

JSSAHER/COE/DOY/NTT/2025-26/2794

06 Nov 2025

EXAMINATION NOTIFICATION (Amended)

1. B.Sc., Yoga and M.Sc., Yoga (RS1 & OS) Examinations will be held in December 2025 at the Department of Yoga, JSSAHER, Mysuru center.
2. Theory and Practical Examination Timetables are enclosed.
3. **Details of dates for fee payment and other requirements are as under:**

1.	Generation of Online Application form by the Office	15.11.2025
2.	Last date for payment of Examination Fee without fine	25.11.2025
3.	Last date for payment of examination fee with fine of ₹ 500/-	28.12.2025
4.	Last date for payment of examination fee with fine of ₹ 1000/-	30.12.2025
5.	Last date for submission of Internal assessment marks & Attendance to the Office of the COE, JSSAHER.	01.12.2025
6.	Issue of Hall Tickets	02.12.2025

4. Details of the Fee Structure are as under:

1.	Examination Application form	₹	300-00
2.	Marks Card Fee	₹	400-00
3.	Examination fee – B.Sc., Yoga		
	i) Per Theory Paper (including non-university exams)	₹	300-00
	ii) Per Practical Paper	₹	300-00
	iii) Degree certificate fee (For VI Sem Students only, if not already paid)		
	Indian Nationals	₹	3000-00
	Foreign Nationals	₹	5000-00
4.	Examination fee – M.Sc., Yoga		
	i) Per Theory Paper (including non-university exams)	₹	1000-00
	ii) Per Practical Paper	₹	1000-00
	iii) Degree certificate fee (For IV Sem Students only, if not paid already)		
	Indian Nationals	₹	6000-00
	Foreign Nationals	₹	8000-00
5.	Dissertation Fee	₹	2000-00

5. Instructions to the candidates:

- a) No candidate is exempted from payment of examination fee.
- b) Candidates with a shortage of attendance and/or Internal Assessment marks, as per JSS AHER regulations, are not eligible to appear for examinations.
- c) Fees once paid will not be refunded or adjusted.

6. Instructions to the Head of Department/Institution:

- a) There is no provision for condonation of shortage of attendance / IA marks.
- b) The examination fee shall be credited to “JSS AHER Examination Fee A/c”, and the statement showing the details of the candidates, register number, subjects, fee collected, etc. shall be sent to this office in triplicate.
- c) A separate statement of non-appearing and non-eligible candidates should also be sent.
- d) The convocation applications of all the final year students shall be collected and sent along with the statement.

Sd/-
Controller of Examinations

JSSAHER/COE/DOY/NTT/2025-26/2794

06 Nov 2025

B.Sc., Yoga (RS1) Fourth Semester Examinations – December 2025

Theory Examination Timetable (Amended)

Date/Day	Time	QP Code	Subject
04.12.2025 Thursday	10 AM - 01 PM	13010	Hatha Yoga -Part 2
06.12.2025 Saturday	10 AM - 01 PM	13011	Yogic Psychology
08.12.2025 Monday	10 AM - 01 PM	13012	Application of Yoga for Society
10.12.2025 Wednesday	10 AM - 01 PM	13013	Food Science & Yoga

Practical Examination Timetable (Amended)

Date/Day	Time	Subject
13.12.2025 Saturday	6.30 AM onwards	Yoga Practical - IV



Controller of Examinations

JSSAHER/COE/DOY/NTT/2025-26/2794

06 Nov 2025

B.Sc., Yoga (OS) Sixth Semester Examinations – December 2025

Theory Examination Timetable (Amended)

Date/Day	Time	QP Code	Subject
04.12.2025 Thursday	10 AM - 01 PM	3021	Research Methodology
06.12.2025 Saturday	10 AM - 01 PM	3022	Physiology of Yoga
08.12.2025 Monday	10 AM - 01 PM	3023	Nutrition & Dietetics and Concept of Yogic Diet
10.12.2025 Wednesday	10 AM - 01 PM	3024	Nutrition and Sports & Fitness
12.12.2025 Friday	10 AM - 01 PM	3025	Importance of Veda
	10 AM - 01 PM	3026	Introduction to AYUSH

Practical Examination Timetable (Amended)

Date/Day	Time	Subject
13.12.2025 Saturday	6.30 AM onwards	Yoga Practical - VI



Controller of Examinations

JSSAHER/COE/DOY/NTT/2025-26/2794

06 Nov 2025

M.Sc., Yoga (RS1) First Semester Examinations – December 2025

Theory Examination Timetable

Date/Day	Time	QP Code	Subject
10.12.2025 Wednesday	02 PM - 05 PM	13051	Fundamentals of Yoga – Part 1
12.12.2025 Friday	02 PM - 05 PM	13052	Basics of Human Anatomy & Medical Physiology – Part 1
15.12.2025 Monday	02 PM - 05 PM	13053	Medical Biochemistry & Food Science
17.12.2025 Wednesday	02 PM - 05 PM	13054	Yoga for Mental Health

Practical Examination Timetable

Date/Day	Time	Subject
22.12.2025 Monday	6.30 AM onwards	Yoga Practical - I



Controller of Examinations

JSSAHER/COE/DOY/NTT/2025-26/2794

06 Nov 2025

M.Sc., Yoga (RS1) Second Semester Examinations - December 2025

Theory Examination Timetable

Date & Day	Time	QP Code	Subject
10.12.2025 Wednesday	10 AM - 01 PM	13055	Fundamentals of Yoga – Part 2
12.12.2025 Friday	10 AM - 01 PM	13056	Basics of Human Anatomy & Medical Physiology – Part 2
15.12.2025 Monday	10 AM - 01 PM	13057	Immunology & Yoga
17.12.2025 Wednesday	10 AM - 01 PM	13058	Yoga and Oncology
19.12.2025 Friday	10 AM - 01 PM	13059	Yoga & Exercise Therapy

Practical Examination Timetable

Date/Day	Time	Subject
22.12.2025 Monday	6.30 AM onwards	Yoga Practical - II

Controller of Examination

JSSAHER/COE/DOY/NTT/2025-26/2794

06 Nov 2025

M.Sc., Yoga (RS1) Third Semester Examinations – December 2025

Theory Examination Timetable

Date/Day	Time	QP Code	Subject
10.12.2025 Wednesday	02 PM - 05 PM	13060	Fundamentals of Neuroscience & Yoga
12.12.2025 Friday	02 PM - 05 PM	13061	Biomechanics & Yoga
15.12.2025 Monday	02 PM - 05 PM	13062	Research Methodology & Statistical Methods
17.12.2025 Wednesday	02 PM - 05 PM	13063	Lifestyle Disorders & Yoga Management

Practical Examination Timetable

Date/Day	Time	Subject
22.12.2025 Monday	6.30 AM onwards	Yoga Practical - III



Controller of Examinations

JSSAHER/COE/DOY/NTT/2025-26/2794

06 Nov 2025

M.Sc., Yoga (RS1) Fourth Semester Examinations - December 2025

Theory Examination Timetable

Date & Day	Time	QP Code	Subject
19.12.2025 Friday	10 PM - 01 PM	13064	Calisthenics, Gym Fitness & Pilates

Practical Examination Timetable

Date & Day	Time	Subject
23.12.2025 Tuesday	9.00 AM onwards	Dissertation Presentation & Viva Voce Examination

M.Sc., Yoga (OS) Fourth Semester Examinations – December 2025

Practical Examination Timetable

Date & Day	Time	Subject
23.12.2025 Tuesday	9.00 AM onwards	Dissertation Presentation & Viva Voce Examination



Controller of Examinations