

## REPORT ON ANNUAL CAMP BY NSS UNIT AT PILLAHALLI

A week long Special annual NSS camp was conducted between the 24<sup>th</sup> of February, 2020 to 1<sup>st</sup> March, 2020. This camp was organized by the NSS unit of JSS Dental College and Hospital under the guidance of the NSS Programme Officer , **Dr Thippeswamy HM and Dr Avinash BS** ( Assistant NSS Programme officer). The venue of the camp was Pillahalli Village , Mysuru taluk. Due to the wide publicity which was carried out before the camp around 350 residents in and around the village were benefited. More than 35 volunteers served during that one week . Dental check-ups along with treatment of minor dental problems were done. Along with Free ayurvedic check up, medicines were distributed to all the patients. The camp was inaugurated on the 24<sup>th</sup> by our principal **Dr. Ravindra S, KL Krishna (NSS university coordinator)** along with our superintendent **Mr Shadakshara Swamy (Ravi)**. Samplings were planted near the government school at Pillahalli. On the 25<sup>th</sup> , Dental Screening was done in a government school at Varuna . Around 300 children and a few locals were examined and screened for oral hygiene status. Knowledge was imparted to them regarding the need for maintaining good oral hygiene as well as how to achieve good oral hygiene by lectures in each classroom and house to house visit. Also, distribution of pamphlets was done which emphasized on the benefits of maintaining good oral hygiene On the 26<sup>th</sup> of February, the NSS volunteers visited the Government School in varuna, where dental treatment was done in the Mobile Dental Van. The children were also educated on Brushing Techniques and Hand washing in order to keep themselves disease free as well as to maintain proper oral and body hygiene. A Talk on “Harmful Effects of tobacco” was delivered to ASHA workers and few villagers by **Dr Maurya M** .

On the 27<sup>th</sup> of February, a dental screening and treatment camp was carried out in the Government School, Pillahalli. The school children and villagers were screened and treated. The children of the school were very happy and content with the treatment that was provided to them. An Ayurvedic camp was also organized by JSS Ayurvedic Medical College and Hospital , Mysuru which highlighted the importance of ayurvedic medicinal plants and the traditional methods to maintain good health. Even though the locals and the villagers have the ideas of treating conditions with naturally available medicinal plants, they were open to our ideas of treatment and accepted the treatment that we offered. Treatments like scaling, extractions and restorations were done. On the 28<sup>th</sup> of February all the NSS volunteers gathered at Pillahalli where a demonstration was given by Fire Brigade Officers, Bannimantap . They emphasized the need to take precautions with respect to fire and also dealt with the ways to extinguish fire. An educative talk was organized in regard to the same. All children and locals including the NSS Volunteers were benefitted . A Free Ophthalmic check up camp was organized on 29<sup>th</sup> February by JSS Hospital to benefit the villagers . An Educative talk on “Oral Hygiene maintenance for Children” was delivered by **Dr Raghavendra Shanbhog** . This benefited the children as it was very much informative. The camp concluded on 1<sup>st</sup> March, 2020.

The entire week was a very service driven and informative week.

















