💽 Sri Shivarathreeshwara Nagara, Mysuru – 570 015, Karnataka, India.











JSSAHER/COE/DOY/NTT/2024-25/2213

20 Sep 2024

EXAMINATION NOTIFICATION

1. B.Sc., Yoga and M.Sc., Yoga (RS1 & OS) Examinations will be held from 28.10.2024. Theory and Practical Examination Timetables are enclosed.

2. Details of dates for fee payment and other requirements are as under:

1.	Generation of Online Application form by the Office	27.09.2024		
2.	Last date for payment of Examination Fee without fine	09.10.2024		
3.	Last date for payment of examination fee with fine of ₹ 500/- 14.10.2024			
4.	Last date for payment of examination fee with fine of ₹ 1000/-			
5.	Last date for submission of Internal assessment marks & Attendance to The Office of the COE, JSSAHER. 22.10.202			
6.	Issue of Hall Tickets	23.10.2024		

3. Details of Fee Structure are as under:

1.	Examination Application form	₹ 300-00		
2.	Marks Card Fee	₹ 400-00		
3.	Examination fee – B.Sc., Yoga			
	i) Per Theory Paper (including non-university exams)	₹ 300-00		
	ii) Per Practical Paper	₹ 300-00		
	iii) Degree certificate fee (For VI Sem Students only)			
	Indian Nationals ₹ 3000-00			
	Foreign Nationals	₹ 5000-00		
4.	4. Examination fee – M.Sc., Yoga			
	i) Per Theory Paper (including non-university exams)	₹ 1000-00		
	ii) Per Practical Paper	₹ 1000-00		
	iii) Degree certificate fee (For IV Sem Students only)			
	Indian Nationals	₹ 6000-00		
	Foreign Nationals	₹ 8000-00		

4. Instructions to the candidates:

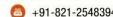
No candidate is exempted from payment of examination fee. Candidates with a shortage of attendance and/or Internal Assessment marks, as per JSS AHERregulations, are not eligible to appear for examinations. Fees once paid will not be refunded or adjusted.

5. Instructions to the Head of Department/Institution:

There is no provision for condonation of shortage of attendance / IA marks. The examination fee shall be credited to "JSS AHER Examination Fee A/c", and the statement showing the details of the candidates, register number, subjects, fee collected, etc. shall be sent to this office in triplicate. A separate statement of non-appearing and non-eligible candidates should also be sent.













JSSAHER/COE/DOY/NTT/2024-25/2213

20 Sep 2024

B.Sc., Yoga (RS1) Second Semester Examinations - Oct 2024 **Theory Examination Timetable**

Date & Day	Time	QP Code	Subject
28.10.2024 Monday	10 AM - 01 PM	13003	Principles of Yoga – Part 2
30.10.2024 Wednesday	10 AM - 01 PM	13004	Patanjali Yoga Sutras – Part 1
04.11.2024 Monday	10 AM - 01 PM	13005	Biology of Human Body - Basics of Anatomy & Physiology - Part II

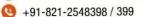
Center: Department of Yoga, JSS AHER, Mysuru.

Practical Examination Timetable

Date & Day	Time	Subject
09.11.2024 Saturday	6:30 AM Onwards	Yoga Practical - II

Center: Department of Yoga, JSS AHER, Mysuru















JSSAHER/COE/DOY/NTT/2024-25/2213

20 Sep 2024

B.Sc., Yoga (OS) Fourth Semester Examinations - Oct 2024 **Theory Examination Timetable**

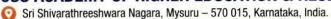
Date & Day	Time	QP Code	Subject
28.10.2024 Monday	10 AM - 01 PM	3011	Hatha Yoga – Part 2
30.10.2024 Wednesday	10 AM - 01 PM	3012	Yogic Psychology
04.11.2024 Monday	10 AM - 01 PM	3013	Introduction to Physiotherapy & Exercise Therapy
06.11.2024 Wednesday	10 AM - 01 PM	3014	Yoga and Mental Health
08.11.2024 Friday	10 AM - 01 PM	3015	Rehabilitation Psychology

