Dr. R. Sudeendra Bhat
Controller of Examinations
JSS ACADEMY OF HIGHER EDUCATION & RESEARCH
Sri Shivarathreeshwara Nagara, Mysuru – 570 015, Karnataka, India.
+91-821-2548398 / 399 +91-821-2548394 coe@jssuni.edu.in www.jssuni.edu.in

JSS ACADEMY OF HIGHER EDUCATION & RESEARCH
(DEEMED TO BE UNIVERSITY) MYSURU

JSSAHER/COE/DOY/EXAM/2026-27/2628 03 Nov 2026

EXAMINATION NOTIFICATION

1. B.Sc., Yoga (RS1) II & VI Semesters Examinations will be held from 01.12.2026
2. M.Sc., Yoga (RS1) I – IV Semesters Examinations will be held from 03.12.2026 at Department of Yoga, JSSAHER, Mysuru center. Theory and Practical Examination Timetables are enclosed.

3. Details of dates for fee payment and other requirements are as under:

1.	Generation of Online Application form by the Office	05.11.2026
2.	Last date for payment of Examination Fee without fine	16.11.2026
3.	Last date for payment of examination fee with fine of ₹ 500/-	21.11.2026
4.	Last date for payment of examination fee with fine of ₹ 1000/-	25.11.2026
5.	Last date for submission of Internal assessment marks, Attendance and non-University Exam Marks (if applicable) to the Office of the COE, JSSAHER.	30.11.2026
6.	Issue of Hall Tickets	01.12.2026

4. Details of the Fee Structure are as under:

1.	Examination Application form	₹	400-00
2.	Marks Card Fee	₹	500-00
3.	**Examination fee – B.Sc., Yoga**		
	i) Per Theory Paper (including non-university exams)	₹	400-00
	ii) Per Practical Paper	₹	400-00
	iii) Degree certificate fee (For VI Sem Students only, if not already paid)		
	Indian Nationals	₹	3000-00
	Foreign Nationals	₹	5000-00
4.	**Examination fee – M.Sc., Yoga**		
	i) Per Theory Paper (including non-university exams)	₹	1200-00
	ii) Per Practical Paper	₹	1200-00
	iii) Degree certificate fee (For IV Sem Students only, if not paid already)		
	Indian Nationals	₹	6000-00
	Foreign Nationals	₹	8000-00
5.	**Dissertation Fee**	₹	2000-00

5. Instructions to the candidates:

a) No candidate is exempted from payment of examination fee.
b) Candidates with a shortage of attendance and/or Internal Assessment marks, as per JSS AHER regulations, are not eligible to appear for examinations.
c) Fees once paid will not be refunded or adjusted.

6. Instructions to the Head of Department/Institution:

d) There is no provision for condonation of shortage of attendance / IA marks.
e) The examination fee shall be credited to "**JSS AHER Examination Fee A/c"**, and the statement showing the details of the candidates, register number, subjects, fee collected, etc. shall be sent to this office in triplicate.
f) A separate statement of non-appearing and non-eligible candidates should also be sent.
g) The convocation applications of all the final year students shall be collected and sent along with the statement.

Sd/-
Controller of Examinations

Dr. R. Sudeendra Bhat
Controller of Examinations
JSS ACADEMY OF HIGHER EDUCATION & RESEARCH
Sri Shivarathreeshwara Nagara, Mysuru – 570 015, Karnataka, India.
+91-821-2548398 / 399 +91-821-2548394 coe@jssuni.edu.in www.jssuni.edu.in

JSS ACADEMY OF HIGHER EDUCATION & RESEARCH
(DEEMED TO BE UNIVERSITY) MYSURU

JSSAHER/COE/DOY/EXAM/2026-27/2628 03 Nov 2026

B.Sc., Yoga (RS1) Second Semester Examinations – December 2026

Theory Examination Timetable

Date & Day	Time	QP Code	Subject
03/12/2026 Thursday	10 AM - 01 PM	13003	Principles of Yoga - Part 2
05/12/2026 Saturday	10 AM - 01 PM	13004	Patanjali Yoga Sutras - Part 1
07/12/2026 Monday	10 AM - 01 PM	13005	Biology of Human Body - Basics of Anatomy & Physiology - Part II

Practical Examination Timetable

Date	Day	Time	Subject
01/12/2026	Tuesday	6.30 AM onwards	Yoga Practical - II



Controller of Examination

Dr. R. Sudeendra Bhat
Controller of Examinations
JSS ACADEMY OF HIGHER EDUCATION & RESEARCH
Sri Shivarathreeshwara Nagara, Mysuru – 570 015, Karnataka, India.
+91-821-2548398 / 399 +91-821-2548394 coe@jssuni.edu.in www.jssuni.edu.in

JSS ACADEMY OF HIGHER EDUCATION & RESEARCH
(DEEMED TO BE UNIVERSITY) MYSURU

JSSAHER/COE/DOY/EXAM/2026-27/2628 03 Nov 2026

B.Sc., Yoga (RS1) Sixth Semester Examinations – December 2026

Theory Examination Timetable

Date/Day	Time	QP Code	Subject
03/12/2026 Thursday	10 AM - 01 PM	13018	Yoga for lifestyle disorder - Part I
05/12/2026 Saturday	10 AM - 01 PM	13019	Physiology of Yoga
07/12/2026 Monday	10 AM - 01 PM	13020	Yoga for lifestyle disorder - Part II
09/12/2026 Wednesday	10 AM - 01 PM	13021	Nutrition and Sports & Fitness

