is engaged in monitoring students regarding alcohol and narcotic substances abuses. Any acts by students regarding to such substances will lead to suspension.



Sign board indicating no to substance abuse

Patient counselling, Research, maternity leave and insurance, Rotract program on mentrural hygeine, Provition of incinarators for safe disposable of sanitary napkins

129. Sustainable Menstruation Program

The Rotaract Club of JSSCPO and the Rotary Club of Nilgiris West organised a sustainable menstruation program for the college girls and staff of JSS College of Pharmacy, at the College auditorium.

The speaker, Gynaecologist Rtn. Dr. Keerthana Kumar rendered a very informative talk on the menstrual hygiene and the deleterious effects of the single use sanitary pads. The session was very interactive where all the questions raised by the audience were graciously answered by the doctor and Rtn. Mrs. Sunitha Bala. They clearly explained the essential need for the women to shift to green menstruation and were incredibly impactful after which Ms. Renita Castelino; a Pharm D Intern gave a very positive feedback.

The two Ladies of Essence, Mrs. Sunitha Bala & Dr. Keerthana broke the myths and hesitation about periods and facilitated the girls with a positive mindset of No More Remorse & Whispers through their menstrual cycle and a Big Shout out to a Happy Sustainable Menstruation.



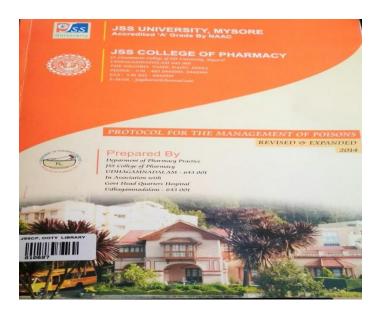
130. Maternity leave to female working staff

To safeguard mother's health, we provide maternity leave to female working staff with less than two surviving children for a period of 135 days. Maternity leave is also granted on full pay in cases of miscarriage including abortion. Also any leave maybe taken up to one year in continuation with maternity leave.

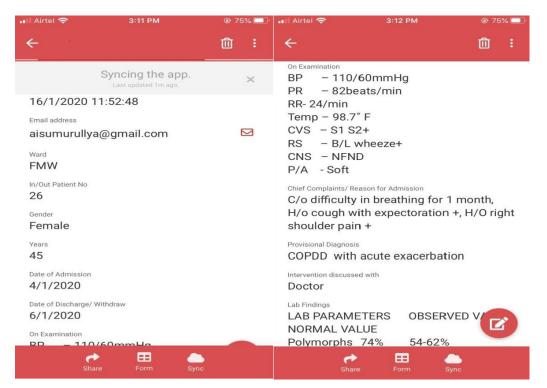
131. Drug information's Centre

All drug information's Centre, DIC app, Antibiotic policy and antibiogram development, High alert medication list, Poison information and poison protocol, Drug profiles and hospital Formulary, Health camps and dental camps, Health card insurance and tie up with SM hospital, Patient counseling for all drug information. Health insurance provided by the college.

As health care institute we involve our students to create health care services to general public through various case studies. We also monitor the adverse drug effects through various patient care services which is regularly documented. Apart from patient care, we also follow protocols for management of poisons. We transformed the process of the functioning of drug information centre through information technology essentially involving two Apps the Drug Info Service App (Available in Google Play store for Android Phones) and WEB app that works as backend platform for Android App (available in the Drug and Poison Information Centre, Clinical Pharmacy Services, Government Headquarters Hospital, Ooty). Involving information technology (Web App and smartphone App) can hasten the process of the systematic approach for answering the queries.



