

JSSAHER/COE/DOY/NTT/2026-27/231

23 Apr 2026

EXAMINATION NOTIFICATION

1. M.Sc., Yoga (RS1) I–IV Semesters Examinations will be held from 25.05.2026 AND
2. B.Sc., Yoga (RS1) I & V Semesters Examinations will be held from 27.05.2026 at Department of Yoga, JSSAHER, Mysuru center. Theory and Practical Examination Timetables are enclosed.
3. **Details of dates for fee payment and other requirements are as under:**

1.	Generation of Online Application form by the Office	23.04.2026
2.	Last date for payment of Examination Fee without fine	11.05.2026
3.	Last date for payment of examination fee with fine of ₹ 500/-	16.05.2026
4.	Last date for payment of examination fee with fine of ₹ 1000/-	21.05.2026
5.	Last date for submission of Internal assessment marks & Attendance to the Office of the COE, JSSAHER.	23.05.2026
6.	Last date for submission of non-University Exam Marks (if applicable)	23.05.2026
7.	Issue of Hall Tickets	25.05.2026

4. Details of the Fee Structure are as under:

1.	Examination Application form	₹	300-00
2.	Marks Card Fee	₹	400-00
3.	Examination fee – B.Sc., Yoga		
	i) Per Theory Paper (including non-university exams)	₹	300-00
	ii) Per Practical Paper	₹	300-00
	iii) Degree certificate fee (For VI Sem Students only, if not already paid)		
	Indian Nationals	₹	3000-00
	Foreign Nationals	₹	5000-00
4.	Examination fee – M.Sc., Yoga		
	i) Per Theory Paper (including non-university exams)	₹	1000-00
	ii) Per Practical Paper	₹	1000-00
	iii) Degree certificate fee (For IV Sem Students only, if not paid already)		
	Indian Nationals	₹	6000-00
	Foreign Nationals	₹	8000-00
5.	Dissertation Fee	₹	2000-00

5. Instructions to the candidates:

- a) No candidate is exempted from payment of examination fee.
- b) Candidates with a shortage of attendance and/or Internal Assessment marks, as per JSS AHER regulations, are not eligible to appear for examinations.
- c) Fees once paid will not be refunded or adjusted.

6. Instructions to the Head of Department/Institution:

- d) There is no provision for condonation of shortage of attendance / IA marks.
- e) The examination fee shall be credited to “**JSS AHER Examination Fee A/c**”, and the statement showing the details of the candidates, register number, subjects, fee collected, etc. shall be sent to this office in triplicate.
- f) A separate statement of non-appearing and non-eligible candidates should also be sent.
- g) The convocation applications of all the final year students shall be collected and sent along with the statement.

Sd/-
Controller of Examinations

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B.Sc., Yoga (RS1) First Semester Examinations – May 2026

Theory Examination Timetable

Date/Day	Time	QP Code	Subject
29.05.2026 Friday	10 AM - 01 PM	13001	Biology of Human Body (Basics of Anatomy & Physiology) – Part I
01.06.2026 Monday	10 AM - 01 PM	13002	Principles of Yoga – Part 1

Practical Examination Timetable

Date/Day	Time	Subject
30.05.2026 Saturday	6.30 AM onwards	Yoga Practical - I



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B.Sc., Yoga (RS1) Fifth Semester Examinations – May 2026

Theory Examination Timetable

Date/Day	Time	QP Code	Subject
27.05.2026 Wednesday	10 AM - 01 PM	13014	Yoga and Consciousness
29.05.2026 Friday	10 AM - 01 PM	13015	Introduction to Nutrition & Dietetics and Concept of Yogic diet
01.06.2026 Monday	10 AM - 01 PM	13016	Research Methodology
03.06.2026 Wednesday	10 AM - 01 PM	13017	Basics of Biochemistry

Practical Examination Timetable

Date/Day	Time	Subject
30.05.2026 Saturday	7.00 AM onwards	Yoga Practical - V



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M.Sc., Yoga (RS1) First Semester Examinations – May 2026

Theory Examination Timetable

Date/Day	Time	QP Code	Subject
25.05.2026 Monday	10 AM - 01 PM	13051	Fundamentals of Yoga – Part 1
27.05.2026 Wednesday	10 AM - 01 PM	13052	Basics of Human Anatomy & Medical Physiology – Part 1
29.05.2026 Friday	10 AM - 01 PM	13053	Medical Biochemistry & Food Science
01.06.2026 Monday	10 AM - 01 PM	13054	Yoga for Mental Health

Practical Examination Timetable

Date/Day	Time	Subject
03.06.2026 - 04.06.2026 Wednesday - Thursday	6.30 AM onwards	Yoga Practical - I



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M.Sc., Yoga (RS1) Second Semester Examinations – May 2026

Theory Examination Timetable

Date & Day	Time	QP Code	Subject
25.05.2026 Monday	02 PM - 05 PM	13055	Fundamentals of Yoga – Part 2
27.05.2026 Wednesday	02 PM - 05 PM	13056	Basics of Human Anatomy & Medical Physiology – Part 2
29.05.2026 Friday	02 PM - 05 PM	13057	Immunology & Yoga
01.06.2026 Monday	02 PM - 05 PM	13058	Yoga and Oncology
03.06.2026 Wednesday	02 PM - 05 PM	13059	Yoga & Exercise Therapy

Practical Examination Timetable

Date/Day	Time	Subject
05.06.2026 Friday	6.30 AM onwards	Yoga Practical - II



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M.Sc., Yoga (RS1) Third Semester Examinations – May 2026

Theory Examination Timetable

Date/Day	Time	QP Code	Subject
25.05.2026 Monday	10 AM - 01 PM	13060	Fundamentals of Neuroscience & Yoga
27.05.2026 Wednesday	10 AM - 01 PM	13061	Biomechanics & Yoga
29.05.2026 Friday	10 AM - 01 PM	13062	Research Methodology & Statistical Methods
01.06.2026 Monday	10 AM - 01 PM	13063	Lifestyle Disorders & Yoga Management

Practical Examination Timetable

Date/Day	Time	Subject
05.06.2026 - 06.06.2026 Wednesday - Saturday	6.30 AM onwards	Yoga Practical - III



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M.Sc., Yoga (RS1) Fourth Semester Examinations – May 2026

Theory Examination Timetable

Date & Day	Time	QP Code	Subject
01.06.2026 Monday	10 AM - 01 PM	13064	Calisthenics, Gym Fitness & Pilates

Practical Examination Timetable

Date & Day	Time	Subject
06.06.2026 Saturday	02 PM onwards	Dissertation Presentation & Viva Voce Examination



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