Center: Department of Yoga, JSS AHER, Mysuru

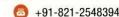
Practical Examination Timetable

Date & Day	Time	Subject
09.11.2024 Saturday	6:30 AM Onwards	Yoga Practical - IV

Center: Department of Yoga, JSS AHER, Mysuru













JSSAHER/COE/DOY/NTT/2024-25/2213

20 Sep 2024

B.Sc., Yoga (OS) Sixth Semester Examinations - Oct 2024 **Theory Examination Timetable**

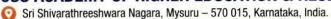
Date & Day	Time	QP Code	Subject
28.10.2024 Monday	10 AM - 01 PM	3021	Research Methodology
30.10.2024 Wednesday	10 AM - 01 PM	3022	Physiology of Yoga
04.11.2024 Monday	10 AM - 01 PM	3023	Nutrition & Dietetics and Concept of Yogic Diet
06.11.2024 Wednesday	10 AM - 01 PM	3024	Nutrition and Sports & Fitness
08.11.2024	10 AM - 01 PM	3025	Importance of Veda
Friday	10 AW - 01 1 W	3026	Introduction to AYUSH

Center: Department of Yoga, JSS AHER, Mysuru.

Practical Examination Timetable

Date & Day	Time	Subject
09.11.2024 Saturday	6:30 AM Onwards	Yoga Practical - VI

Center: Department of Yoga, JSS AHER, Mysuru















JSSAHER/COE/DOY/NTT/2024-25/2213

20 Sep 2024

M.Sc., Yoga (RS1) First Semester Examinations – Oct 2024 **Theory Examination Timetable**

Date & Day	Time	QP Code	Subject
28.10.2024 Monday	02 PM - 05 PM	13051	Fundamentals of Yoga – Part 1
30.10.2024 Wednesday	02 PM - 05 PM	13052	Basics of Human Anatomy & Medical Physiology – Part 1
04.11.2024 Monday	02 PM - 05 PM	13053	Medical Biochemistry & Food Science
06.11.2024 Wednesday	02 PM - 05 PM	13054	Yoga for Mental Health

Center: Department of Yoga, JSS AHER, Mysuru.

Practical Examination Timetable

Date/Day	Time	Subject
09.11.2024 Saturday	7:00 AM Onwards	Yoga Practical - I

Center: Department of Yoga, JSS AHER, Mysuru.









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JSSAHER/COE/DOY/NTT/2024-25/2213

20 Sep 2024

M.Sc., Yoga (RS1) Second Semester Examinations - Oct 2024 **Theory Examination Timetable**

Date & Day	Time	QP Code	Subject
28.10.2024 Monday	10 AM - 01 PM	13056	Fundamentals of Yoga – Part
30.10.2024 Wednesday	10 AM - 01 PM	13057	Basics of Human Anatomy & Medical Physiology – Part 2
04.11.2024 Monday	10 AM - 01 PM	13058	Immunology & Yoga
06.11.2024 Wednesday	10 AM - 01 PM	13059	Yoga and Oncology
08.11.2024 Friday	10 AM - 01 PM	13060	Yoga & Exercise Therapy

Center: Department of Yoga, JSS AHER, Mysuru

Practical Examination Timetable

Date & Day	Time	Subject
09.11.2024 Saturday	6:30 AM Onwards	Yoga Practical - II

Center: Department of Yoga, JSS AHER, Mysuru

Dr. R. Sudeendra Bhat Controller of Examinations

JSS ACADEMY OF HIGHER EDUCATION & RESEARCH



Sri Shivarathreeshwara Nagara, Mysuru – 570 015, Karnataka, India.













JSSAHER/COE/DOY/NTT/2024-25/2213

20 Sep 2024

M.Sc., Yoga (OS) Fourth Semester Examinations – Oct/Nov 2024 **Theory Examination Timetable**

Date & Day	Time	QP Code	Subject
28.11.202 Thursday	10 AM - 01 PM	3067	Yoga & Psychology

Center: Department of Yoga, JSS AHER, Mysuru

Practical Examination Timetable

Date & Day	Time	Subject
30.11.2024 Saturday	11 AM - 01 PM	Dissertation Presentation & Viva Voce Examination

Center: Department of Yoga, JSS AHER, Mysuru