Protocol for poison management



Drug info service application

132. Biosafety approvals

Biosafety approvals disposable of chemicals, use of Ro water, research of pesticide in soil pollution safe disposal of chemicals, biologicals, policy , licence for alcohol, solid waste management system, water treatment plant

Being a health care institute our bio medical waste generator are segregated and disposed in an effective manner so as to prevent health hazards and infections. We also have a membership certificate from society for bio medical waste management

6	
	SOCIETY FOR BIO - NEDICAL WASTE MANAGEMENT (REGD.
SOCIETY FOR BIO MEDICAL WASTE MANAGEMENT THE NILGIRIS REGISTERED UNDER SOCIETY ACT No: 72 / 2010 GOVERNMENT OF TAMILADU	8. IMA - NIL GIRIS BRANCH REGD No. 72/2010 Dife. 13. 09. 19
SL.No Membership Certificate	. International Massers J.S.S. College of pharmaly
This is to Certify that M/S/DR. J. 9.9. College of Pharmacy	
	2019 - 2020
disposed through the treatment plant run by our society as per the norms and approva	For SOCIETY FOR BIO - MEDICAL WASTE MAMAGEMENT
Tamil Nadu Pollution Control Board	Hon. Treasurer/Hon Secretary

Member certificate and renewal certificate of biosafety approval

133. Tobacco free zone

Being a healthcare institute, we follow strict policies to control substance abuses. Our inter disciplinary committee is engaged in monitoring students regarding alcohol and narcotic substances abuses. Any acts by students regarding to such substances will lead to suspension.



134. Medical camps Polio vaccines

Medical camps Polio vaccines, awareness program, antinatal card for pregnant vaccines Research and development of novel formulations and technologies policies for IPR and WORLD POLIO DAY

This year, World Polio day was observed with the theme of "END POLIO NOW". In this regard, the Rotary Nilgiris West along with the Rotaract Club of JSSCPO organised a polio awareness program for the students of JSS College of Pharmacy Ooty, at the College auditorium.

Rtn. Dr. S P Dhanabal, Principal JSSCPO welcomed the gathering of about 250 students, staff & Rotarians after which the President of the Rotary Club Nilgiris West, Dr. V Balasubhramaniam gave a presentation that elucidated about the current facts and stats on Polio and the urgent need to eradicate Poliomyelitis.

The session truly shed light to the audience that though India has an edge over a few other countries by being declared as a Polio Free Country by the WHO; until the virus is completely obliterated from the world, every child in the country is under the risk of a poliovirus attack and explained the alarming state that if all eradication efforts are stopped now, within 10 years polio could paralyse as many as 200,000 children each year.

This encouraged the audience to contribute to End Polio Now and be a part of the history that Rotary has created.

Outreach Camps

135.Diabetes Self-Management Education Camp

An outreach activity on Diabetes Education was organized by the Coordinator of Special Interest Group in Patient Care Management (SIG PCM), Mrs. Kanakavalli K. Kundury, Assistant Professor, Department of Health System Management Studies under the leadership of Dr. H. BasavanaGowdappa, Vice Chancellor, JSS Academy of Higher Education & Research, at JSS Urban Health Centre (UHC), Medar Block, Mysuru on Saturday,



Details of diabetic patients were collected from the records of JSSUHC and 75 patients in the community were informed prior, through phone calls, about the camp being conducted. A total of 65 patients have attended the camp. Diabetes management education was given to them using a PowerPoint Presentation (PPT) in local language Kannada. Patients had expressed their appreciation on the efforts taken to empower them with knowledge required for self-management of diabetes.



136.Health Camp organized by SAAHAS Zero waste

Dr. Mamatha was invited as resource person for the health camp organized by TATA Global Beverages in collaboration with SAAHAS Zero waste for the rag pickers in Mysore



137.Guest Lecture on Health Education from District Health and Family Welfare Organization

Dr. Mamatha was invited for a guest lecture from District Health and Family welfare organization, Mysore as part of MDP for district health officers during February/March 2020



138.Hand Hygiene Day

The program was conducted at JSS Hospital. The importance of hand hygiene was stresses by Director, JSSH, HICC Chairman Dr Ravi M D, JSSH as well as by Mr. Rohit Bhatia- Assistant Vice President Marketing form Schulke India. The awareness amongst the public was instilled by performance of hand rub by general public, patients, HCW and students across the facility. This was followed by prize distribution to the winners of the hand hygiene practices by the different cadres of workers of the hospital. The Mass Photo Shoot was carried out by HIC team, voluntaries and MBA volunteers' students as well as Nursing Students showing clean hands after hand rub in West Gate entry.



