JSS ACADEMY OF HIGHER EDUCATION & RESEARCH

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JSS AHER/COE/PHD/RES/2024-25/625

Date: 23rd May 2024

Declaration of Doctor of Philosophy Result

The Public Viva-voce examination in respect of the candidate. Ms. Varsha T was conducted on 18th April 2024. The Board of Examiners has recommended the award of degree of Doctor of Philosophy and the same has been approved. Accordingly, it is hereby declared that the candidate has passed **Doctor of Philosophy** and therefore qualified to receive the degree of **Doctor of Philosophy**.

Name of the Candidate	Title of the Thesis
Ms. Varsha T	
Reg No: 20PHM005	"An empirical study on stress level and stress management among IT professionals".
College: DHSMS , JSSAHER , Mysuru	

Controller of Examinations

To

- 1. Guide Dr. H K Mamatha, Associate Professor and Coordinator, DHSMS, JSS AHER, Mysuru. Email: pc mamatha@jssuni.edu.in.
- 2. The Coordinator, DHSMS, JSS AHER, Mysuru, Email: hsms@jssuni.edu.in
- 3. Candidate 20PHM005, Ms. Varsha T- through the guide.
- 4. Dr. Daneshwar Doobree, Mauritius., Email: ddoobree@intnet.mu.
- 5. Dr. Ranjit Singh, Uttar Pradesh, Email: ranjitsingh@iiita.ac.in.
- 6. Dr. J Rajan, Kerala, Email: jrajanimk@gmail.com.
- 7. Candidate's Personal file.
- 8. Computer Section Office of the COE, for Web Publication.

Copy submitted to the Vice Chancellor for kind information.