Practical Examination Timetable

Date	Day	Time	Subject
01/12/2026	Tuesday	7.00 AM onwards	Yoga Practical - VI

Controller of Examinations

Dr. R. Sudeendra Bhat
Controller of Examinations
JSS ACADEMY OF HIGHER EDUCATION & RESEARCH
Sri Shivarathreeshwara Nagara, Mysuru – 570 015, Karnataka, India.
+91-821-2548398 / 399 +91-821-2548394 coe@jssuni.edu.in www.jssuni.edu.in

JSS ACADEMY OF HIGHER EDUCATION & RESEARCH
(DEEMED TO BE UNIVERSITY) MYSURU

JSSAHER/COE/DOY/EXAM/2026-27/2628 03 Nov 2026

M.Sc., Yoga (RS1) First Semester Examinations – December 2026

Theory Examination Timetable

Date/Day	Time	QP Code	Subject
03/12/2026 Thursday	10 AM - 01 PM	13051	Fundamentals of Yoga - Part 1
05/12/2026 Saturday	10 AM - 01 PM	13052	Basics of Human Anatomy & Medical Physiology - Part 1
07/12/2026 Monday	10 AM - 01 PM	13053	Medical Biochemistry & Food Science
09/12/2026 Wednesday	10 AM - 01 PM	13054	Yoga for Mental Health

Practical Examination Timetable

Date	Day	Time	Subject
14/12/2026	Monday	6.30 AM onwards	Yoga Practical - I



Controller of Examinations

Dr. R. Sudeendra Bhat
Controller of Examinations
JSS ACADEMY OF HIGHER EDUCATION & RESEARCH
Sri Shivarathreeshwara Nagara, Mysuru – 570 015, Karnataka, India.
+91-821-2548398 / 399 +91-821-2548394 coe@jssuni.edu.in www.jssuni.edu.in

JSS ACADEMY OF HIGHER EDUCATION & RESEARCH
(DEEMED TO BE UNIVERSITY) MYSURU

JSSAHER/COE/DOY/EXAM/2026-27/2628 03 Nov 2026

M.Sc., Yoga (RS1) Second Semester Examinations – December 2026

Theory Examination Timetable

Date & Day	Time	QP Code	Subject
03/12/2026 Thursday	02 PM - 05 PM	13055	Fundamentals of Yoga - Part 2
05/12/2026 Saturday	02 PM - 05 PM	13056	Basics of Human Anatomy & Medical Physiology - Part 2
07/12/2026 Monday	02 PM - 05 PM	13057	Immunology & Yoga
09/12/2026 Wednesday	02 PM - 05 PM	13058	Yoga and Oncology
11/12/2026 Friday	02 PM - 05 PM	13059	Yoga & Exercise Therapy

Practical Examination Timetable

Date	Day	Time	Subject
14/12/2026	Monday	6.30 AM onwards	Yoga Practical - II
15/12/2026	Tuesday		

Controller of Examinations

Dr. R. Sudeendra Bhat
Controller of Examinations
JSS ACADEMY OF HIGHER EDUCATION & RESEARCH
Sri Shivarathreeshwara Nagara, Mysuru – 570 015, Karnataka, India.
+91-821-2548398 / 399 +91-821-2548394 coe@jssuni.edu.in www.jssuni.edu.in

JSS ACADEMY OF HIGHER EDUCATION & RESEARCH
(DEEMED TO BE UNIVERSITY) MYSURU

JSSAHER/COE/DOY/EXAM/2026-27/2628 03 Nov 2026

M.Sc., Yoga (RS1) Third Semester Examinations – December 2026

Theory Examination Timetable

Date/Day	Time	QP Code	Subject
03/12/2026 Thursday	10 AM - 01 PM	13060	Fundamentals of Neuroscience & Yoga
05/12/2026 Saturday	10 AM - 01 PM	13061	Biomechanics & Yoga
07/12/2026 Monday	10 AM - 01 PM	13062	Research Methodology & Statistical Methods
09/12/2026 Wednesday	10 AM - 01 PM	13063	Lifestyle Disorders & Yoga Management

Practical Examination Timetable

Date	Day	Time	Subject
15/12/2026	Tuesday	6.30 AM onwards	Yoga Practical - III

Controller of Examinations

Dr. R. Sudeendra Bhat
Controller of Examinations
JSS ACADEMY OF HIGHER EDUCATION & RESEARCH
Sri Shivarathreeshwara Nagara, Mysuru – 570 015, Karnataka, India.
+91-821-2548398 / 399 +91-821-2548394 coe@jssuni.edu.in www.jssuni.edu.in

JSS ACADEMY OF HIGHER EDUCATION & RESEARCH
(DEEMED TO BE UNIVERSITY) MYSURU

JSSAHER/COE/DOY/EXAM/2026-27/2628 03 Nov 2026

M.Sc., Yoga (RS1) Fourth Semester Examinations – December 2026

Theory Examination Timetable

Date & Day	Time	QP Code	Subject
11/12/2026 Wednesday	10 AM - 01 PM	13064	Calisthenics, Gym Fitness & Pilates

Practical Examination Timetable

Date	Day	Time	Subject
16/12/2026	Wednesday	9 AM onwards	Dissertation Presentation & Viva Voce Examination
17/12/2026	Thursday		

Controller of Examinations