139.Good Health and Wellbeing can be archived through dedicated sports activities:

During recent decades, there has been a progressive decline in the level of physical activity in people's daily lives in developed countries. Sport and physical activity have long been used as a tool to improve mental, physical and social well-being. Sports also play the important role of imparting character values, teach honesty, teamwork and fair play.

Yoga plays a very important role in our life. The art of practicing yoga helps in controlling an individual's mind, body and soul. It brings together physical and mental disciplines to achieve a peaceful body and mind; it helps manage stress and anxiety and keeps you relaxing. It also helps in increasing flexibility, muscle strength and body tone. Yoga teaches students to persevere, be patient, and work towards their goals. Yoga also provides tools for practicing compassion, mindfulness, generosity, focus, strength, and flexibility. Hence, during the induction program, Mr. Srihari, Yoga practitioner was invited to share the benefits of yoga to the students.



140.JSS Inter- Institutional Sports Meet held at Suttur

This sports meet was conducted in the memory of Paramapujiya Jagadguru Dr. Shivarathri Rajendra Mahaswamiji. There were more than 500 participants who participated from various JSS institutions. The students of Department of Health System Management Studies, JSSAHER participated and won prizes.



141.JSS AIKYA U-FEST SPORTS MEET 2020

The sports meet was hosted by JSS Dental College & Hospital, Mysore from 5th to 7th March 2020 at JSS Academy of Higher Education & Research (JSS AHER) sports ground, the meet was inaugurated by Dr. Surinder Singh, Vice Chancellor, JSS AHER and the Guest of Honor Mr. Nagaraj.R, National level Tennis player.



142. South Zone Inter University Basketball tournament:

Selected men's and women's team from JSS AHER represented the JSS Academy of Higher Education & Research in the South Zone Inter University Basketball tournament held at Chennai.

The men's and women's team along with respective team managers Dr.Sujay M.J, and Dr. Divya Rao represented the institution



143. Awareness on Food Adulteration

Division of Nutrition & Dietetics, DWH-FLS, JSS AHER, Mysuru exhibited a stall on "Food Adulteration" at Suttur Jathra. Faculties, Research Scholars, students of under graduate, Post Graduate and non-teaching staff were involved in mobilizing the awareness among several thousands of visitors including pilgrims, tourists, students and public.

During the exhibition-

- The mode of adulteration, adulterants added and how to detect the added adulterants of different food groups such as milk and milk products, cereals and pulses, oils and fats, sugar and sugar products, spices, processed foods were demonstrated live to the visitors.
- Awareness about health hazards (such as cancer, lungs disease, heart disease, renal disorders, etc.) of the adulterants, non-permitted food colors, preservatives, pesticides, regular intake of carbonated beverages and intake of fried .foods prepared in oil used repeatedly.



Division of Nutrition and Dietetics stall at Suttur Jathra Students demonstrating to visitors at the food adulteration stall

143. Awareness on Rare Diseases

The Department of Water & Health in association with JSS Medical College had organized "World Rare Diseases Day". The awareness program was initiated by the Special Interest Group in Rare Genetic Diseases.



L- R: Dr. N. Raghu, Dr.Srinivasamurthy, Paediatrician, Neonatal Intensive Care Unit (NICU), JSS HOSPITAL & Dr.Amruthavalli, Associate Professor - CIST, University of Mysore.

As a prelude to the event, a Marathon named "Race for 7" was conducted by Special Interest Group (SIG) in collaboration with Organisation for Rare Diseases India (ORDI), JSS Hospitals & JSS AHER on 28th February to mark the occasion and to create awareness on "World Rare Disease Day".



Students and faculties of FLS and JSS Medical College participated on the marathon event organized by SIG group in collaboration with Organization for Rare Diseases India (ORDI), JSS Hospitals & JSS AHER

144. Discussions beyond boundaries regarding diseases

The Allergy School on "Insect Venom Allergy and Mastocytosis", held at The University Medical Center Groningen, Netherlands. The Allergy school was organized by the European Academy of Allergy and Clinical Immunology, Switzerland. **Dr. M.N. Kiran Kumar** attended the event to extend the knowledge between institutions. Such discussions would help gather better ideas on diseases which can be further worked on to treat cost effectively.

145. International Day of Immunology

To mark the International Day of Immunology, Division of Biotechnology & Bioinformatics, Department of Water & Health – Faculty of Life Sciences (DW & H - FLS), JSS Academy of Higher Education & Research (JSS AHER), Mysuru, in association with Indian Immunological Society (IIS), All India Institute of Medical Sciences, New Delhi, organised a one day program on the theme "Immunology and Allergic Diseases" at DW&H – FLS, JSS AHER, Mysuru. The event was sponsored by Indian Immunological Society (IIS).

The opening remarks was conveyed by the Presiding Guest of this function, Dr. (col) M Dayananda, Director, JSS Hospital, Mysore, on the importance of immunology and facing the growing environmental challenges in the world. Next, special lectures were delivered by Dr. Y.P. Venkatesh, Rtd. Scientist, Central Food Technological Research Institute, Mysuru who conveyed the key message on "Science on Allergology in Relation to Food Allergens", accompanied by Dr. P.A Mahesh, Professor & Head, TB & Respiratory Medicine, JSS Medical College & Hospital, Mysuru delivered the talk on "An Introduction into the Epidemiology and Immunology of Sensitization to Allergens". Undergraduate and postgraduate students of DW & H – FLS presented the E-posters on the theme "Immunology and Allergic Diseases". The E-posters were evaluated by the external judge, Dr. Venkatesh YP, Rtd. Scientist, CFTRI, Mysuru. The celebration day was concluded by prize distribution to the awardees, followed by concluding remarks from the Head, Dr. Raveesha KA, DW & H - FLS.



Dr. (col) M. Dayananda, Director, JSS Hospital, Mysore, delivering the Presidential address Winners of E – poster competitions being felicitated by Dr. Y.P. Venkatesh, Rtd. Scientist, CFTRI, Mysuru. The event was organized by Dr. Kiran kumar MN (left).

146. Sports and Cultural meet

Health and well-being are an important aspect of academic success and retention; when a student is healthy in mind and body, they are better able to focus on and complete their studies. By taking measures to improve a student's health and well-being, an institution is actually helping its self by potentially increasing the student's GPA and graduation, and retention rates.

The goal is to have the campus community flourish and be fulfilled individually and within our communities where we live, learn, work, and play which is in line with the Fit India Movement of the Government of India. As one of the vital stakeholders in Health & Well-Being, the Sports and Campus Recreation Complex should fulfill this vision by providing space and opportunities for students to discover and affirm their own well-being practices in five different dimensions (emotional, physical, social, professional and spiritual) that lead to a healthy lifestyle.

DWH – FLS conducted the annual sports and cultural meet .The event was inaugurated by Dr. S. Balasubramanian, Dean, FLS and Director Research, and

Dr. P.A.Kushalappa, Director Academics. FLS Annual Sports Meet was organized on 9th and 10th April. Students participated in several competitions like cricket, football, athletics, shuttle etc., and won prizes. Several off stage events like rangoli, hair styling, tattooing, face painting, creative writing, canvas painting, cooking without fire, best out of waste etc., were organized.



Winners of the cricket team being felicitated by Dr.P.A Kushalappa, Director Academic, JSS AHER at the FLS Annual Sports Meet.



Winners of all the sports events at the Department of Water & Health-FLS

Annual Meets



Participants and winners of off stage competitions



Students participating in various on stage events

Mr. Inchara Bhavith bagged the silver medal in the 24th Asian-International WFSKO Open Karate Championship held at Priyadarshini Sports Complex, Mumbai.



Mr. Inchara Bhavith with his silver medal

147. YOGA FOR WELL BEING

Yoga practices are being conducted at the Medical college campus on a regular basis for the wellbeing of faculty and students.

